## Final Report QUALITY ASSURANCE EXAMINATION

#### **UCare Minnesota**

For the Period: July 1, 2013 to November 30, 2015

Examiners: Elaine Johnson, RN, BS, CPHQ and Kate Eckroth, MPH

Final Issue Date: Revised August 15th, 2016



Quality Assurance Examination
Ainnesota Department of Health, Aanaged Care Systems Section O. Box 64882, St. Paul, MN 55164-0882 S51) 201-5100 ttp://www.health.state.mn.us/hmo/
a requested by Minnesota Statute 2 107) This remark and a requirements by \$135,00 to account
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#### Minnesota Department of Health Executive Summary

The Minnesota Department of Health (MDH) conducted a Quality Assurance Examination of UCare to determine whether it is operating in accordance with Minnesota law. Our mission is to protect, maintain and improve the health of all Minnesotans. MDH has found that UCare is compliant with Minnesota and federal law, except in the areas outlined in the "Deficiencies" and Mandatory Improvements" sections of this report. "Deficiencies" are violations of law. "Mandatory Improvements" are required corrections that must be made to non-compliant policies, documents or procedures where evidence of actual compliance is found or where the file sample did not include any instances of the specific issue of concern. The "Recommendations" listed are areas where, although compliant with law, MDH identified improvement opportunities.

#### To address recommendations, UCare (and its delegates, if applicable) should:

Consider having the Board minutes demonstrate review, discussion and feedback on the part of the Board regarding UCare's quality program and activities;

Enhance tracking and trending of complaints by:

- Presenting at least a quarterly summary report to the QIACC of all enrollee complaints by category in addition to the quality of care complaints to demonstrate tracking, trending and implementation of improvement initiatives when appropriate for all complaints;
- Specifically address each issue cited in the quality of care complaint so that it is clear that they were all investigated;
- Document on those complaints where the complainant wishes to remain anonymous that the issue will be tracked and trended;

Ensure, in the utilization management (UM) and appeal process, enrollees have knowledge of their additional right to complain to the Commissioner of Health at any time through inclusion of this right in the UM denial and appeal notifications.

#### To address mandatory improvements, UCare must:

Align processes, policies, procedures, and appeal rights' notifications to be consistent with the requirements of 62Q. 70 in relation to non-clinical appeals for commercial individual plans including the exclusion of extensions and clarifying the language regarding the right to external appeal consistent with the language as stated in UCare's most recent COC.

Make the following revisions to its policies regarding expedited appeals:

- In the policy and procedure *Exchange Member Appeals* (policy CAG016 and procedure CAG-1601), delete the provision allowing an extension on expedited appeals;
- In the procedure *Exchange Member Appeals* (CAG-1601), clearly specify that the enrollee has the right to appeal an expedited determination not to certify over the telephone on an expedited basis.

To address deficienci	ies, UCare and	l its delegates	must
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Exhibit adequate oversight of its delegate Express Scripts (ESI) in the delegated functions of pharmacy credentialing and utilization management;

Include a detailed description of the actual performance improvement and quality improvement projects in the annual quality work plan to be in alignment with the requirements of Minnesota Rule and DHS contractual obligations;

Include in the determination notification to the complainant for complaint and non-clinical appeals the right to complain to MDH at any time and this right must be added to the appropriate policies/procedures;

Notify the attending healthcare professional of the final decision for all prior authorization services;

Ensure the correct appeal rights are given to the enrollees;

Ensure a physician review all pharmaceutical utilization denials.

This report including these deficiencies, mandatory improvements and recommendations is approved and adopted by the Minnesota Commissioner of Health pursuant to authority in Minnesota Statutes, chapter 62D.

Gilbert Acevedo, Assistant Commissioner	 Date	
Health Regulation Division		

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#### 1. Introduction

- A. History: In 1984, the Department of Family Medicine and Community Health at the University of Minnesota Medical School (DFMCH) created UCare Minnesota as a demonstration project for Medical Assistance recipients in Hennepin County. By creating a health plan, the DFMCH allowed its low-income patients to continue seeing their doctor at the family practice group, known as University Affiliated Family Physicians. UCare became an independent, nonprofit HMO in 1989. In 2014, commercial health plans became available on MNsure. Membership reached a peak of more than 510,000 in 2015 and included people from diverse communities and more children enrolled in Minnesota Health Care Programs than any other health plan in the state. In 2016, UCare continues to serve Minnesotans of all ages with nine products. They offer a Medicare Advantage plan statewide and a new Medicare Advantage PPO with Essentia Health in north-central Minnesota.
- B. Membership: UCare self-reported enrollment as of December 31, 2015 consisted of the following:

Product	Enrollment
Fully Insured Commercial	
Large Group	0
Small Employer Group	0
Individual	10,153
Minnesota Health Care Programs-Managed	d Care (MHCP-MC)
Families & Children	304,985
MinnesotaCare	53,852
Minnesota Senior Care (MSC+)	3,735
Minnesota Senior Health Options (MSHO)	10,699
Special Needs Basic Care (SNBC)	21,973
Total	405,397

C. Onsite Examinations Dates: March 14-18, 2016

D. Examination Period: July 1, 2013 to November 30, 2015 File Review Period: December 1, 2014 to November 30, 2015

Opening Date: December 23, 2015.

