Nurse Aide Training Program and Test Site Informational Call

Nurse Aide Registry
May 8, 2023

Tennessen Warning

- **The Minnesota Department of Health is hosting this informational call to inform nurse aide training programs and testing sites of processes and updates.**
- **Your comments, questions and image, which may be private data, may be visible during this event.** You are not required to provide this data, and there are no consequences for declining to do so.
- **The informational call may be accessible to anyone** who has a business or legal right to access it. By participating, you are authorizing the data collected during this presentation to be maintained by MDH. MDH will be posting this on YouTube with a nonpublic link. The posting will be available for 90 days.
- **To opt out of the presentation, please exit now.**

Housekeeping

- Attendees are muted. During the Q&A portion, please raise your hand and we will unmute you.
- You can also submit comments or questions in the chat feature.

Agenda

- CMS 1135 Waiver ending
- Mock Skills
- Fourth knowledge test update
- Nurse aide testing data/quarterly data
- Nurse aide retesting
- In-facility testing pilot update
- Resources

Polling Questions (1)

Is your approved training program running TMU reports?

- ❑ Yes
- ❑ No
- ❑ Unsure how to run TMU reports

Polling Questions (2)

Training programs can run six different reports in TMU. Please check the report(s) you use.

- ❑ Attrition Rate
- ❑ Knowledge Detail
- ❑ Pass/Fail
- ❑ Retake Summary
- ❑ Skill Detail
- ❑ Testing Trends

Polling Question (3)

Which TMU reports do you find most beneficial?

- ❑ Attrition Rate
- ❑ Knowledge Detail
- ❑ Pass/Fail
- ❑ Retake Summary
- ❑ Skill Detail
- ❑ Testing Trends

CMS 1135 Waiver

QSO-23-13-ALL

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop C2-21-16
Baltimore, Maryland 21244-1850

CMS
CENTERS FOR MEDICARE & MEDICAID SERVICES

Center for Clinical Standards and Quality/Quality, Safety & Oversight Group

Ref: QSO-23-13-ALL

DATE: May 01, 2023

TO: State Survey Agency Directors

FROM: Directors, Quality, Safety & Oversight Group (QSOG) and Survey & Operations Group (SOG)

SUBJECT: Guidance for the Expiration of the COVID-19 Public Health Emergency (PHE)

Memorandum Summary

- Social Security Act Section 1135 emergency waivers for health care providers will terminate with the end of the COVID-19 Public Health Emergency (PHE) on May 11, 2023.
- Certain regulations or other policies included in Interim Final Rules with Comments (IFCs) will be modified with the ending the PHE. Certain policies, such as the Acute Hospital at Home initiative and telehealth flexibilities have been extended by Congress through December 31, 2024.
- Long Term Care and Acute and Continuing Care providers are expected to be in compliance with the requirements according to the timeframes listed below.

CMS 1135 Waiver End May 11, 2023

- On October 5, 2022, CMS granted Minnesota an extension to the 1135 Waiver
- Waiver will expire as the PHE ending May 11, 2023, per Biden administration
- Nurse aides who wish to continue working after the waiver expires must pass the nurse aide exam by September 10, 2023

CMS 1135 Waiver Information – MDH NAR Webpage

- NAR home page, forms and links available regarding the 1135 Waiver extension have been updated
- Nursing Assistant Registry - Minnesota Department of Health (state.mn.us)
- CMS 1135 Nurse Aide Training Waiver Expiration FAQ (state.mn.us)
- Placement on Minnesota's Nursing Assistant Registry for Nurse Aides Working during the 1135 Waiver (state.mn.us)
- Nurse Aides Working under 1135 Waiver during a Public Health Emergency (state.mn.us)

Mock Skills

Mock Skills Review

- Mouth Care- Brushing Resident's Teeth
- Feeding a Dependent Resident
- Modified Bed Bath –Face and One Arm, Hand and Underarm

Mouth Care - Brushing Resident's Teeth

Mock Skills, Page 16

MOUTH CARE – BRUSHING RESIDENT'S TEETH

USING COVID PRECAUTIONS: THIS TASK IS NOT BEING TESTED AT THIS TIME.

