

Health Information 2A – Postpartum – WINNIE Online Training Module

REVISED APRIL 2025

Introduction

Intro

This WINNIE online training module is provided by the Minnesota (MN) Department of Health WIC Program. It is an overview of the Health Information page for postpartum women in WINNIE, the MN WIC Information System.

Date

All dates in this module are based on today's date being April 16, 2024.

<Transition Slide>

Scenario

Scenario 1

Linna Ment is a pregnant participant and is being certified as breastfeeding today.

Her current cert was terminated for Failed to Pick-up.

Click on Ella's card.

<no audio> Click on Ella's card to view her details.

Scenario 2

As best practice, we have already prescreened her infant, Ella, before starting Linna's cert, and will be certifying her today as well.

Click on Clem's card to review his Show Details then double-click Linna's card to open her Participant Folder.

Scenario 3

<screen description – no audio> Clem is certified through 11/30/24, due for Mid-Certification Assessment on 5/3/24, and also terminated for Failed to Pick-up.

<no audio> Click on Clem's card to review his Show Details then double-click Linna's card to open her Participant Folder.

<Waiting>

<screen description – no audio> Working...Please Wait and spin icon display.

Health Information in the Participant Folder

Health Info PF 1

Go ahead and open the Health Information page.

<no audio> Select Health Information from the sidebar.

Health Info PF 2

<Waiting> <screen description – no audio> Spin icon displays.

Since she is currently certified as pregnant, only the Pregnancy tab displays with all fields disabled because her current cert was terminated.

We don't have to reinstate her to start the cert but let's see what happens to this page when we do.

Go ahead and reinstate her cert. Click anywhere for a hint.

<no audio> Reinstate Linna's cert. Click anywhere for a hint.

<audio – hint> Click the Participant Menu.

Reinstate 1

<no audio> Reinstate Linna's cert. Click anywhere for a hint.

<audio – hint> Select Reinstate Terminated Participant.

Reinstate 2

<no audio> Reinstate Linna's cert. Click anywhere for a hint.

<audio – hint> Click the Yes button.

<Waiting>

<screen description – no audio> Spin icon displays.

Health Info PF 3

All expected fields enable, and we can see that she has a couple of conditions toggled on.

Go ahead and collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> Click the Clinic Actions header in the sidebar.

Begin Certification

Begin Cert 1

<no audio> Collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> Select Begin Certification from the sidebar.

Begin Cert 2

<no audio> Collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> We would issue benefits at the end of the cert. Click the Yes button.

Begin Cert 3

<no audio> Collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> Click the dropdown.

Begin Cert 4

<no audio> Collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> Select Breastfeeding.

Begin Cert 5

<no audio> Collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> She was certified as pregnant so click the Yes button.

Begin Cert 6

<no audio> Collapse Clinic Actions then start her Breastfeeding certification. Click anywhere for a hint.

<audio – hint> Click the Continue button.

<Waiting>

<screen description – no audio> Spin icon displays.

MOM Policy

Policy 1

As mentioned in the Pregnancy module, per policy, we must complete measurements and bloodwork before completing Health Information.

<Transition Slide>

We're going to complete Demographics, Proofs, and Income on the backside.

<screen description – no audio> Slide transitions to complete Demographics, Proofs, and Income.

Measurements

Measurements 1

Open the Length/Height/Weight page.

<no audio> Select Length/Height/Weight from the sidebar.

<Waiting>

<screen description – no audio> Spin icon displays.

Measurements 2

Our co-worker weighed Linna and tested her hemoglobin, as well as weighed and measured her baby Ella today, and jotted the info down for us.

For Linna, since she is over 20 years old, we can use her previous height measurement of 66 and 7/8 inches.

Go ahead and add her height and weight.

<screen description – no audio> Sticky Note

Wt = 193 lbs 4 oz

Hgb = 11.5

Ht = 66 7/8

<no audio> Add her height and weight measurements.