E. National Committee for Quality Assurance (NCQA): UCare is accredited for its Medicare and Marketplace products by NCQA based on 2013 standards. The Minnesota Department of Health (MDH) evaluated and used results of the NCQA review in one of three ways:

	a.	If NCQA standards do not exist or accreditation results will not be us checkbox].	_		
	b.	If the NCQA standard was the sam health plan was accredited with 10 accepted as meeting Minnesota re indicating further investigation was	00% of the possilequirements [NC	ole points, the NQA $oxtime B$ ] unless ev	CQA results were
	C.	If the NCQA standard was the sam review resulted in less than 100% an identified opportunity for impro	of the possible p	oints on NCQA's	score sheet or as
sele	ction	ng Methodology: Due to the small sa for the quality assurance examination ficiency rate for the health plan.	=		<u>-</u>
ider hea MD	ntified Ith pla H had	mance standard: For each instance of during the quality assurance examination is cited with a deficiency. A deficion sufficient evidence obtained througous, that a plan's overall operation is	nation, that cove ency will not be (h: 1) file review;	ers a three-year based solely on 2) policies and	audit period, the one outlier file if procedures; and
ality	Progr	am Administration			
sota		, Part 4685.1110. Program			
1		tten Quality Assurance Plan	oxtimes Met	☐ Not Met	
2		umentation of Responsibility	⊠ Met	☐ Not Met	□ NCQA
3		ointed Entity	⊠ Met	☐ Not Met	□ NCQA
4	-	sician Participation	⊠ Met	☐ Not Met	□ NCQA
5		f Resources	⊠ Met	☐ Not Met	□ NCQA
5		egated Activities	☐ Met	⊠ Not Met	□ NCQA
7		rmation System	⊠ Met	☐ Not Met	□ NCQA
3	_	gram Evaluation	⊠ Met	☐ Not Met	□ NCQA
9		nplaints	⊠ Met	☐ Not Met	
10		zation Review	oxtimes Met	☐ Not Met	
11		vider Selection and Credentialing	☐ Met	☐ Not Met	oxtimes NCQA
12	Oua	lifications	□ Met	☐ Not Met	$\bowtie$ NCOA

2. Quality

Minnesota
Subp. 1
Subp. 2
Subp. 3
Subp. 4
Subp. 5
Subp. 6
Subp. 7
Subp. 8
Subp. 9
Subp. 10
Subp. 11
Subp. 12
Subp. 13

**Medical Records** 

 $\boxtimes$  Met

☐ Not Met

<u>Subp. 3.</u> Minnesota Rules, part 4685.1110, subpart 3., states the quality assurance entity, the Quality Improvement Advisory and Credentialing Committee (QIACC), will report to the governing body at least quarterly. The QIACC minutes go to the UCare Board of Directors for review, which meets the requirement for quarterly quality reporting. However, the Board minutes do not reflect review and discussion with the Board or feedback from the Board on the numerous quality improvement activities taking place at UCare. UCare may want to consider having the Board minutes demonstrate review, discussion and feedback on the part of the Board regarding UCare's quality program and activities. (Recommendation #1)

<u>Subp. 6.</u> Minnesota Rules, part 4685.1110, subpart 6., states the HMO must develop and implement review and reporting requirements to assure that the delegated entity performs all delegated activities. The standards established by the National Committee for Quality Assurance (NCQA) for delegation are considered the community standard and, as such, were used for the purposes of this examination. The following delegated entities and functions were reviewed:

	Delegated Entities and Functions								
Entity	им	UM Appeals	QM	Complaints/ Grievances	Cred	Claims	Network	Care Coord	Case Manage ment
Express Scripts (ESI)	X				Х	Х	X		
Beacon Health	Х		Х			Х			Х
ChiroCare	Х				Х	X	Х		
Delta Dental	Х	Х	Х	X	Х	Х	Х		
Fairview Partners	X - SNF							Х	
Magellan Health Care	X- PT/OT/ ST								
Wadena County								Х	
Marshall County								Х	
Mayo Health Solutions	Х						Х		

<u>Subp. 6.</u> Minnesota Rules, part 4685.1110, subpart 6. MDH reviewed the above UCare delegates to ensure adequate oversight of the delegated activities. Beacon Health and Delta Dental were new delegates (since the last QA Exam) for which a very thorough pre-delegation assessment was done. Evidence submitted for review indicated adequate oversight by UCare of the delegated functions of the delegates with the following exceptions:

The ESI delegation contract states ESI, in its pharmacy credentialing practices, will require
pharmacies to meet or exceed minimum standards as established by the state in which the
participating pharmacy is located. In its oversight, UCare reviews ESI's credentialing policies,

- however no evidence was submitted demonstrating how it ensures ESI is following those credentialing policies.
- In UCare's oversight of ESI's utilization management functions, UCare did not detect ongoing errors in ESI's processes relating to §62M.05, subd. 3a(c) and §62M.09, subd. 3(a).