	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the resident. (Speak clearly, directly, maintaining face-to-face contact whenever possible.)	
	Provide for privacy.	
	Drape resident's chest with a towel to prevent soiling.	
	Put on gloves BEFORE cleaning resident's mouth.	
	Wet toothbrush and apply a small amount of toothpaste.	
	Gently brush the inner surfaces of resident's upper and lower teeth.	
	Gently brush the outer surfaces of resident's upper and lower teeth.	
	Gently brush the chewing surfaces of resident's upper and lower teeth.	
	Gently brush the resident's tongue.	
	Assist the resident in rinsing mouth.	
	Wipe resident's mouth.	
	Remove soiled linen.	
	Place soiled linen in the designated laundry hamper.	
	Empty container. *(Container may be an emesis basin or a disposable*	

Feeding a Dependent Resident

Mock Skills, Page 11

FEEDING A DEPENDENT RESIDENT

USING COVID PRECAUTIONS: THIS TASK IS NOT BEING TESTED AT THIS TIME.

	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the resident. (Speak clearly, directly, maintaining face-to-face contact whenever possible.)	
	Ask resident to state name and verify name matches the name on the diet card.	
	Position the resident in an upright, sitting position BEFORE feeding. At least 75-90 degrees.	
	Offer napkin, clothing protector, or towel to protect clothing from soiling.	
	Provide hand hygiene for the resident BEFORE feeding. *(Candidate may use a disposable wipe and dispose of in trash can –or- wash resident's hands with soap and a wet washcloth –or- they may rub hand sanitizer over all surfaces of the resident's hands until dry.)*	
	Ensure resident's hands are dry BEFORE feeding. *(If a wet washcloth with soap was used, the candidate will need to dry the resident's hands. If a disposable wipe or hand sanitizer was used, must make sure hands are dry.)*	
	Place soiled linen in designated laundry hamper, or dispose in	

Additional Key Steps

	Place soiled linen in designated laundry hamper, or dispose in appropriate container, if used.	
	Sit in a chair, facing the resident, while feeding the resident.	
	Describe the food and fluids being offered to the resident.	
	Offer each fluid frequently.	
	Offer small amounts of food at a reasonable rate.	
	Allow resident time to chew and swallow.	
	Wipe resident's hands and mouth AFTER the feeding demonstration.	
	Remove clothing protector or napkin and place in appropriate container, if used.	
	Leave resident sitting upright in bed with the head of the bed set up to at least 75-90 degrees.	
	Record intake as a percentage of total solid food eaten on the previously signed recording form.	
	Candidate's calculation must be within 25 percentage points of the RN Test Observer's.	
	Record estimated intake as the sum total fluid consumed in ml's on the previously signed recording form.	
	Candidate's calculation must be within 30ml's of the RN Test Observer's.	

Modified Bed Bath–Face and One Arm, Hand and Underarm

Mock Skills, Page 14

Modified Bed Bath –Face and One Arm, Hand and Underarm

Using COVID precautions – this task will be performed on a manikin.

	Perform hand hygiene. a. Cover all surfaces of hands with hand sanitizer. b. Rub hands together until hands are completely dry.	
	Explain the procedure to the resident/manikin. (Speak clearly, directly, maintaining face-to-face contact whenever possible.)	
	Provide for privacy.	
	Raise bed height.	
	Cover resident/manikin with a bath blanket.	
	Remove remaining top covers to bottom of bed or place aside.	
	Remove resident/manikin's gown without exposing resident/manikin and place soiled gown in designated laundry hamper.	
	Fill basin with comfortably warm water.	
	Put on gloves BEFORE washing resident.	
	Beginning with eyes, wash eyes WITHOUT SOAP using a clean portion of the washcloth for each stroke, washing inner aspect to outer aspect.	
	Wash face WITHOUT SOAP.	
	Pats dry face.	
	Place towel under arm, exposing one arm.	