Bloodwork

Bloodwork 1

Next, go ahead and add her Hemoglobin.

<screen description – no audio> Sticky Note

Wt = 193 lbs 4 oz

Hgb = 11.5

Ht = 66 7/8

<audio – hint> Select bloodwork from the sidebar.

Bloodwork 2

<no audio> Add her Hemoglobin.

Bloodwork 3

OK. Measurements and blood done.

We are now ready to complete Health Information.

Select Health Information from the sidebar.

Health Information in Certification Mode

<Waiting>

<screen description – no audio> Spin icon displays.

Postpartum 1

When we started this postpartum cert...

<screen description – no audio> Slide transitions back to the Begin Certification message.

Postpartum 2

...we answered Yes to the question: Was this participant active in your WIC program during her most recent pregnancy?

When we select Yes, the system verifies there is a valid pregnancy record...

Postpartum 3

...and links this new postpartum record to her most recent pregnancy record, displaying a Pregnancy tab and toggling on Enrolled in WIC During Most Recent Pregnancy.

Go ahead and click the Pregnancy tab.

Postpartum 4

The same disabled information we just reviewed in the Participant Folder displays.

Go back to the Postpartum tab.

<no audio> Click the Postpartum tab.

Postpartum 5

The Health Information page helps identify conditions and risks associated with general health and being postpartum, many of which are linked to the assignment of a risk factor.

Instructions

There are a lot of fields on the Health Information page to review and we're going to do it a little differently.

You can choose your own learning style (audio, visual, or both) and go at your own pace.

Hover over the colored box to display an abbreviated version of the audio file that plays when you click it.

Both the visual and audio provide a description of the field or toggle.

You can stop the audio by clicking another box to start its audio or clicking the STOP AUDIO button.

Click the Continue button when ready to move to the next row or card.

Go ahead and click the Continue button to begin.

Postpartum Info 1

Expected Delivery Date

The Expected Delivery Date is required.

It automatically populates from the linked pregnancy record.

When entered for women who didn't participate in WIC during their pregnancy, WINNIE automatically subtracts 280 days, calculating and populating the LMP Start Date.

The date cannot be more than 420 days before today's date or more than 280 days into the future.

LMP Start Date

The LMP Start Date is required and automatically populates from the linked pregnancy record.

When entered for women who didn't participate in WIC during their pregnancy, WINNIE adds 280 days, calculating and populating the Expected Delivery Date.

The date cannot be more than 280 days into the future or more than 670 days in the past.

Actual Delivery Date

The Actual Delivery Date is required.

Once entered, the Infants Born from This Pregnancy button becomes enabled.

It must be on or before today's date and cannot be more than 395 days in the past.

For any type of fetal loss, we should enter the date the loss occurred as the Actual Delivery Date.

Hospital Discharge Date

MN WIC does not collect the Hospital Discharge Date.

Birth Facility

MN WIC does not collect the Birth Facility.

Postpartum Info 2

Weight Gained During Pregnancy

The Weight Gained During Pregnancy is required.

Once entered, if there is a linked pregnancy record, the Weight Gained During Pregnancy is added to the previously collected Pre-Pregnancy Weight and the sum is inserted into the Weight at Delivery field.

The Pre-Pregnancy BMI is also populated.

If she didn't participate in WIC during her pregnancy, WINNIE uses the Weight Gained During Pregnancy to calculate her Pre-Pregnancy Weight and Pre-Pregnancy BMI.

The field allows up to 3 characters, including a hyphen for negative values and 2 numbers.

Values must be between -97 and 97 (inclusive).

The system assigns risk factor 133 – High Maternal Weight Gain if the weight gain exceeds defined limits based on their pre-pregnancy BMI. (Refer to MOM, Exhibit 5-T for these values.)

Weight at Delivery

The Weight at Delivery is required.

For women with a linked pregnancy record, it defaults to the sum of the Weight Gained During Pregnancy and the Pre-Pregnancy Weight collected during the pregnancy cert.