#### (Deficiency #1) [See Deficiencies #4 and #6].

<u>Subd. 9.</u> Minnesota Rules, part 4685.1110, subpart 9., states the quality program must conduct ongoing evaluation of enrollee complaints related to quality of care. A total of 17 quality of care complaint and grievance files were reviewed as follows:

Quality of Care File Review			
File Source	# Reviewed		
Complaints—Commercial Products			
	4		
Grievances—MHCP-MC Products			
UCare	5		
Delta Dental	8		
Total	17		

<u>Subp. 9</u> Minnesota Rules, part 4685.1110, subpart 9., states the HMO must conduct ongoing evaluation of all complaints, which includes tracking, assessing trends, and implementing improvement initiatives on identified problems. UCare regularly reports quality of care complaints to the designated quality assurance entity, the Quality Improvement Advisory and Credentialing Committee (QIACC). UCare gives a very thorough summary of all enrollee complaints annually to the QIACC. MDH recommends UCare should give at least a quarterly summary report to the QIACC of all enrollee complaints by category in addition to the quality of care complaints to demonstrate tracking, trending and implementation of improvement initiatives when appropriate for all complaints. (Recommendation #2)

During review of complaint and quality of care complaint files the documentation indicated that the quality of care complaints were being investigated. To better allow for tracking and trending MDH noted:

In one complaint file the enrollee had a quality of care complaint but wanted to remain anonymous which prohibited the ability to do an investigation. According to UCare staff these complaints should be included in its tracking and trending. There was no notation in the file that the complaint was forwarded for tracking and trending.

In three of the quality of care complaint files there were multiple issues were cited by the enrollee. It was difficult for MDH to discern if each issue was being addressed during UCare's investigation of the quality of care complaint, and what specific supporting evidence was used in making the decision for each specific issue cited by the complainant.

MDH suggests that UCare specifically address each issue cited in the quality of care complaint so that it is clear that they were all investigated. In addition, UCare may want to document tracking and

trending on those complaints where the complainant wishes to remain anonymous. **(Recommendation #2)** 

Minnesota	Rules, Part 4685.1120. Quality Evaluation S	teps		
Subp. 1	Problem Identification	oxtimes Met	$\square$ Not Met	□ NCQA
Subp. 2	Problem Selection	oxtimes Met	$\square$ Not Met	□ NCQA
Subp. 3	Corrective Action	oxtimes Met	$\square$ Not Met	$\square$ NCQA
Subp. 4	Evaluation of Corrective Action	⊠ Met	☐ Not Met	□ NCQA
programs, a	nlity Program Evaluation (2014) was an excel nd monitoring as well as an evaluation of the complishments and areas of focus for the ne	e effectiveness		•
Minnesota	Rules, Part 4685.1125. Focus Study Steps			
Subp. 1	Focused Studies	oxtimes Met	$\square$ Not Met	$\square$ NCQA
Subp. 2	Topic Identification and Selection	oxtimes Met	$\square$ Not Met	$\square$ NCQA
Subp. 3	Study	oxtimes Met	$\square$ Not Met	$\square$ NCQA
Subp. 4	Corrective Action	oxtimes Met	$\square$ Not Met	$\square$ NCQA
Subp. 5	Other Studies	⊠ Met	☐ Not Met	□ NCQA
Minnesota	Rules, Part 4685.1130. Filed Written Plan a	nd Work Plan		
Subp. 1	Written Plan	oxtimes Met	$\square$ Not Met	
Subp. 2	Annual Work Plan	☐ Met		$\square$ NCQA
Subp. 3	Amendments to Written Plan	oxtimes Met	$\square$ Not Met	

Subp. 2 Minnesota Rules, part 4685.1130, subpart 2., states the annual work plan must give a detailed description of the proposed quality evaluation activities and outlines the requirements of what should be included for focus studies, which include topic to be studied, study methodology, and criteria for evaluation. In addition, in the Department of Human Services (DHS) contract, Article 7.1.7, it is stated the MCO shall provide "an annual written work plan that details the MCO's proposed quality assurance and performance improvement projects for the year". In UCare's 2015 annual work plan the majority of the proposed activities contained sufficient information about the activities that reflected the planned activity, objectives and expected work for the year. However, in the description of its performance improvement projects (PIPs) and quality improvement projects (QIP) the information provided does not meet the requirements as outlined in Minnesota Rule. For example, the work plan lists for activity (topic) as Performance Improvement Projects (PIP); for yearly objective, conduct focus studies directed at problems, potential problems, or areas with potential for improvement in care; for planned activities, select topic and document the study methodology and outcomes. This information is generic and does not adequately address the requirements as outlined. UCare must include in its written annual work plan a detailed description of the proposed PIPs and QIPs which incorporates the requirements contained in Minnesota Rule and the contract with DHS. (Deficiency #2)

#### 3. Complaints and Grievance Systems

#### **Complaint System**

MDH examined UCare's fully-insured commercial complaint system under Minnesota Statues, chapter 62Q.

MDH reviewed a total of 60 Complaint System files.