4th Knowledge Test Update

4th Knowledge Test Attempt Update

- As a result of pilot project, MDH will **continue** to allow fourth testing opportunity for knowledge test
- The fourth attempt must be completed within **24 months** of nurse aide training date or the initial challenge date
- Skill attempts remain at a total of three

4th Knowledge Test Attempt Permanent Change

- MDH pilot project beginning October 2022 allowing fourth attempt for knowledge test
- Test data for period October 3, 2022, to March 31, 2023
  - 140 of a total of 5,186 candidates (2.9%)
  - Pass rate of 47 percent
  - 66 nurse aides added to the health care industry

Nurse Aide Testing Data

Training Program Test Data

DEPARTMENT OF HEALTH

MENU

I am looking for...

Home ▸ Health Care Facilities, Provide… ▸ Provider Certifications, Licens… ▸ Nursing Assistant Registry

NURSING ASSISTANT REGISTRY

- NAR Home
- Nurse Aide Registry Search
- Nurse Aide Resources
- Nurse Aide Testing
- Training Program and Test Site Calls
- Training Program Test Data
- Contact Us

Nursing Assistant Registry

The Nursing Assistant Registry lists nursing assistants who have met Minnesota training and/or testing standards to work in nursing homes and certified boarding care homes. The registry also has information about nursing assistants who have substantiated findings of abuse, neglect, and theft.

This is an online registry. Nursing assistants, employers, and others can check the registry by using MDH's online system and the nursing

Test Data Posted

- **Test data is posted on NAR website**
- Identifying pass rate for knowledge and skill tests
- 1st, 2nd and 3rd attempts
- Quarter 1 2023 posted
- Quarter 2 2023 data will be coming in early July

Nurse Aide Retesting

Retesting

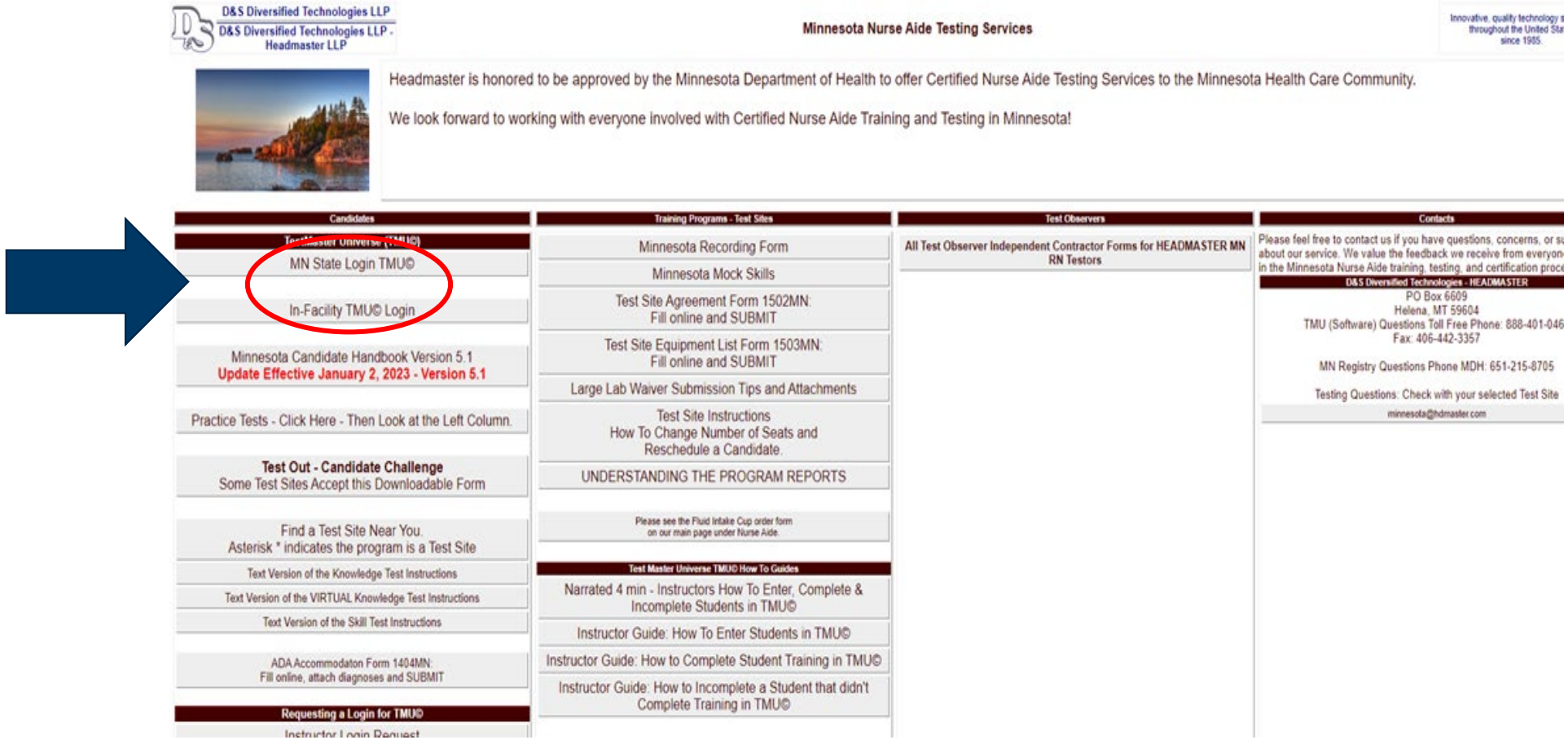
- Individuals needing to retest for knowledge or skills
- Headmaster will be placing a link in the test result page to provide direction to retest
- Emails are not sent out

