

Nursing Procedures Tools

PROCEDURES, COMPETENCY CHECKLISTS, AND TRAINING VIDEOS

This list is not an all-inclusive list of nursing procedures that may be performed in school. These resources may be used to strengthen competency for a nurse or may be used to train other people performing these cares. Scope of practice, nursing delegation, and legalities of performing individual procedures must be considered.

These resources are available to the public. This is not an endorsement for performing specific procedures in your school or district.

Student’s medical/treatment plans and/or individual health plans will have more details specific to the student than these general trainings and should be followed.

\$ The \$ symbol indicates there is a fee associated with training.

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Catheterization

- [Clean Intermittent Catheterization Female – School Health Associates](https://schoolhealthassociates.com/urinary-clean-intermittent-catheterization-female/)
(<https://schoolhealthassociates.com/urinary-clean-intermittent-catheterization-female/>)
Video, Procedure & Competency Checklist
- [Clean Intermittent Catheterization Male – School Health Associates](https://schoolhealthassociates.com/clean-intermittent-catheterization-male/)
(<https://schoolhealthassociates.com/clean-intermittent-catheterization-male/>)
Video, Procedure & Competency Checklist

Central Line

- [Administration of Medication or Flush Through Central Venous Line – School Health Associates](https://schoolhealthassociates.com/administration-of-medication-or-flush-through-central-venous-line/) (<https://schoolhealthassociates.com/administration-of-medication-or-flush-through-central-venous-line/>)
Procedure & Competency Checklist

Colostomy/Ileostomy

- [Emptying Colostomy Pouch – School Health Associates](https://schoolhealthassociates.com/emptying-colostomy-pouch/)
(<https://schoolhealthassociates.com/emptying-colostomy-pouch/>)
Procedure & Competency Checklist
- [How to change a Ostomy Bag – Phoenix Children’s](https://www.youtube.com/watch?v=4NAJuyCn4Co)
(<https://www.youtube.com/watch?v=4NAJuyCn4Co>)
Video
- [Ostomy Care – School Health Associates](https://schoolhealthassociates.com/ostomy-care/) (<https://schoolhealthassociates.com/ostomy-care/>)
Procedure & Competency Checklist
- [Pediatric Colostomy/Ileostomy – American College of Surgeons](https://www.youtube.com/watch?v=1q7HCT_O6o&list=PLe1WVrjVvNFf8SsuisQONHP29utg1r_dI)
(https://www.youtube.com/watch?v=1q7HCT_O6o&list=PLe1WVrjVvNFf8SsuisQONHP29utg1r_dI)
Videos: What is a colostomy/ileostomy? This includes the basics about the operation, pouching systems, emptying a pouch, changing a pouch & problem solving / emergencies

Gastrostomy Tube

General Information on G-Tubes

- [A Guide for Parents G-tube at Home – Children’s Minnesota](https://www.childrensmn.org/references/PFS/homecare/gastrostomy-care-g-tube.pdf)
(<https://www.childrensmn.org/references/PFS/homecare/gastrostomy-care-g-tube.pdf>)
- [Clinic in the Classroom: Supporting Medically Complex Students in the School Setting – Children’s Minnesota](https://cmn.education.childrensmn.org/center-for-professional-development-and-practice/E031723CIC) (<https://cmn.education.childrensmn.org/center-for-professional-development-and-practice/E031723CIC>)
Includes information about supporting students with G-tubes
- [General Principles of GT – Kennedy Krieger Institute / Specialized Health Needs Interagency Collaboration \(SHNIC\)](https://www.kennedykrieger.org/community/initiatives/specialized-health-needs-interagency-collaboration-shnic/information-school-nurses) (<https://www.kennedykrieger.org/community/initiatives/specialized-health-needs-interagency-collaboration-shnic/information-school-nurses>)
Video & Procedure (Click into Videos & Procedural Guidance dropdown options)

- [Nutrition Tips & How-To's –Pediatric Home Service](https://www.pediatrichomeservice.com/education/tips-how-tos/category/nutrition/#bolus-feedings)
(<https://www.pediatrichomeservice.com/education/tips-how-tos/category/nutrition/#bolus-feedings>)
Includes information and videos on bolus feedings, ENFit Connectors, Farrell Valve Bag, Feeding Tubes and Extensions, Food Pumps, Formula, Gravity Feeding, and Home Parental Nutrition