Complaint System File Review	
Complaint Files (Oral and Written)	30
Non-Clinical Appeal	30
Total Number of Files Reviewed	60

# Minnesota Statutes, Section 62Q.69. Complaint ResolutionSubp. 1.Establishment☑ Met☐ Not MetSubp. 2.Procedures for Filing a Complaint☑ Met☐ Not MetSubd. 3.Notification of Complaint Decisions☐ Met☑ Not Met

<u>Subp. 2</u> Minnesota Statutes, 62Q.69, subdivision 2., contains procedures for filing a complaint that include resolving oral complaints within ten days, offering a written complaint and assistance if complainant is not satisfied. File review of complaints revealed one file in which the complainant was not notified of the resolution within ten days; one file in which there was no documentation of the offer of a written complaint and assistance; one file that contained no documentation that complainant was notified of the decision; and two files with minimal documentation of the offer of written complaint and assistance. UCare, through its internal compliance processes recognized this as an issue prior to opening the exam and instituted a corrective action plan. Subsequent internal audits indicated an improvement. MDH commends UCare for its quality improvement compliance efforts in the area of complaints and will follow up at mid-cycle to assure sustained improvement.

Subd. 3. Minnesota Statutes, section 62Q.69, subdivision 3(d)., states the notification must inform the complainant of the right to submit the complaint at any time to the commissioner of health for investigation and the toll-free telephone number of the appropriate commissioner. UCare policies provided for review do not contain this right nor does the appeal rights notice. The appeal rights notice utilized by UCare in all its commercial complaint and appeal files states "If you not satisfied with UCare's decision, you may request an external review through the State of Minnesota." The files must contain a notice that includes informing the enrollee of right to complain to MDH at any time and this right must be added to the appropriate policies/procedures. (Deficiency #3) [Also applies to Minnesota Statutes, section 62Q.71]

#### Minnesota Statutes, Section 62Q.70. Appeal of the Complaint Decision

Subp. 1	Establishment	oxtimes Met	☐ Not Met
Subp. 2	Procedures for Filing an Appeal	oxtimes Met	$\square$ Not Met
Subd. 3.	Notification of Appeal Decisions	☐ Met	⋈ Not Met

Subd. 3. Minnesota Statutes 62Q.70, subdivision 3., states the health plan must give the complainant written notice of the appeal decision within 30 days of receipt and distinguishes the requirements between group and individual plans. UCare must align processes, policies, procedures, and appeal rights' notifications to be consistent with the requirements of 62Q. 70 in relation to non-clinical appeals for commercial individual plans including the exclusion of extensions and clarifying the language regarding the right to external appeal consistent with the language as stated in UCare's most recent COC. (Mandatory Improvement #1)

□ Met	
minations	□ Not Met
n	

#### **Grievance System**

MDH examined UCare's Minnesota Health Care Programs Managed Care Programs-Managed Care (MCHP-MC) grievance system for compliance with the federal law (42 CFR 438, subpart E) and the DHS 2016 Model Contract, Article 8.

MDH reviewed a total of 35 grievance system files:

Grievance System File Review			
File Source	# Reviewed		
Grievances			
UCare	8		
Delta Dental	5		
Non-Clinical Appeals			
UCare	8		
Delta Dental	5		
State Fair Hearing			
UCare	8		
Delta Dental	1		
Total	35		

Section 8.1.	§438.402	General Requirements		
Sec. 8.1.1		Components of Grievance System	⊠ Met	□ Not Met
Section 8.2.	438.408	Internal Grievance Process Require	ments	
Sec. 8.2.1.	§438.402 (b)	Filing Requirements	oxtimes Met	$\square$ Not Met
Sec. 8.2.2.	§438.408 (b)(1)	Timeframe for Resolution of Grievances	⊠ Met	☐ Not Met
Sec. 8.2.3.	§438.408 (c)	Timeframe for Extension of Resolution of Grievances	⊠ Met	☐ Not Met
Sec. 8.2.4.	§438.406	Handling of Grievances		
(A)	§438.406 (a)(2)	Written Acknowledgement	oxtimes Met	$\square$ Not Met
(B)	§438.416	Log of Grievances	oxtimes Met	$\square$ Not Met
(C)	§438.402 (b)(3)	Oral or Written Grievances	oxtimes Met	$\square$ Not Met
(D)	§438.406 (a)(1)	Reasonable Assistance	oxtimes Met	$\square$ Not Met
(E)	§438.406 (a)(3)(i)	Individual Making Decision	oxtimes Met	☐ Not Met
(F)	§438.406 (a)(3)(ii)	Appropriate Clinical Expertise	oxtimes Met	☐ Not Met
Sec. 8.2.5	§438.408 (d)(1)	Notice of Disposition of a Grievance		
(A)	§438.408 (d)(1)	Oral Grievances	oxtimes Met	$\square$ Not Met
(B)	§438.408 (d)(1)	Written Grievances	oxtimes Met	☐ Not Met

42 CFR, 438.408(d)(1) (DHS Contract 8.2.5(A)), states that when oral grievance is wholly or partially adverse to the enrollee then the MCO must inform the enrollee that the grievance may be submitted

in writing and the MCO must offer assistance in helping the enrollee write the letter. The MCO must also inform the enrollee of options for further assistance through the Managed Care Ombudsman and MDH review. During MDH file review, there were six oral grievances in which five files had limited notations from the Customer Services Representative (CSR) regarding what enrollee rights were offered during the oral notice disposition. Prior to opening the exam, UCare identified this as an issue and implemented a corrective action plan and training for CSR. UCare will continue to monitor for progress during the internal audits. MDH commends UCare for identifying and responding to the issue.

