

PrimeWest Health

QUALITY ASSURANCE EXAMINATION

01/27/2021

Final Report

For the Period: July 2, 2018 – May 31, 2020 Examiners: Elaine Johnson, RN, BS, CPHQ; Tom Major, MS; and Kate Eckroth, MPH Final Issue Date: January 27, 2021

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As requested by Minnesota Statutes, Section 3.197: This report cost approximately \$125.00 to prepare, including staff time, printing and mailing expenses.

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MINNESOTA DEPARTMENT OF HEALTH EXECUTIVE SUMMARY

The Minnesota Department of Health (MDH) conducted a Quality Assurance Examination of PrimeWest to determine whether it is operating in accordance with Minnesota Law. Our mission is to protect, maintain and improve the health of all Minnesotans. MDH has found that PrimeWest is compliant with Minnesota and Federal law, except in the areas outlined in the "Deficiencies" and Mandatory Improvements" sections of this report. Deficiencies are violations of law. "Mandatory Improvements" are required corrections that must be made to noncompliant policies, documents, or procedures where evidence of actual compliance is found or where the file sample did not include any instances of the specific issue of concern. The "Recommendations" listed are areas where, although compliant with law, MDH identified improvement opportunities.

To address recommendations, PrimeWest should:

Perform more robust reporting that includes tracking and trending by grievance categories for the purposes of identifying patterns and assessing trends over time.

Ensure in its selection of clinics for medical record review that there are a variety of clinics reviewed each year, not merely the same top 20 clinics.

To address mandatory improvements, PrimeWest and its delegates must:

Specifically identify the standards used by provider types in accordance with Minnesota Rule requirements in the written summaries and analysis of network adequacy, and ensure they are applying the standards correctly in the analysis.

To address deficiencies, PrimeWest and its delegates must:

Ensure the written quality assurance plan is developed, reviewed, and approved by the Quality and Care Coordination Committee, its designated quality entity, prior to seeking review and approval from the Joint Powers Board.

Work with its delegate, MedImpact to ensure the correct dates are recorded on the Denial, Termination, or Reduction (DTR) notice to provide accurate information to the enrollee.

This report including these deficiencies, mandatory improvements and recommendations is approved and adopted by the Minnesota Commissioner of Health pursuant to authority in Minnesota Statutes, chapter 62D.

signature on file

January 27, 2021

Susan Castellano, Acting Director Health Policy Division Date

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I. Introduction

1. History:

PrimeWest Health (PrimeWest) was legally established in December 1998 as a county government "Joint Powers" entity under MN Stat. sec. 471.59. PrimeWest's counties include Big Stone, Douglas, Grant, McLeod, Meeker, Pipestone, Pope, Renville, Stevens, and Traverse. The Minnesota Department of Health (MDH) approved PrimeWest's County Based Purchasing (CBP) application in October 2002 in accordance with MN Stat. sec. 256B.692. In April 2003, the Minnesota Department of Human Services (DHS) awarded PrimeWest the contract for administering the Prepaid Medical Assistance Program (PMAP) in its 10 Joint Powers counties beginning July 2003.

In 2003, PrimeWest started with one MHCP product serving approximately 5,500 members in 10 counties through a network of fewer than 1,000 contracted providers. Today, PrimeWest administers six MHCP programs serving nearly 44,000 members in 13 counties through a network of over 12,500 contracted providers.

2. Membership: PrimeWest's self-reported Minnesota enrollment as of March 31, 2020 consisted of the following:

| Product | Enrollment |
|---|------------|
| Minnesota Health Care Programs – Managed Care (MHCP-MC) | |
| Families & Children | 32,730 |
| MinnesotaCare | 2,663 |
| Minnesota Senior Care (MSC+) | 897 |
| Minnesota Senior Health Options (MSHO) | 1911 |
| Special Needs Basic Care | 2307 |
| Total | 40,508 |

Self-Reported Enrollment

- 3. Onsite Examination Dates: July 27, 2020 to July 31, 2020
- 4. Examination Period: July 2, 2018 to May 31, 2020 File Review Period: June 1, 2019 to May 31, 2020 Opening Date: May 1, 2020
- 5. National Committee for Quality Assurance (NCQA): PrimeWest is accredited by NCQA for its Medicaid HMO product based on 2019 standards. The Minnesota Department of Health (MDH) evaluated and used results of the NCQA review in one of three ways:

- a. If NCQA standards do not exist or are not as stringent as Minnesota law, the accreditation results were not used in the MDH examination process [No NCQA checkbox].
- b. If the NCQA standard was the same or more stringent than Minnesota law and the health plan was accredited with 100% of the possible points, the NCQA results were accepted as meeting Minnesota requirements [NCQA ⊠], unless evidence existed indicating further investigation was warranted [NCQA □].
- c. If the NCQA standard was the same or more stringent than Minnesota law, but the plan was accredited with less than 100% of the possible points or MDH identified an opportunity for improvement, MDH conducted its own examination.
- 6. Sampling Methodology: Due to the small sample sizes and the methodology used for sample selection for the quality assurance examination, the results cannot be extrapolated as an overall deficiency rate for the health plan.
- 7. Performance Standard: For each instance of non-compliance with applicable law or rule identified during the quality assurance examination, that covers a three-year audit period, the health plan is cited with a deficiency. A deficiency will not be based solely on one outlier file if MDH has sufficient evidence that a plan's overall operation is compliant with an applicable law. Sufficient evidence may be obtained through: 1) file review; 2) policies and procedures; and 3) interviews.

II. Quality Program Administration

Program

| Subparts | Subject | Met | Not Met | NCQA |
|-----------|--------------------------------------|------|-----------|--------|
| Subp. 1. | Written Quality Assurance Plan | ⊠Met | 🗆 Not Met | |
| Subp. 2. | Documentation of Responsibility | □Met | 🛛 Not Met | □ NCQA |
| Subp. 3. | Appointed Entity | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subp. 4. | Physician Participation | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subp. 5. | Staff Resources | □Met | 🗆 Not Met | 🛛 NCQA |
| Subp. 6. | Delegated Activities | ⊠Met | 🗌 Not Met | 🗆 NCQA |
| Subp. 7. | Information System | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subp. 8. | Program Evaluation | ⊠Met | 🗌 Not Met | |
| Subp. 9. | Complaints | ⊠Met | 🗆 Not Met | |
| Subp. 10. | Utilization Review | ⊠Met | 🗆 Not Met | |
| Subp. 11. | Provider Selection and Credentialing | □Met | 🗆 Not Met | 🛛 NCQA |
| Subp. 12. | Qualifications | □Met | 🗆 Not Met | 🛛 NCQA |
| Subp. 13. | Medical Records | ⊠Met | 🗆 Not Met | |

Minnesota Rules, Part 4685.1110

Finding: Written Quality Assurance Plan

<u>Subp. 1</u>. Minnesota Rules 4685.1110, subparts 2 and 3, gives authority of the quality program to the governing body, which approves the quality program and its activities. The governing body designates an entity that is responsible for the quality assurance activities.

PrimeWest's Joint Powers Board (JPB) is the governing body, which has ultimate responsibility and authority over the quality program. PrimeWest has established its Quality and Care Coordination Committee (QCCC) as its designated entity and "JPB has assigned responsibility for development and implementation of the Quality Assurance Plan, Annual Quality Program Assessment, and Annual Quality Work Plan to QCCC"¹.

In 2019 and 2020, the JPB approved *PrimeWest Health Quality Improvement Program* description before it was reviewed and approved by the QCCC. For example, in 2020, the March

¹ Taken from PrimeWest Health Quality Improvement Program, 2020 Page | 7

5, 2020 JPB minutes stated, "*Policy and Procedure Approval – QM01, QM03, QM08, QMAG01, UM02, and UM14*" and further stated it went for approval following the review by the QCCC. The minutes did not indicate the QM03 was PrimeWest's Quality Assurance Plan nor did the minutes reflect any discussion or review. On April 14, 2020, QM03 was brought to the QCCCC along with 60-plus other policies and the minutes stated the following "*QM03: Quality Assurance Plan – approved on March 5, 2020, by PrimeWest Health JPB.*" The minutes did not reflect any review, discussion, or organizational input into PrimeWest's written quality assurance plan.