Bolus Feeding

- [G-tube Bolus Feeding – School Health Associates](https://schoolhealthassociates.com/gastrostomy-tube-bolus-feeding/)
(<https://schoolhealthassociates.com/gastrostomy-tube-bolus-feeding/>)
Procedure & Competency Checklist
- [G-tube Button Bolus Feeding – School Health Associates](https://schoolhealthassociates.com/gastrostomy-button-bolus-feeding/)
(<https://schoolhealthassociates.com/gastrostomy-button-bolus-feeding/>)
Procedure & Competency Checklist

Continuous Feeding

- [G-tube Button Continuous Feeding/Slow Drip—School Health Associates](https://schoolhealthassociates.com/gastrostomy-button-continuous-feedingslow-drip/)
(<https://schoolhealthassociates.com/gastrostomy-button-continuous-feedingslow-drip/>)
Video, Procedure & Competency Checklist
- [G-tube Continuous Feeding/Slow Drip – School Health Associates](https://schoolhealthassociates.com/gastrostomy-tube-continuous-feedingslow-drip/)
(<https://schoolhealthassociates.com/gastrostomy-tube-continuous-feedingslow-drip/>)
Procedure & Competency Checklist

Gravity Feeding

- [G-tube Button Gravity Feeding – School Health Associates](https://schoolhealthassociates.com/gastrostomy-button-gravity-feeding/)
(<https://schoolhealthassociates.com/gastrostomy-button-gravity-feeding/>)
Procedure & Competency Checklist
- [G-tube Gravity Feeding – School Health Associates](https://schoolhealthassociates.com/gastrostomy-tube-gravity-feeding/)
(<https://schoolhealthassociates.com/gastrostomy-tube-gravity-feeding/>)
Procedure & Competency Checklist

G-tube Replacement

- [GT Replacement – Kennedy Krieger Institute / Specialized Health Needs Interagency Collaboration \(SHNIC\)](https://www.kennedykrieger.org/community/initiatives/specialized-health-needs-interagency-collaboration-shnic/information-school-nurses) (<https://www.kennedykrieger.org/community/initiatives/specialized-health-needs-interagency-collaboration-shnic/information-school-nurses>)
Video & Procedure (Click into Videos & Procedural Guidance dropdown options)
- [Replacing G-tube Button and Tube – School Health Associates](https://schoolhealthassociates.com/replacing-gastrostomy-button-and-tube/)
(<https://schoolhealthassociates.com/replacing-gastrostomy-button-and-tube/>)
Procedure & Competency Checklist

Medication Administration via G-tube

- [Medication Administration via G-tube by Gravity – School Health Associates](https://schoolhealthassociates.com/medication-administration-via-gastrostomy-tube-by-gravity/)
(<https://schoolhealthassociates.com/medication-administration-via-gastrostomy-tube-by-gravity/>)
Video, Procedure & Competency Checklist

- [Medication Administration via G-tube with Syringe – School Health Associates](https://schoolhealthassociates.com/medication-administration-via-gastrostomy-tube-with-syringe/)
(<https://schoolhealthassociates.com/medication-administration-via-gastrostomy-tube-with-syringe/>)
Video, Procedure & Competency Checklist

Venting

- [Venting G-tube – School Health Associates](https://schoolhealthassociates.com/venting-gastrostomy-tube/) (<https://schoolhealthassociates.com/venting-gastrostomy-tube/>)
Procedure & Competency Checklist

Jejunostomy Tube

- [J-tube Continuous Feeding – School Health Associates](https://schoolhealthassociates.com/jejunostomy-tube-continuous-feeding/)
(<https://schoolhealthassociates.com/jejunostomy-tube-continuous-feeding/>)
Procedure & Competency Checklist

Medication Administration

- \$ [Considerations for Medication Administration in the School Setting – School Health Associates](https://schoolhealthassociates.com/course/medication-administration-considerations-in-the-school-setting/) (<https://schoolhealthassociates.com/course/medication-administration-considerations-in-the-school-setting/>)
- \$ [Medication Administration for School Personnel – Minnesota State Community and Technical College](https://mnscu.rschooltoday.com/public/getclass/category_id/327/program_id/47/subcategory_id/2210)
(https://mnscu.rschooltoday.com/public/getclass/category_id/327/program_id/47/subcategory_id/2210)
Online Course & In-person Skills Demonstration
- [Medication Training – Wisconsin Department of Public Instruction](https://dpi.wi.gov/sspw/pupil-services/school-nurse/training/medication)
(<https://dpi.wi.gov/sspw/pupil-services/school-nurse/training/medication>)
Videos, Procedures & Competency Checklists
- [Medication Training Videos for Non-Licensed Personnel – Maine Department of Education](https://www.maine.gov/doe/doe/schools/safeschools/healthed/nurseresources/manual/videos)
(<https://www.maine.gov/doe/doe/schools/safeschools/healthed/nurseresources/manual/videos>)
Videos