<u>42 CFR, 438.408(d)(1)</u> (DHS Contract 8.2.5(B)), requires that when the grievance is filed in writing, the written notice of resolution must include options for further review through the Managed Care Ombudsman and MDH. In one Delta Dental file that MDH reviewed the resolution was adverse to the enrollee, but the notification letter did not contain options for further review.

Section 8.3.	§438.404	DTR Notice of Action to Enrollees		
Sec. 8.3.1.		General Requirements	oxtimes Met	☐ Not Met
Sec. 8.3.1.		General Requirements	oxtimes Met	☐ Not Met
Sec. 8.3.2.	§438.404 (c)	Timing of DTR Notice		
(A)	§438.210 (c)	Previously Authorized Services	oxtimes Met	☐ Not Met
(B)	§438.404 (c)(2)	Denials of Payment	oxtimes Met	☐ Not Met
(C)	§438.210 (c)	Standard Authorizations	oxtimes Met	☐ Not Met
(1)	As expeditiously as th	ne enrollee's health condition	oxtimes Met	$\square$ Not Met
	requires.			
(2)	To the attending hea	Ith care professional and hospital	☐ Met	oxtimes Not Met
	•	vithin one working day after making		
	the determination		_	
(3)	•	ollee and hospital, in writing, and	☐ Met	⊠ Not Met
	•	cess to initiate an appeal, within		
	, ,	s following receipt of the request		
	,	s the MCO receives an extension of		
	the resolution period			
(D)	§438.210 (d)(2)(i)	Expedited Authorizations	oxtimes Met	☐ Not Met
(E)	§438.210 (d)(1)	Extensions of Time	oxtimes Met	☐ Not Met
(F)	§438.210 (d)	Delay in Authorizations	oxtimes Met	☐ Not Met
Sec. 8.3.3.	§438.420 (b)	Continuation of Benefits Pending	oxtimes Met	☐ Not Met
		Decision		

42 CFR 438.210(c) (DHS Contract 8.3.2(C)(2) and (3)) states that when an initial determination is made not to certify that the notification must be provided by telephone or fax within one working day to the attending healthcare professional. Secondly, a written notification must inform the enrollee and the attending healthcare professional of the denial and the right to submit an appeal within ten business days. In three of the ten Express Scripts, Inc. (ESI) pharmacy denial files, the attending healthcare professional was not notified within one working day of the denial. In four of the ten ESI files reviewed the attending healthcare professional did not receive a written notification of the denial. During MDH's interview with UCare, the reason cited for not notifying the attending healthcare professional of the denial was because these files were "administrative denials" for services that were not part of the enrollee's covered benefits so the requests did not need to follow the utilization review process as outlined in Minnesota Statutes 62M.05. These files fall under the purview of utilization review and as such ESI must notify the attending healthcare professional as required under Minnesota Statute 62M.05, subdivision 3a., for all prior authorization services. (Deficiency #4) [Also applies to the same deficiency under §62M.05, subdivision 3a.]

Section 8.4.	§438.408	Internal Appeals Process Requirements		
Sec. 8.4.1.	§438.402 (b)	Filing Requirements	oxtimes Met	☐ Not Met
Sec. 8.4.2.	§438.408 (b)(2)	Timeframe for Resolution of Expedited Appeals	⊠ Met	□ Not Met