In Facility Testing Pilot Update

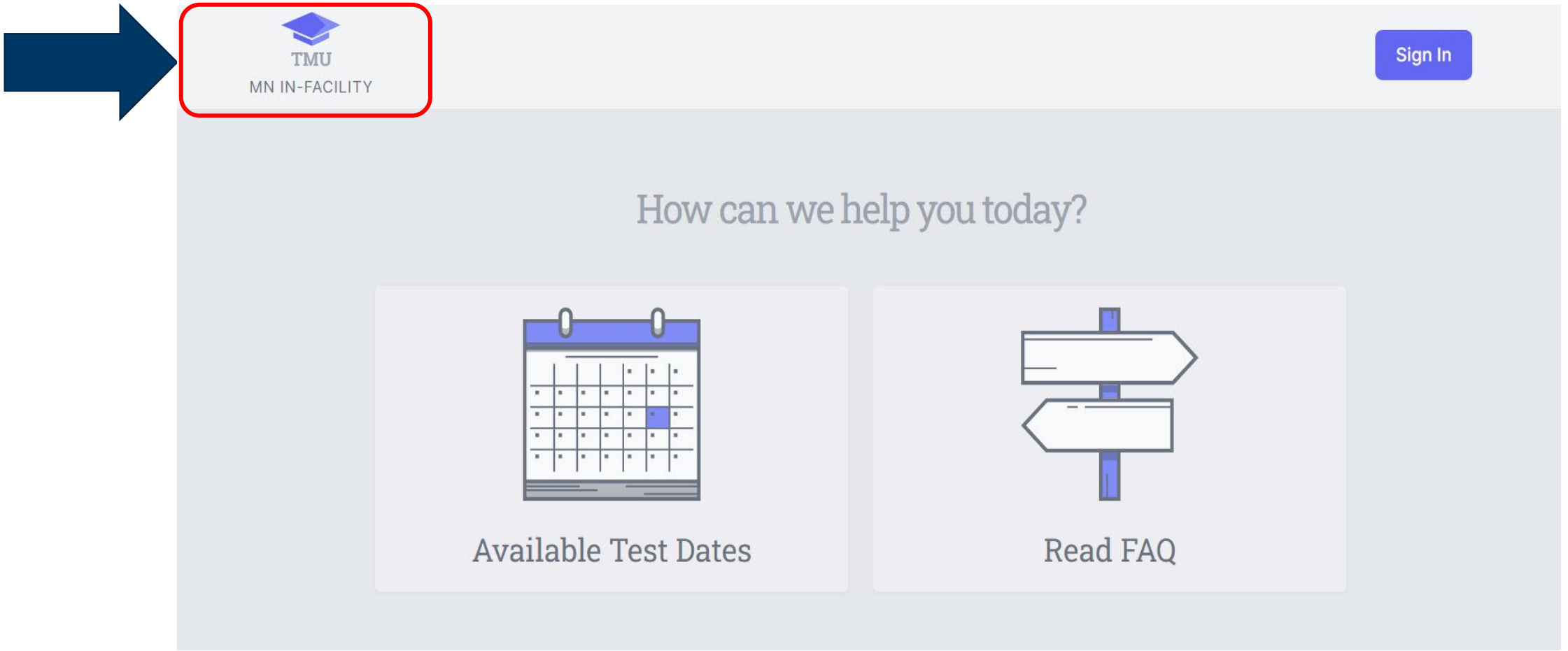
In-Facility Testing

- **Remain in pilot phase with 7 sites participating:**
  - Cassia-Elim Wellspring (Princeton)
  - CentraCare (Melrose)
  - Good Samaritan Society (Albert Lea)
  - Good Samaritan Society (Pipestone)
  - Lifecare (Roseau)