Nasogastric Tubes

- [NG tube Bolus Feeding – School Health Associates](https://schoolhealthassociates.com/nasogastric-tube-bolus-feeding/)
(<https://schoolhealthassociates.com/nasogastric-tube-bolus-feeding/>)
Procedure & Competency Checklist
- [NG tube Continuous Feeding/Slow Drip – School Health Associates](https://schoolhealthassociates.com/nasogastric-tube-continuous-feedingslow-drip/)
(<https://schoolhealthassociates.com/nasogastric-tube-continuous-feedingslow-drip/>)
Procedure & Competency Checklist
- [NG Tube Gravity Feeding – School Health Associates](https://schoolhealthassociates.com/nasogastric-tube-gravity-feeding/)
(<https://schoolhealthassociates.com/nasogastric-tube-gravity-feeding/>)
Procedure & Competency Checklist

Oxygen

- [Administering Oxygen – School Health Associates](https://schoolhealthassociates.com/administering-oxygen/)
(<https://schoolhealthassociates.com/administering-oxygen/>)
Procedure & Competency Checklist
- [Pulse Oximeter Monitoring – School Health Associates](https://schoolhealthassociates.com/pulse-oximeter-monitoring/)
(<https://schoolhealthassociates.com/pulse-oximeter-monitoring/>)
Procedure & Competency Checklist
- [Respiratory Tips & How To's: Oxygen – Pediatric Home Service](https://www.pediatrichomeservice.com/education/tips-how-tos/category/respiratory/#oxygen)
(<https://www.pediatrichomeservice.com/education/tips-how-tos/category/respiratory/#oxygen>)
Videos

Solu-Cortef Injection

- [Solu-Cortef Emergency Injection – The Children's Hospital of Philadelphia](https://www.youtube.com/watch?v=moSz5ZoTJFE)
(<https://www.youtube.com/watch?v=moSz5ZoTJFE>)
Video

Subcutaneous Injections Using a Pen

- [How to Give a Subcutaneous Injection Using a Pen – The Children's Hospital of Philadelphia](https://www.youtube.com/watch?v=S5BKbpIF044)
(<https://www.youtube.com/watch?v=S5BKbpIF044>)
Video

Tracheostomy

General Information on Tracheostomies

- [Care at Home: Tracheostomy: A Guide for Caregivers – Children's Minnesota](https://www.childrensmn.org/references/pfs/homecare/tracheostomy-a-guide-for-care-at-home.pdf)
(<https://www.childrensmn.org/references/pfs/homecare/tracheostomy-a-guide-for-care-at-home.pdf>)
- [Clinic in the Classroom: Supporting Medically Complex Students in the School Setting – Children's Minnesota](https://cmn.education.childrensmn.org/center-for-professional-development-and-practice/E031723CIC) (<https://cmn.education.childrensmn.org/center-for-professional-development-and-practice/E031723CIC>)
Includes information about supporting students with tracheostomies
- [How Do you Care for a Tracheostomy? – Cincinnati Children's](https://www.cincinnatichildrens.org/health/t/tracheotomy-handbook)
(<https://www.cincinnatichildrens.org/health/t/tracheotomy-handbook>)
Handbook & Video
- [Tracheostomy – Kennedy Krieger Institute](https://www.kennedykrieger.org/sites/default/files/library/Trach%20factsheet%202020.pdf)
(<https://www.kennedykrieger.org/sites/default/files/library/Trach%20factsheet%202020.pdf>)
Fact Sheet, Emergency Supplies "To-Go" Bag, Individualize Health Plan information

- **\$** [Trach Tube Essentials Course & Lab – Pediatric Home Service](https://www.pediatrichomeservice.com/education/courses/71eb7c30-b7b5-439a-91b1-0974ea810ede/Clinical+Online+Education)
(<https://www.pediatrichomeservice.com/education/courses/71eb7c30-b7b5-439a-91b1-0974ea810ede/Clinical+Online+Education>)

Cleaning

- [Changing Tracheostomy Ties – School Health Associates](https://schoolhealthassociates.com/changing-tracheostomy-ties/)
(<https://schoolhealthassociates.com/changing-tracheostomy-ties/>)
Procedure & Competency Checklist
- [Cleaning Tracheostomy Inner Cannula – School Health Associates](https://schoolhealthassociates.com/changing-tracheostomy-inner-cannula/)
(<https://schoolhealthassociates.com/changing-tracheostomy-inner-cannula/>)
Procedure & Competency Checklist
- [Cleaning Tracheostomy Stoma – School Health Associates](https://schoolhealthassociates.com/cleaning-tracheostomy-stoma/)
(<https://schoolhealthassociates.com/cleaning-tracheostomy-stoma/>)
Procedure & Competency Checklist