Section 8.4.	§438.408	Internal Appeals Process Requirem	nents	
Sec. 8.4.3.	§438.408 (b)	Timeframe for Resolution of	oxtimes Met	$\square$ Not Met
		Expedited Appeals		_
(A)	§438.408 (b)(3)	Expedited Resolution of Oral and	⊠ Met	☐ Not Met
(D)	§438.410 (c)	Written Appeals	⊠ Met	
(B) (C)	§438.410 (c)	Expedited Resolution Denied Expedited Appeal by Telephone	⊠ Met	□ Not Met
(c) Sec. 8.4.4.	§438.410 (a)	Timeframe for Extension of	⊠ Met	□ Not Met
Jec. 6.4.4.	3438.408 (c)	Resolution of Appeals	⊠ IVIEL	□ Not Met
Sec. 8.4.5.	§438.406	Handling of Appeals	oxtimes Met	$\square$ Not Met
(A)	§438.406 (b)(1)	Oral Inquiries	oxtimes Met	$\square$ Not Met
(B)	§438.406(a)(2)	Written Acknowledgement	oxtimes Met	$\square$ Not Met
(C)	§438.406(a)(1)	Reasonable Assistance	oxtimes Met	$\square$ Not Met
(D)	§438.406(a)(3)	Individual Making Decision	⊠ Met	☐ Not Met
(E)	§438.406(a)(3)	Appropriate Clinical Expertise	⊠ Met	☐ Not Met
		[See Minnesota Statutes, sections		
		62M.06, and subd. 3(f) and 62M.09]		
(F)	§438.406(b)(2)	Opportunity to Present Evidence	⊠ Met	☐ Not Met
(G)	§438.406 (b)(3)	Opportunity to examine the Case File	⊠ Met	□ Not Met
(H)	§438.406 (b)(4)	Parties to the Appeal	⊠ Met	□ Not Met
(I)	§438.410 (b)	Prohibition of Punitive Action	⊠ Met	☐ Not Met
Sec. 8.4.6.		Subsequent Appeals	⊠ Met	☐ Not Met
Sec. 8.4.7.	§438.408 (d)(2)	Notice of Resolution of Appeals	⊠ Met	□ Not Met
(A)	and (e) §438.408 (d)(2)	Written Notice Content	⊠ Met	□ Not Met
(^)	and (e)	Whiteh Notice Content	⊠ IVIEC	□ Not wet
(B)	§438.210 (c)	Appeals of UM Decisions	oxtimes Met	$\square$ Not Met
(C)	§438.210 (c) and	Telephone Notification of	oxtimes Met	$\square$ Not Met
	.408 (d)(2)(ii)	Expedited Appeals		
		[Also see Minnesota Statutes		
Sec. 8.4.8.	8420 424	section 62M.06, subd. 2]	∇ Mat	
Sec. 6.4.6.	§438.424	Reversed Appeal Resolutions	⊠ Met	☐ Not Met
Section 8.5.	§438.416 (c)	Maintenance of Grievance and Ap	=	
			⊠ Met	☐ Not Met
Section 8.9.	§438.416 (c)	State Fair Hearings		
Sec. 8.9.2.	§438.408 (f)	Standard Hearing Decisions	oxtimes Met	$\square$ Not Met
Sec. 8.9.5.	§438.420	Continuation of Benefits Pending	⊠ Met	☐ Not Met
		Resolution of State Fair Hearing		

Section 8.9.§438.416 (c)State Fair HearingsSec. 8.9.6.§438.424Compliance with State Fair☑ Met☐ Not MetHearing Resolution

#### 4. Access and Availability

Minnesota	Statutes, Section 62D.124. Geographic Accessibility		
Subd. 1.	Primary Care, Mental Health Services, General Hospital Services	⊠ Met	☐ Not Met
Subd. 2.	Other Health Services	⊠ Met	□ Not Met
Subd. 3.	Exception	⊠ Met	□ Not Met
Minnesota	Rules, Part 4685.1010. Availability and Accessibility		
Subp. 2.	Basic Services	oxtimes Met	☐ Not Met
Subp. 5	Coordination of Care	oxtimes Met	☐ Not Met
Subp. 6.	Timely Access to Health care Services	oxtimes Met	☐ Not Met
Minnesota	Statutes, Section 62Q.55. Emergency Services		
		⊠ Met	☐ Not Met
Minnesota	Statutes, Section 62Q.121. Licensure of Medical Directors		
		⊠ Met	☐ Not Met
	Statutes, Section 62Q.527. Coverage of Non-formulary Dru	gs for Menta	I Illness and
	Disturbance		
Subd. 2.	Required Coverage for Anti-psychotic Drugs	oxtimes Met	☐ Not Met
Subd. 3.	Continuing Care	oxtimes Met	☐ Not Met
Subd. 4.	Exception to formulary	⊠ Met	☐ Not Met
Minnesota	Statutes, Section 62Q.535. Coverage for Court-Ordered Mo	ental Health S	Services
Subd. 1.	Mental health services	oxtimes Met	$\square$ Not Met
Subd. 2.	Coverage required	⊠ Met	☐ Not Met
Minnesota	Statutes, Section 62Q.56. Continuity of Care		
Subd. 1.	Change in health care provider, general notification	oxtimes Met	$\square$ Not Met
Subd. 1a.	Change in health care provider, termination not for cause	⊠ Met	☐ Not Met
Subd. 1b.	Change in health care provider, termination for cause	oxtimes Met	☐ Not Met
Subd. 2.	Change in health plans	oxtimes Met	☐ Not Met
Subd. 2a.	Limitations	oxtimes Met	☐ Not Met
Subd. 2b.	Request for authorization	⊠ Met	☐ Not Met
Subd. 3.	Disclosures	⊠ Met	☐ Not Met

#### 5. <u>Utilization Review</u>

UM System File Review			
File Source	# Reviewed		
UM Denial Files			
Commercial			
UCare	21		
ChiroCare	8		
ESI	16		
Magellan	5		
MHCP-MC			
UCare	8		
Delta Dental	5		
Beacon Health Strategies	2		
ChiroCare	8		
Magellan	8		
Mayo Health Solutions	8		
ESI	10		
Subtotal	99		
Clinical Appeal Files			
Commercial	30		
MHCP-MC			
UCare	8		
Delta Dental	8		
Subtotal	46		
Total	145		