PrimeWest must ensure the written quality assurance plan has been developed, reviewed, and approved by the QCCC, its designated quality entity, prior to seeking review and approval from the JPB. (Deficiency #1)

Finding: Delegated Activities

<u>Subp. 6.</u> Minnesota Rules, part 4685.1110, subpart 6, states the HMO must develop and implement review and reporting requirements to assure that the delegated entity performs all delegated activities. The standards and processes established by the National Committee for Quality Assurance (NCQA) for delegation are considered the community standard and, as such, were used for the purposes of this examination. The following delegated entities and functions were reviewed.

| Entity | UM | QOC | Complaints/ Grievances | Appeals | Cred | Claims | Disease Mgmt | Network | Care Coord |
|------------------|----|-----|---------------------------|---------|------|--------|-----------------|---------|---------------|
| MedImpact | Х | | | | Х | Х | | Х | |
| Beltrami County | | | | | | | | | Х |
| Big Stone County | | | | | | | | | Х |
| Renville County | | | | | | | | | Х |

Delegated Entities and Functions

Delegation oversight of MedImpact included all the functions listed in the delegation agreement. The oversight audit done on MedImpact for the year 2018 was not initiated until September of 2019, with summary report in February 2020. Oversight audit done for year 2019 was initiated in June 2020, much timelier. MDH noted that many of the oversight documents submitted for review were not dated. In future oversight audits, PrimeWest should date all documents and reports utilized in the review.

Finding: Quality of Care Complaints

<u>Subp. 9(c)</u> Minnesota Rules, 4685.1110, subpart 9(c), shall conduct ongoing evaluation of enrollee complaints that are related to quality of care.

PrimeWest submitted evidence that quality of care grievances are being reviewed and evaluated on an ongoing basis as indicated in the QCCC Meeting Minutes. It is also reported in the 2018 Quality Assessment report. However, PrimeWest does not report in the quality Page | 8

committee nor in the Quality Assessment quality of care grievances by complaint categories for purposes of tracking and trending. They are individually reported to the Department of Human Services broken out by these categories.

Therefore, PrimeWest should perform more robust reporting that includes tracking and trending by grievance categories for the purposes of identifying patterns and assessing trends over time. (Recommendation #1)

Finding: Provider Selection and Credentialing

<u>Subp. 11</u>. Minnesota Rules, part 4685.1110, subpart 11, states the plan must have policies and procedures for provider selection, credentialing and recredentialing that, at a minimum, are consistent with community standards. MDH recognizes the community standard to be NCQA. PrimeWest scored 100% on all 2019 NCQA Credentialing/recredentialing standards.

Finding: Medical Records

<u>Subp. 13.</u> Minnesota Rules, part 4685.1110, subpart 13 states the quality assurance entity shall conduct ongoing evaluation of medical records.

PrimeWest submitted medical record audits done in 2018 and 2019 as well as policy *QM06 Health Records.* The policy states the clinics are identified based on number of unique members and the top 20 clinics are reviewed.

PrimeWest should ensure in its selection of clinics for medical record review that there are a variety of clinics reviewed each year, not merely the same top 20 clinics. (Recommendation #2)

Activities

| Subparts | Subject | Met | Not Met |
|----------|----------------------------|------|-----------|
| Subp. 1. | Ongoing Quality Evaluation | ⊠Met | 🗆 Not Met |
| Subp. 2. | Scope | ⊠Met | 🗌 Not Met |

Minnesota Rules, Part 4685.1115

Quality Evaluation Steps

Minnesota Rules, Part 4685.1120

| Subparts Subject | | Met | Not Met |
|------------------|------------------------|------|-----------|
| Subp. 1. | Problem Identification | ⊠Met | 🗆 Not Met |

| Subparts | Subparts Subject | | Not Met |
|----------|---------------------------------|------|-----------|
| Subp. 2. | Problem Selection | ⊠Met | 🗆 Not Met |
| Subp. 3. | Corrective Action | ⊠Met | 🗆 Not Met |
| Subp. 4. | Evaluation of Corrective Action | ⊠Met | 🗆 Not Met |

Focused Study Steps

Minnesota Rules, Part 4685.1125

| Subparts | Subject | Met | Not Met |
|----------|-------------------------------------|------|-----------|
| Subp. 1. | Focused Studies | ⊠Met | 🗆 Not Met |
| Subp. 2. | Topic Identification and Selections | ⊠Met | 🗆 Not Met |
| Subp. 3. | Study | ⊠Met | 🗆 Not Met |
| Subp. 4. | Corrective Action | ⊠Met | 🗆 Not Met |
| Subp. 5. | Other Studies | ⊠Met | 🗆 Not Met |

Filed Written Plan and Work Plan

Minnesota Rules, Part 4685.1130

| Subparts | Subject | Met | Not Met |
|----------|--------------------|------|-----------|
| Subp. 1. | Written Plan | ⊠Met | 🗆 Not Met |
| Subp. 2. | Work Plan | ⊠Met | 🗆 Not Met |
| Subp. 3. | Amendments to Plan | ⊠Met | 🗆 Not Met |

Finding: Amendments to Plan

<u>Subp. 3</u>. Minnesota Rules, part 4685.1130, subpart 3 states the plan must submit the written quality assurance plan to MDH for approval when any modifications are made to the program or activities. *PrimeWest Quality Improvement Program 2020* was reviewed and approved by MDH during the examination, having met all requirements outlined in Minnesota Rules, part 4685.1110.