  - North Shore Health (Grand Marais)
  - Perham Living (Perham)
- Minnesota now has a two-server system to accommodate in-facility testing

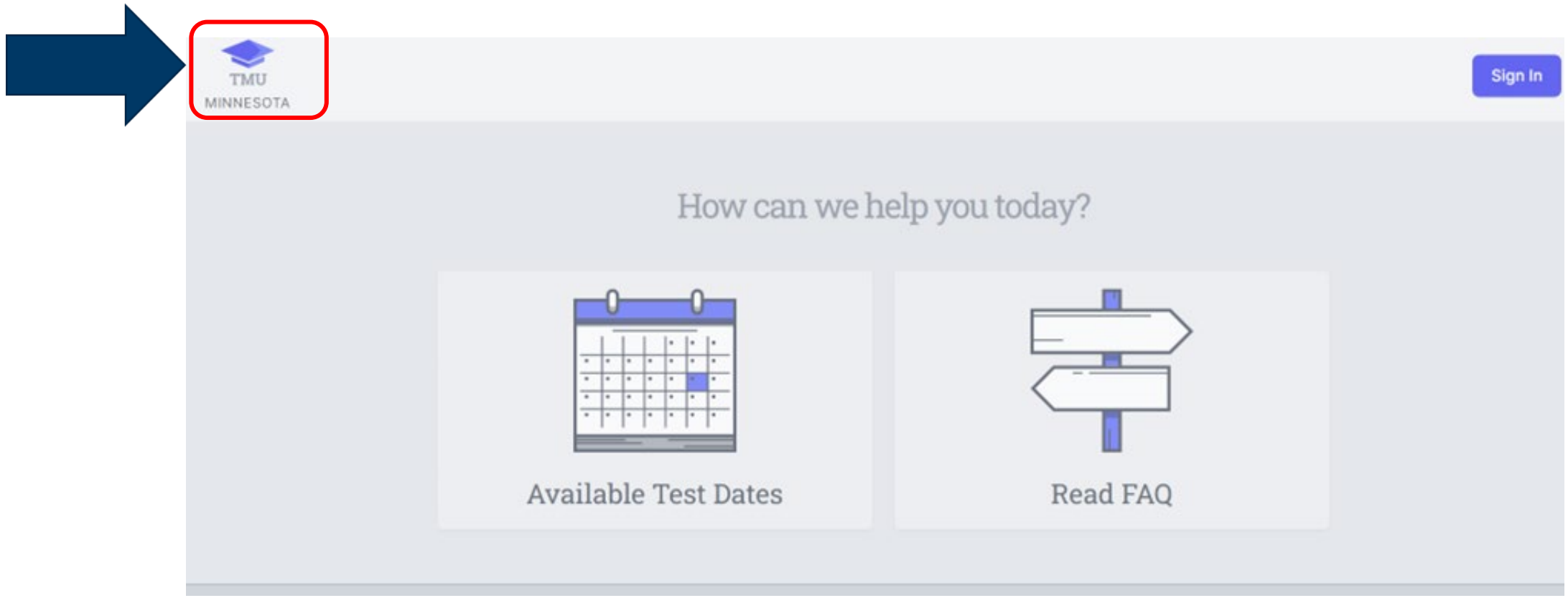
Two-Server System Links



In-Facility TMU PAGE



MN State TMU Page



Candidate Testing Options

Pilot In-Facility Test Sites

Contact Headmaster:

Minnesota@HDmaster.com

MN State Testing Sites

Minnesota State - Nursing Assistant Testing (minnstate.edu)

More Info to come

- In-Facility communication to providers
- Will be sent via GovDelivery

GovDelivery Notifications

- Sign up for GovDelivery at
  - Nursing Assistant Registry - Minnesota Department of Health (state.mn.us)
- See pop-up on NAR website called Stay Connected

Subscribing to Gov Delivery Notice

DEPARTMENT OF HEALTH

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RELATED SITES

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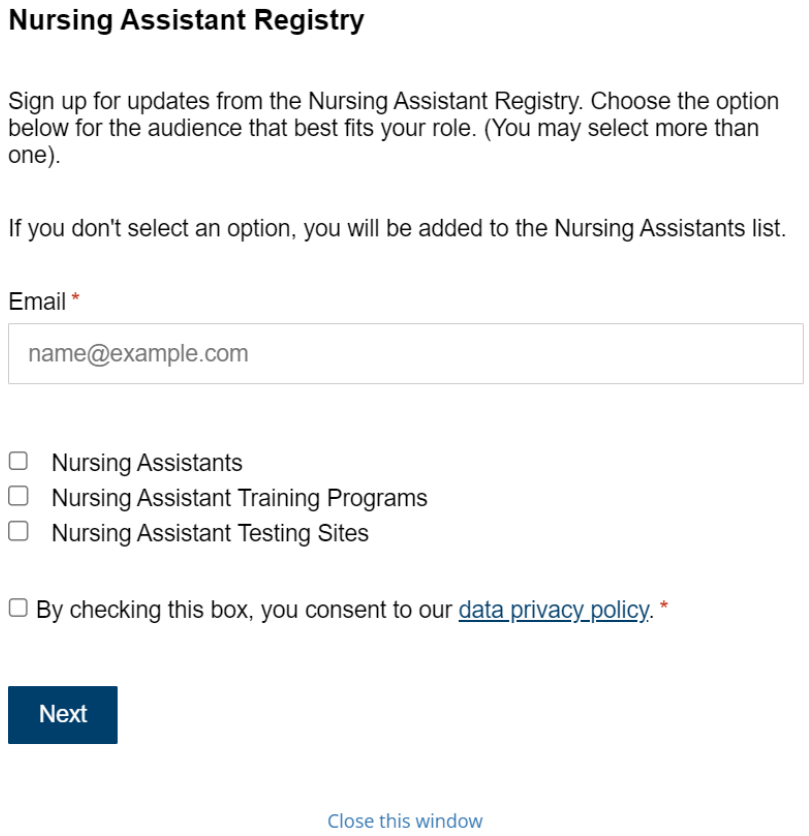
assistant's certificate numb

STAY CONNECTED

Enter Information



DHS Resources

Nurse Aide Scholarship Program-MN DHS

- **What is the NA Scholarship Program?**
- Who is eligible for this program?
- What eligible expenses are covered for the NAR scholarship?
- Who covers these fees?
- Where does this money come from?

Nurse Aide Scholarship Program

- How are sites reimbursed?
  - What is the process?
- Is there a guide to reference about NA scholarship program?
- Where is the location of this guide, DHS website?