Minnesota S	Statutes, Section 62M.04. Standards for Utili	zation Review	Performance	
Subd. 1	Responsibility on Obtaining Certification		oxtimes Met	☐ Not Met
Subd. 2.	Information upon which Utilization Review	is Conducted	⊠ Met	☐ Not Met
Minnesota :	Statutes, Section 62M.05. Procedures for Rev	view Determin	ation	
Subd. 1.	Written Procedures	⊠ Met	☐ Not Met	
Subd. 2.	Concurrent Review	☐ Met	☐ Not Met	oxtimes NCQA
Subd. 3.	Notification of Determination	oxtimes Met	☐ Not Met	
Subd. 3a.	Standard Review Determination	oxtimes Met	☐ Not Met	
(a)	Initial determination to certify (10 business days)	⊠ Met	□ Not Met	□ NCQA
(b)	Initial determination to certify (telephone notification)	⊠ Met	□ Not Met	

Minnesota S	Statutes, Section 62M.05. Procedures for Rev	view Determi	nation	
(c)	Initial determination not to certify	$\square$ Met	oxtimes Not Met	
(d)	Initial determination not to certify (notice	$\square$ Met	oxtimes Not Met	$\square$ NCQA
	of right to appeal)		_	_
Subd. 3b.	Expedited Review Determination	oxtimes Met	☐ Not Met	$\square$ NCQA
Subd. 4.	Failure to Provide Necessary Information	oxtimes Met	☐ Not Met	
Subd. 5.	Notifications to Claims Administrator	⊠ Met	☐ Not Met	
	nnesota Statutes, section 62M.05, subdivision		l). [See deficien	cy #4 cited
under 42 CF	R 438.210(c) (DHS Contract 8.3.2(C)(2) and (3	3))]		
Minnesota 9	Statutes, Section 62M.06. Appeals of Determ	inations not t	o Certify	
Subd. 1.	Procedures for Appeal	oxtimes Met	☐ Not Met	
Subd. 2.	Expedited Appeal	☐ Met	oxtimes Not Met	
Subd. 3.	Standard Appeal			
(a)	Appeal resolution notice timeline	oxtimes Met	☐ Not Met	
(b)	Documentation requirements	oxtimes Met	☐ Not Met	
(c)	Review by a different physician	oxtimes Met	☐ Not Met	$\square$ NCQA
(d)	Time limit in which to appeal	oxtimes Met	$\square$ Not Met	
(e)	Unsuccessful appeal to reverse	$\square$ Met	oxtimes Not Met	$\square$ NCQA
	determination			
(f)	Same or similar specialty review	oxtimes Met	☐ Not Met	
(g)	Notice of rights to external review	oxtimes Met	$\square$ Not Met	$\square$ NCQA
Subd. 4.	Notification to Claims Administrator	oxtimes Met	☐ Not Met	

Subd. 2. Minnesota Statutes 62M.06, subdivision 2, sets forth the requirements for expedited appeals which includes a 72-hour timeline for a determination. UCare's policy and procedure Exchange Member Appeals (policy CAG016 and procedure CAG-1601) states "the expedited timeframe for resolution of the expedited appeal may be extended up to 14 additional calendar days if the member or the member's representative (which may include a provider acting on behalf of the member or the legal representative of the estate) requests an extension, or if UCare justifies a need for additional information and the extension is in the best interest of the member". There is no provision in 62M.06 allowing for an extension of an expedited appeal. UCare must revise its policy and procedure to accurately reflect the requirements for expedited appeals. (Mandatory Improvement #2) The statute also states when an initial determination not to certify a health care service is made the utilization review organization must ensure that the enrollee and the attending health care professional have an opportunity to appeal the determination over the telephone on an expedited basis. The procedure Exchange Member Appeals (CAG-1601) states that a standard appeal may be requested orally or in writing. UCare must revise its policy to clearly specify the right to appeal the determination over the telephone on an expedited basis. (Mandatory Improvement #2)

Subd. 3. Minnesota Statutes 62M.06, subdivision 3(e)., sets forth the requirements of an appeal notification when the denial determination has been upheld upon appeal. In five files the MHCP-MC appeal rights were in the file rather than the commercial appeal rights and in one file there were no appeal rights. UCare believes the wrong appeal rights were placed in the review files prepared for the MDH exam but the enrollee received the correct appeal rights notice. UCare instituted a corrective action plan in March of 2015 to assure enrollees receive the correct appeal rights. They plan on instituting a new database where letters will be automated and business rules can be added to ensure product specific letters are accurately chosen. In the interim, staff education took place. However, implementation of the new database had not taken place nor had follow up audits been done to determine improved compliance at the time of the exam. UCare must ensure the correct appeal rights are given to the enrollees. (Deficiency #5)