III. Grievance Systems

Grievance System

Consistent with federal law (42 CFR 438, subpart F) and the DHS 2019 Contract, Article 8, MDH examined PrimeWest's Minnesota Health Care Programs Managed Care Programs – Managed Care (MHCP-MC) grievance system, including the review of 32 grievance system files.

| File Source* | # Reviewed |
|----------------------------|------------|
| Grievances | |
| PrimeWest Written | 2 |
| PrimeWest Oral | 6 |
| | |
| Quality of Care Grievances | 8 |
| | |
| Non-Clinical Appeals | 8 |
| | |
| State Fair Hearing | 8 |
| Total | 32 |

Grievance System File Review

*DTR and Clinical Appeals files recorded in Section VI, Utilization Review

General Requirements

DHS Contract, Section 8.1

| Section | 42 CFR | Subject | Met | Not Met |
|--|--------|--------------------------------|------|-----------|
| Section 8.1. §438.402 General Requirements | | | | |
| Sec. 8.1.1. | | Components of Grievance System | ⊠Met | 🗆 Not Met |

Internal Grievance Process Requirements

| Section | 42 CFR | Subject | Met | Not Met |
|--------------|----------|---|-----|---------|
| Section 8.2. | §438.408 | Internal Grievance Process Requirements | | |

| Section | 42 CFR | Subject | Met | Not Met |
|----------------|------------------------------|---|------|-----------|
| Section 8.2.1. | §438.402 (c) | Filing Requirements | ⊠Met | 🗆 Not Met |
| Section 8.2.2. | §438.408 (b)(1), (d)(1) | Timeframe for Resolution of Grievances | ⊠Met | 🗆 Not Met |
| Section 8.2.3. | §438.408 (c) | Timeframe for Extension of Resolution of Grievances | ⊠Met | 🗆 Not Met |
| Section 8.2.4. | §438.406 | Handling of Grievances | | |
| 8.2.4.1 | §438.406 (b)(1) | Written Acknowledgement | ⊠Met | 🗆 Not Met |
| 8.2.4.2 | §438.416 | Log of Grievances | ⊠Met | 🗆 Not Met |
| 8.2.4.3 | §438.402 (c)(3) | Oral or Written Grievances | ⊠Met | 🗆 Not Met |
| 8.2.4.4 | §438.406 (a) | Reasonable Assistance | ⊠Met | 🗆 Not Met |
| 8.2.4.5 | §438.406 (b)(2)(i) | Individual Making Decision | ⊠Met | 🗆 Not Met |
| 8.2.4.6 | §438.406 (b)(2)(ii) | Appropriate Clinical Expertise | ⊠Met | 🗆 Not Met |
| Section 8.2.5. | §438.408 (d)(1) | Notice of Disposition of a Grievance | | |
| 8.2.5.1 | §438.404 (b) §438.406 (a) | Oral Grievances | ⊠Met | 🗆 Not Met |
| 8.2.5.2 | §438.404 (a), (b) | Written Grievances | ⊠Met | 🗆 Not Met |

PRIMEWEST HEALTH QUALITY ASSURANCE EXAMINATION

DTR Notice of Action to Enrollees

| Section | 42 CFR | Subject | Met | Not Met |
|----------------|---|--|------|-----------|
| Section 8.3. | §438.10 §438.404 | DTR Notice of Action to Enrollees | | |
| Section 8.3.1. | §438.10(c), (d) §438.402(c) §438.404(b) | General Requirements | ⊠Met | 🛛 Not Met |
| Section 8.3.2 | §438.402 (c), §438.404 (b) | Content of DTR Notice of Action | □Met | 🛛 Not Met |
| 8.3.2.1 | §438.404 | Notice to Provider | | 🗆 Not Met |
| Section 8.3.3. | §438.404 (c) | Timing of DTR Notice | | |
| 8.3.3.1 | §431.211 | Previously Authorized Services | ⊠Met | 🗆 Not Met |
| 8.3.3.2 | §438.404 (c)(2) | Denials of Payment | | 🗆 Not Met |
| 8.3.3.3 | §438.210 (c)(d) | Standard Authorizations | | |
| (1) | | As expeditiously as the enrollee's health condition requires | ⊠Met | 🗌 Not Met |