CPR and Rescue Breathing

- [CPR and Rescue Breathing for Children with Tracheostomy \(Ages 1 to 12 years\) – Cincinnati Children’s](https://www.cincinnatichildrens.org/health/c/child-trach-cpr) (<https://www.cincinnatichildrens.org/health/c/child-trach-cpr>)
Video & step-by-step instructions
- [CPR for Child with Tracheostomy – Seattle Children’s](https://www.seattlechildrens.org/globalassets/documents/for-patients-and-families/pfe/pe1609.pdf)
(<https://www.seattlechildrens.org/globalassets/documents/for-patients-and-families/pfe/pe1609.pdf>)
- [Manual Resuscitation with Tracheostomy – School Health Associates](https://schoolhealthassociates.com/manual-resuscitation-with-tracheostomy/)
(<https://schoolhealthassociates.com/manual-resuscitation-with-tracheostomy/>)
Procedure & Competency Checklist

Reinserting Tracheostomy

- [Reinserting Tracheostomy – School Health Associates](https://schoolhealthassociates.com/reinserting-tracheostomy-tube/)
(<https://schoolhealthassociates.com/reinserting-tracheostomy-tube/>)
Procedure & Competency Checklist

Suctioning

- [Tracheostomy Suctioning - Clean Technique – School Health Associates](https://schoolhealthassociates.com/tracheostomy-suctioning-clean-technique/)
(<https://schoolhealthassociates.com/tracheostomy-suctioning-clean-technique/>)
Video, Procedure & Competency Checklist

Transferring

- [Two-Person Transfer from Floor to Wheelchair – School Health Associates](https://www.youtube.com/watch?v=VtD9-jBTNZc&list=PLambIxavELhb3jzA_0xnPzTN7ANlCq9O4&index=3)
(https://www.youtube.com/watch?v=VtD9-jBTNZc&list=PLambIxavELhb3jzA_0xnPzTN7ANlCq9O4&index=3)
Video

- [Two-Person Transfer from Wheelchair to Floor – School Health Associates \(https://www.youtube.com/watch?v=Vl83fMNKPR0&list=PLambIxavELhb3jzA_0xnPzTN7ANlcq9O4\)](https://www.youtube.com/watch?v=Vl83fMNKPR0&list=PLambIxavELhb3jzA_0xnPzTN7ANlcq9O4)
Video

Unlicensed Assistive Personnel (UAP) Training

- [The Care of the Student with Special Healthcare Needs –Wisconsin Department of Public Instruction \(https://media.dpi.wi.gov/sspw/av/uaptraining-WISHes/story_html5.html\)](https://media.dpi.wi.gov/sspw/av/uaptraining-WISHes/story_html5.html)
Topics include hand hygiene, oral care, feeding, transfers, diapering

Urostomy

- [Catheterization of an Artificial Bladder Channel – School Health Associates \(https://schoolhealthassociates.com/catheterization-of-an-artificial-bladder-channel/\)](https://schoolhealthassociates.com/catheterization-of-an-artificial-bladder-channel/)
Procedure & Competency Checklist
- [Mitrofanoff: Catheterization and Care –SickKids \(https://www.aboutkidshealth.ca/mitrofanoff#:~:text=Catheterizing%20the%20Mitrofanoff&text=Use%20a%20clean%20cloth%20and,the%20catheter%20into%20the%20stoma\)](https://www.aboutkidshealth.ca/mitrofanoff#:~:text=Catheterizing%20the%20Mitrofanoff&text=Use%20a%20clean%20cloth%20and,the%20catheter%20into%20the%20stoma)
Procedure with pictures
- [Urinary Stoma Catheterization –Phoenix Children’s \(https://www.youtube.com/watch?v=DQ14B1yZNBA\)](https://www.youtube.com/watch?v=DQ14B1yZNBA)
Video

Vaccine Administration

- [Vaccine Administration – Maricopa County, AZ \(https://www.maricopa.gov/1414/Online-Education\)](https://www.maricopa.gov/1414/Online-Education)
Video

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The Nursing Procedures Training Tools provided are not an exhaustive list; however, represents reputable resources for a School Nurse to utilize in his/her/their practice.

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health.school.health@state.mn.us
<https://www.health.state.mn.us/people/childreneyouth/schoolhealth/index.html>

To obtain this information in a different format, email health.school.health@state.mn.us

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