must ensure	e the correct appeal rights are given to the er	rollees. (Defi	ciency #5)	
Minnesota	Statutes, Section 62M.08. Confidentiality	⊠ Met	□ Not Met	□ NCQA
Minnesota	Statutes, Section 62M.09. Staff and Program	n Qualification	ns	
Subd. 1.	Staff Criteria	oxtimes Met	☐ Not Met	$\square$ NCQA
Subd. 2.	Licensure Requirements	oxtimes Met	☐ Not Met	□ NCQA
Subd. 3.	Physician Reviewer Involvement	☐ Met	oxtimes Not Met	□ NCQA
Subd. 3a	Mental Health and Substance Abuse Review	⊠ Met	□ Not Met	□ NCQA
Subd. 4.	Dentist Plan Reviews	oxtimes Met	☐ Not Met	$\square$ NCQA
Subd. 4a.	Chiropractic Reviews	oxtimes Met	☐ Not Met	$\square$ NCQA
Subd. 5.	Written Clinical Criteria	oxtimes Met	☐ Not Met	$\square$ NCQA
Subd. 6.	Physician Consultants	oxtimes Met	☐ Not Met	☐ NCQA
Subd. 7.	Training for Program Staff	☐ Met	☐ Not Met	oxtimes NCQA
Subd. 8.	Quality Assessment Program	☐ Met	☐ Not Met	oxtimes NCQA
which the u	nnesota Statutes, 62M.09, subdivision 3., statitilization review organization has concluded ons is appropriate. In all 30 of the ESI commendation by a physician	that a determ ercial utilizatio	ination not to cei n management d	tify for enials, the

which the utilization review organization has concluded that a determination not to certify for clinical reasons is appropriate. In all 30 of the ESI commercial utilization management denials, the denial was made by a pharmacist rather than a physician. This has been ESI's practice since the inception of the commercial product in 2014. UCare must immediately change the process of its delegate ESI and ensure a physician is issuing the denial. (Deficiency #6) Ongoing progress towards this process correction will be monitored according to the approved corrective action plan.

Minnesota Statutes, Section 62M.11. Complaints to Commerce or Health		
	⊠ Met	☐ Not Met

Minnesota Statutes, Section 62M.11., states an enrollee may file a complaint regarding a determination not to certify directly to the Commissioner of Health. The commercial appeals rights notice used by UCare and its delegates (ESI, ChiroCare, and Magellan), for all utilization management denials and clinical appeals reviewed, does not contain the right that the enrollee

may complain to the Commissioner of Health at any time. UCare and its delegates could better ensure enrollees have knowledge of their additional right of complaining to the Commissioner of Health at any time through inclusion in the UM denial and appeal notifications. (Recommendation #3)

#### 6. Recommendations

- 1. To better comply with Minnesota Rules, part 4685.1110, subpart 3., UCare should consider having the Board minutes demonstrate review, discussion and feedback on the part of the Board regarding UCare's quality program and activities.
- 2. To better comply with Minnesota Rules, part 4685.1110, subpart 9., UCare should:
  - Give at least a quarterly summary report to the QIACC of all enrollee complaints by category
    in addition to the quality of care complaints to demonstrate tracking, trending and
    implementation of improvement initiatives when appropriate for all complaints.
  - Specifically address each issue cited in the quality of care complaint so that it is clear that they were all investigated.
  - Document on those complaints where the complainant wishes to remain anonymous that the issue will be tracked and trended.
- 3. To better comply with Minnesota Statutes, Section 62M.11., UCare and its delegates could better ensure, in the utilization review and appeal process, enrollees have knowledge of their additional right of complaining to the Commissioner of Health at any time through inclusion of this right in the UM denial and appeal notifications.

#### 7. Mandatory Improvements

- To comply with Minnesota Statutes 62Q. 70, subdivision 3., UCare must align processes, policies, procedures, and appeal rights' notifications to be consistent with the requirements of 62Q. 70 in relation to non-clinical appeals for commercial individual plans including the exclusion of extensions and clarifying the language regarding the right to external appeal consistent with the language as stated in UCare's most recent COC.
- 2. To comply with Minnesota Statutes 62M.06, subdivision 2, UCare must:
  - Revise its policy and procedure Exchange Member Appeals (policy CAG016 and procedure CAG-1601) by deleting the provision of an extension on expedited appeals.
  - Revise its procedure *Exchange Member Appeals* (CAG-1601) to clearly specify the right to appeal an expedited determination not to certify over the telephone on an expedited basis.

#### 8. Deficiencies

- 1. To comply with Minnesota Rules, part 4685.1110, subpart 6., UCare must exhibit adequate oversight of its delegate ESI in the delegated functions of pharmacy credentialing and utilization management.
- 2. To comply with Minnesota Rules, part 4685.1130, subpart 2., UCare must Include a detailed description of the actual performance improvement and quality improvement projects in the

annual quality work plan to be in alignment with the requirements of Minnesota Rule and DHS contractual obligations.

- 3. To comply with Minnesota Statutes, section 62Q.69, subdivision 3(d) and section 62Q.71., UCare must include in the notification to the complainant in its complaint and non-clinical appeal files the right to complain to MDH at any time and this right must be added to the appropriate policies/procedures.
- 4. To comply with Minnesota Statute 62M.05, subd. 3a. and 42 CFR 438.210(c) (DHS Contract 8.3.2(C)(2) and (3)), ESI must notify the attending healthcare professional of the final decision for all prior authorization services.
- 5. To comply with Minnesota Statutes 62M.06, subdivision 3(e)., UCare must ensure the correct appeal rights are given to the enrollees.
- 6. To comply with Minnesota Statutes, 62M.09, subdivision 3., UCare and its delegate ESI must ensure a physician review all pharmaceutical utilization denials.