| Section | 42 CFR | Subject | | Not Met |
|---------|---|---|------|-----------|
| (2) | | To the attending health care professional and hospital by telephone or fax within one working day after making the determination | ⊠Met | 🗆 Not Met |
| (3) | | To the provider, enrollee and hospital, in writing, and must include the process to initiate an appeal, within ten (10) business days following receipt of the request for the service, unless the MCO receives an extension of the resolution period | | 🗆 Not Met |
| 8.3.3.4 | §438.210 (d)(2)(i) | Expedited Authorizations | ⊠Met | 🗆 Not Met |
| 8.3.3.5 | §438.210 (d)(1) | Extensions of Time | | 🗆 Not Met |
| 8.3.3.6 | §438.210(d)(3) and 42 USC 1396r-8(d)(5) | Covered Outpatient Drug Decisions | ⊠Met | 🗆 Not Met |
| 8.3.3.7 | §438.210 (d)(1) | Delay in Authorizations | ⊠Met | 🗆 Not Met |

Finding: Content of DTR Notice of Action

<u>Sec. 8.3.2</u>. 42 CFR 438.404 (DHS Contract 8.3.2) outlines the contents of the Denial, Termination or Reduction (DTR) notice, which must include:

- First date of service, if the Action is for denial, in whole or in part, of payment for a service;
- Date the MCO received the request for Service Authorization if the Action is for a denial, limited authorization, termination or reduction of a requested service;
- Effective date of the Action if the DTR it results in a reduction or termination of ongoing or previously authorized services.

All MedImpact DTRs have incorrect dates recorded in the above categories. On the DTRs, for *First Date of Service*, the request date is listed; for *Date of Authorization Request*, the denial notification date is listed; for *Effective Date of Action*, the denial notification date is again listed.

The correct dates included in the DTRs would have been:

- *First Date of Service*, no date or not applicable since DTR is not for payment of a service;
- Date of Authorization Request, the date of the request should be listed;
- *Effective Date of Action*, not applicable since the DTR would not result in a reduction or termination of previously authorized medication or could include notification date.

PrimeWest must work with its delegate, MedImpact to ensure the correct dates are recorded on the DTR to provide accurate information to the enrollee. (Deficiency #2)

Internal Appeals Process Requirements

| Section | 42 CFR | Subject | Met | Not Met |
|--------------|----------|---------------------------------------|-----|---------|
| Section 8.4. | §438.404 | Internal Appeals Process Requirements | | |

PRIMEWEST HEALTH QUALITY ASSURANCE EXAMINATION

| Section | 42 CFR | Subject | Met | Not Met |
|-------------|-------------------------------------|---|------|-----------|
| Sec. 8.4.1. | §438.402 (b) | One Level Appeal | ⊠Met | 🗆 Not Met |
| Sec. 8.4.2. | §438.408 (b) | Filing Requirements | ⊠Met | 🗆 Not Met |
| Sec. 8.4.3. | §438.408 | Timeframe for Resolution of Appeals | | |
| 8.4.3.1 | §438.408 (b)(2) | Standard Appeals | ⊠Met | 🗆 Not Met |
| 8.4.3.2 | §438.408 (b)(3) | Expedited Appeals | ⊠Met | 🗆 Not Met |
| 8.4.3.3 | §438.408 (c)(3) | Deemed Exhaustion | ⊠Met | 🗆 Not Met |
| Sec. 8.4.4. | §438.408 (c) | Timeframe for Extension of Resolution of Appeals | ⊠Met | 🗆 Not Met |
| Sec. 8.4.5. | §438.406 | Handling of Appeals | | |
| 8.4.5.1 | §438.406 (b)(3) | Oral Inquiries | ⊠Met | 🗆 Not Met |
| 8.4.5.2 | §438.406 (b)(1) | Written Acknowledgment | ⊠Met | 🗆 Not Met |
| 8.4.5.3 | §438.406 (a) | Reasonable Assistance | ⊠Met | 🗆 Not Met |
| 8.4.5.4 | §438.406 (b)(2) | Individual Making Decision | ⊠Met | 🗆 Not Met |
| 8.4.5.5 | §438.406 (b)(2) | Appropriate Clinical Expertise (See Minnesota Statutes, sections 62M.06, and subd. 3(f) and 62M.09 | ⊠Met | 🗆 Not Met |
| 8.4.5.6 | §438.406 (b)(4) | Opportunity to Present Evidence | ⊠Met | 🗆 Not Met |
| 8.4.5.7 | §438.406 (b)(5) | Opportunity to Examine the Care File | ⊠Met | 🗆 Not Met |
| 8.4.5.8 | §438.406 (b)(6) | Parties to the Appeal | ⊠Met | 🗆 Not Met |
| 8.4.5.9 | §438.410 (b) | Prohibition of Punitive Action Subsequent Appeals | ⊠Met | 🗆 Not Met |
| Sec. 8.4.6. | | Subsequent Appeals | | |
| Sec. 8.4.7. | §438.408 (d)(2) | Notice of Resolution of Appeals | | |
| 8.4.7.1 | §438.408 (d)(2) | Written Notice Content | ⊠Met | 🗆 Not Met |
| 8.4.7.2 | §438.210 (c) | Appeals of UM Decisions | ⊠Met | 🗆 Not Met |
| 8.4.7.3 | §438.410 (c) and .408 (d)(2)(ii) | Telephone Notification of Expedited Appeals (Also see Minnesota Statutes section 62M.06, subd.2) | ⊠Met | 🗆 Not Met |
| Sec. 8.4.8. | §438.424 | Reversed Appeal Resolutions | ⊠Met | 🗆 Not Met |
| Sec. 8.5. | §438.420 (b) | Continuation of Benefits Pending Appeal or State Fair Hearing | ⊠Met | 🗆 Not Met |