Resources Available

NAR Home Page

Nursing Assistant Registry - MN Dept. of Health (state.mn.us)

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Available to Training and Testing Programs

- NAR home page under employer and training program resources
- Use as reference tool

Federal Nurse Aide Training and Competency Evaluation Program Resource (state.mn.us)

NATCEP Survey Worksheet (state.mn.us)

Nurse Aide Competency Test Site Survey Form (state.mn.us)

Fun Facts

- 46,849 nurse aides on registry with active status
- 272,522 nurse aides on registry with inactive status (expired)
- 240 approved nurse aide programs in Minnesota
- 55 test sites throughout the state

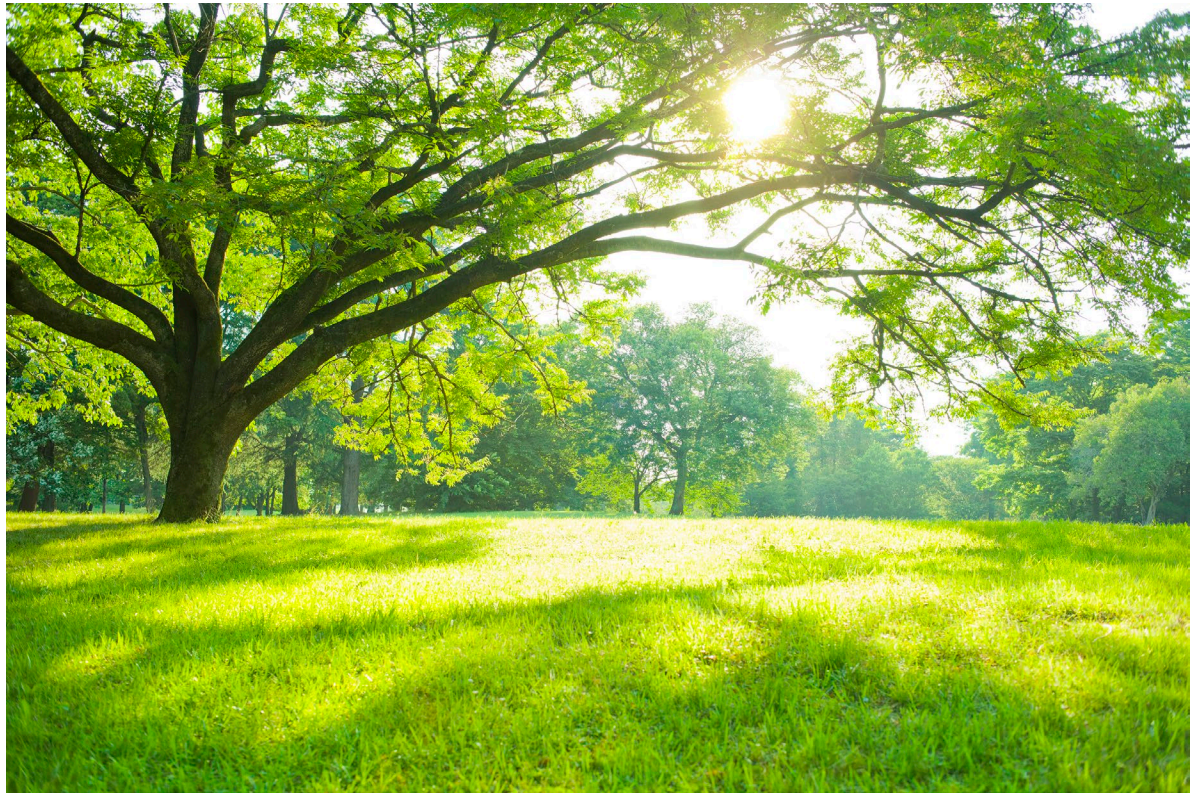
Polling Results

- Is your approved training program running TMU reports?
- Training programs can run six different reports in TMU. Check the reports that you use.
- Which TMU reports do you find most beneficial?

Summary

- ✓1135 waiver, end of PHE 5/11/23
- ✓Mock skills
- ✓Fourth knowledge test
- ✓NA test data, retakes
- ✓In-Facility site update
- ✓Resources available

Future Calls



- Next scheduled call is June 12
- Check the NAR Calls website for call details

Questions?

Program Contact Information

Training Program Questions:

Health.NAR.coord@state.mn.us

Nursing Assistant Registry Questions:

Health.FPC-NAR@state.mn.us

NAR Home Page:

https://www.health.state.mn.us/nar

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