Finding: Written Acknowledgment

<u>Sec. 8.4.5.</u>2 42 CFR 438.406 (b)(1)(DHS Contract 8.4.5.2) states the MCO must send a written acknowledgment within ten days of receiving the request for an Appeal and may combine it with the MCO's notice of resolution if a decision is made within the ten days.

In file review, PrimeWest had one file in which the acknowledgement letter took longer than ten days to generate (12 days).

State Fair Hearings

| Section | 42 CFR | Subject | Met | Not Met |
|--------------|--------------|---|------|-----------|
| Section 8.8. | §438.416 (c) | State Fair Hearings | | |
| Sec. 8.8.2. | §438.408 (f) | Standard Hearing Decisions | ⊠Met | 🗆 Not Met |
| Sec. 8.8.5. | §438.424 | Compliance with State Fair Hearing Resolution | ⊠Met | 🗆 Not Met |

IV. Access and Availability

Geographic Accessibility

Minnesota Statutes, Section 62D.124

| Subdivision | Subject | Met | Not Met |
|-------------|---|------|-----------|
| Subd. 1. | Primary Care, Mental Health Services, General Hospital Services | □Met | 🛛 Not Met |
| Subd. 2. | Other Health Services | ⊠Met | 🗆 Not Met |
| Subd. 3. | Exception | ⊠Met | 🗆 Not Met |

[Subd. 1 Minnesota Statutes, Section 62D.124, Subd. 1] See Mandatory Improvement #1 below

Essential Community Providers

Minnesota Statutes, Section 62Q.19

| Subdivision | Subject | Met | Not Met |
|-------------|---|------|-----------|
| Subd. 3. | Contract with Essential Community Providers | ⊠Met | 🗆 Not Met |

Availability and Accessibility

Minnesota Rules, Part 4685.1010

| Subparts | Subject | Met | Not Met |
|----------|---------------------------------------|------|-----------|
| Subp. 2. | Basic Services | □Met | 🛛 Not Met |
| Subp. 5. | Coordination of Care | ⊠Met | 🗆 Not Met |
| Subp. 6. | Timely Access to Health Care Services | ⊠Met | 🗆 Not Met |

Finding: Mental Health Services

<u>Subp. 2</u> Minnesota Rules, Part 4685.1010, Subp. 2, requires the health plan to have available appropriate and sufficient providers and resources to meet the needs of its enrollees and to develop written standards or guidelines that help assess the capacity and timeliness of services and providers in their network. Minnesota Statutes 62D.124, Subd. 1, requires the health plan to assess mental health providers at a 30 minute/30 mile standard. PrimeWest is assessing mental health providers correctly as was evident in the geo-access maps. However, in the 2019 Quality Assessment report the behavioral health access standard of within 60 minutes/60 miles was incorrectly used. In addition, in the 2018 Quality Assessment report, the standards used for

the types of providers more generally aren't prescriptive enough in the written summary making it unclear which providers were assessed at 60 min/60 miles or 30 min/30 miles without reading into the detailed summary that the reader has to piece together in their own reading.

Therefore, MDH finds that PrimeWest must specifically identify the standards used by provider types in accordance with Minnesota Rule requirements in the written summaries and analysis of network adequacy, and ensure they are applying the standards correctly in the analysis. (Mandatory Improvement #1)

Emergency Services

| Subdivision | Subject | Met | Not Met |
|-------------|------------------------------|------|-----------|
| Subd. 1. | Access to Emergency Services | ⊠Met | 🗆 Not Met |
| Subd. 2. | Emergency Medical Condition | ⊠Met | 🗆 Not Met |

Minnesota Statutes, Section 62Q.55

Licensure of Medical Directors

Minnesota Statutes, Section 62Q.121

| Section | Subject | Met | Not Met |
|----------|--------------------------------|------|-----------|
| 62Q.121. | Licensure of Medical Directors | ⊠Met | 🗆 Not Met |

Coverage of Nonformulary Drugs for Mental Illness and Emotional Disturbance

Minnesota Statutes, Section 62Q.527.

| Subdivision | Subject | Met | Not Met |
|-------------|--|------|-----------|
| Subd. 2. | Required Coverage for Anti-psychotic Drugs | ⊠Met | 🗆 Not Met |
| Subd. 3. | Continuing Care | ⊠Met | 🗆 Not Met |
| Subd. 4. | Exception to Formulary | ⊠Met | 🗆 Not Met |

Coverage for Court-Ordered Mental Health Services

Minnesota Statutes, Section 62Q.535

| Subdivision | Subject | Met | Not Met |
|-------------|-------------------|------|-----------|
| Subd. 2. | Coverage required | ⊠Met | 🗆 Not Met |

Continuity of Care

Minnesota Statutes, Section 62Q.56

| Subdivision | Subject | Met | Not Met | N/A |
|-------------|---|------|-----------|-------|
| Subd. 1. | Change in health care provider, general notification | ⊠Met | 🗆 Not Met | |
| Subd. 1a. | Change in health care provider, termination not for cause | ⊠Met | 🗆 Not Met | |
| Subd. 1b. | Change in health care provider, termination for cause | ⊠Met | 🗆 Not Met | |
| | Change in health plans (applies to group, continuation and conversion coverage) | ⊠Met | 🗆 Not Met | □ N/A |

V. Utilization Review

Consistent with Minnesota Statutes chapter 62M, MDH examined PrimeWest's utilization review (UR) system, including the review of 64 utilization review files.

| File Source | # Reviewed |
|-------------------------------|------------|
| MHCP-MC UM Denial Files (DTR) | |
| PrimeWest | 10 |
| MedImpact | 30 |
| Subtotal | 40 |
| Clinical Appeal Files | |
| PrimeWest | 15 |
| MedImpact | 9 |
| Subtotal | 24 |
| Total Files | 64 |

UR System File Review

Standards for Utilization Review Performance

Minnesota Statutes, Section 62M.04

| Subdivision | Subject | Met | Not Met |
|-------------|--|------|-----------|
| Subd. 1. | Responsibility on Obtaining Certification | ⊠Met | 🗆 Not Met |
| Subd. 2. | Information upon which Utilization Review is Conducted | ⊠Met | 🗆 Not Met |

Procedures for Review Determination

Minnesota Statutes, Section 62M.05

| Subdivision | Subject | Met | Not Met | NCQA |
|-------------|--|------|-----------|--------|
| Subd. 1. | Written Procedures | ⊠Met | 🗆 Not Met | |
| Subd. 2. | Concurrent Review | □Met | 🗆 Not Met | 🖾 NCQA |
| Subd. 3. | Notification of Determination | ⊠Met | 🗆 Not Met | |
| Subd. 3a. | Standard Review Determination | | | |
| (a) | Initial determination to certify or not (10 business days) | ⊠Met | 🗆 Not Met | □ NCQA |

PRIMEWEST HEALTH QUALITY ASSURANCE EXAMINATION

| Subdivision | Subject | Met | Not Met | NCQA |
|-------------|--|------|-----------|--------|
| (b) | Initial determination to certify (telephone notification) | ⊠Met | 🗆 Not Met | |
| (c) | Initial determination not to certify (notice within 1 working day) | ⊠Met | 🗆 Not Met | |
| (d) | Initial determination not to certify (notice of right to appeal) | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 3b. | Expedited Review Determination | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 4. | Failure to Provide Necessary Information | ⊠Met | 🗆 Not Met | |
| Subd. 5. | Notifications to Claims Administrator | ⊠Met | 🗆 Not Met | |

Appeals of Determinations Not to Certify

Minnesota Statutes, Section 62M.06

| Subdivision | Subject | Met | Not Met |
|-------------|--|------|-----------|
| Subd. 1. | Procedures for Appeal | ⊠Met | 🗆 Not Met |
| Subd. 2. | Expedited Appeal | ⊠Met | 🗆 Not Met |
| Subd. 3. | Standard Appeal | | |
| (a) | Procedures for appeals written and telephone | ⊠Met | 🗆 Not Met |
| (b) | Appeal resolution notice timeline | ⊠Met | 🗆 Not Met |
| (c) | Documentation requirements | ⊠Met | 🗆 Not Met |
| (d) | Review by a different physician | ⊠Met | 🗆 Not Met |
| (e) | Defined time period in which to file appeal | ⊠Met | 🗆 Not Met |
| (f) | Unsuccessful appeal to reverse determination | ⊠Met | 🗆 Not Met |
| (g) | Same or similar specialty review | ⊠Met | 🗆 Not Met |
| (h) | Notice of rights to external review | ⊠Met | 🗆 Not Met |
| Subd. 4. | Notifications to Claims Administrator | ⊠Met | 🗌 Not Met |

Confidentiality

Minnesota Statutes, Section 62M.08

| Subdivision | Subject | Met | Not Met |
|-------------|--|------|-----------|
| Subd. 1. | Written Procedures to Ensure Confidentiality | ⊠Met | □ Not Met |

Staff and Program Qualifications

| Subdivision | Subject | Met | Not Met | NCQA |
|-------------|--|------|-----------|--------|
| Subd. 1. | Staff Criteria | □Met | 🗆 Not Met | 🖾 NCQA |
| Subd. 2. | Licensure Requirements | □Met | 🗆 Not Met | 🖾 NCQA |
| Subd. 3. | Physician Reviewer Involvement | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 3a. | Mental Health and Substance Abuse Review | ⊠Met | 🗆 Not Met | |
| Subd. 4. | Dentist Plan Reviews | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 4a. | Chiropractic Reviews | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 5. | Written Clinical Criteria | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 6. | Physician Consultants | ⊠Met | 🗆 Not Met | 🗆 NCQA |
| Subd. 7. | Training for Program Staff | □Met | 🗆 Not Met | 🖾 NCQA |
| Subd. 8. | Quality Assessment Program | □Met | 🗆 Not Met | 🖾 NCQA |

Minnesota Statutes, Section 62M.09

Complaints to Commerce or Health

Minnesota Statutes, Section 62M.11

| Section | Subject | Met | Not Met |
|---------|----------------------------------|------|-----------|
| 62M.11. | Complaints to Commerce or Health | ⊠Met | 🗆 Not Met |

Prohibition of Inappropriate Incentives

Minnesota Statutes, Section 62M.12

| Se | ection | Subject | Met | Not Met | NCQA |
|----|--------|---|------|-----------|-------|
| 62 | M.12. | Prohibition of Inappropriate Incentives | □Met | 🗆 Not Met | ⊠NCQA |

VI. Summary of Findings

Recommendations

- 1. To better comply with Minnesota Rules 4685.1110, subpart. 2, PrimeWest should perform more robust reporting that includes tracking and trending by grievance categories for the purposes of identifying patterns and assessing trends over time.
- 2. To better comply with Minnesota Rules, part 4685.1110, subpart 13, PrimeWest should ensure in its selection of clinics for medical record review that there are a variety of clinics reviewed each year, not just the same top 20 clinics.

Mandatory Improvements

1. To comply with Minnesota Rules 4685.1010, subpart 2, PrimeWest must specifically identify the standards used by provider types in accordance with Minnesota Rule requirements in the written summaries and analysis of network adequacy, and ensure they are applying the standards correctly in the analysis.

Deficiencies

- 1. To comply with Minnesota Rules 4685.1110, subpart 2 and 3, PrimeWest must ensure the written quality assurance plan has been developed, reviewed, and approved by the Quality and Care Coordination Committee, its designated quality entity, prior to seeking review and approval from the Joint Powers Board.
- 2. To comply with 42 CFR 438.404 (DHS Contract 8.3.2), PrimeWest must work with its delegate, MedImpact, to ensure the correct dates are recorded on the Denial, Termination or Reduction (DTR) notice to provide accurate information to the enrollee.