If the Weight at Delivery is entered **before** the Weight Gained During Pregnancy, that value is auto-calculated by subtracting the Pre-Pregnancy Weight from the Weight at Delivery.

For those with only a postpartum record, the system uses the Weight at Delivery to calculate the Pre-Pregnancy Weight and the Pre-Pregnancy BMI.

The field has a limit of 3 numbers and must be between 50 and 499 (inclusive).

Pre-Pregnancy BMI

The Pre-Pregnancy BMI is read-only and calculated using the most recent height measurement and the Pre-Pregnancy Weight for women with a linked pregnancy record.

If she only has a postpartum record, the system calculates the Pre-Pregnancy Weight by subtracting the Weight Gained During Pregnancy from the Weight at Delivery.

It then uses this value along with the most recent height measurement to calculate the Pre-Pregnancy BMI.

The system assigns risk factor 101 – Underweight (Women) to postpartum women less than 6 months postpartum if their Pre-Pregnancy BMI is less than 18.5.

It also assigns risk factor 133 – High Maternal Weight Gain if the weight gain exceeds defined limits based on their pre-pregnancy BMI. (Refer to MOM, Exhibit 5-T for these values.)

The system also assigns risk factor 114 – Overweight or at Risk of Overweight (Infants and Children) to her two-way linked infant if the Pre-Pregnancy BMI is greater than or equal to 30.

Prenatal Care Start Date

The Prenatal Care Start Date is required.

It is default populated with the date from the pregnancy record and disabled if Has Not Received Prenatal Care was toggled on.

The month must be between the LMP Start Date and the Actual Delivery Date and can be the same month as the LMP.

Has Not Received Prenatal Care

If Has Not Received Prenatal Care is toggled on, the Prenatal Care Start Date is disabled even if a date has already been entered or if auto-populated from the pregnancy record.

Postpartum Info 3

C-Section Delivery

If we toggle on C-Section Delivery, the system assigns risk factor 359 – Recent Major Surgery, Trauma, Burns.

Diabetes Mellitus

Toggling on Diabetes Mellitus indicates the participant has been diagnosed or has self-reported having this medical condition.

The system assigns risk factor 343 – Diabetes Mellitus.

This will automatically toggle on if it has been toggled on for a previous certification.

Hypertension or Pre-Hypertension

Toggling on Hypertension or Pre-Hypertension indicates the participant has been diagnosed or has self-reported having this medical condition.

WINNIE assigns risk factor 345 – Hypertension and Pre-hypertension, which includes chronic and pregnancy-induced.

This will automatically toggle on if it has been toggled on for a previous certification.

Enrolled in WIC During Most Recent Pregnancy

Enrolled in WIC During Most Recent Pregnancy is automatically toggled on if the participant has a linked pregnancy record.

It has no other function.

Postpartum Info 4

Food Package III

Toggle on Food Package III to indicate the participant is receiving medically prescribed formula and/or alternative foods due to having a qualifying medical condition supported by a prescription from their health care provider.

If toggled on for the pregnancy cert, it will continue to be toggled on for the postpartum cert.

When toggled on, the Food Package III Verified Date becomes enabled.

Any participant with Food Package III toggled on must be assigned High Risk. If they aren't assigned High Risk by the system, we must CPA-assign high risk.

Food Package III Verified Date

The Food Package III Verified Date is required when enabled.

It must be the same as the current date.

If the date is before today, a validation requiring the date be today's date displays if the participant continues to receive Food Package III and any changes are made to Health Information or we attempt to issue benefits.

Infants Born

We will look at the Infants Born from This Pregnancy button in the next module.

Most Recent Pregnancy History 1

Low Birth Weight

Toggle on Low Birth Weight to indicate her most recently born infant weighed less than or equal to 5 pounds 8 ounces at birth.

WINNIE will assign risk factor 312 – History of Low Birth Weight.

The system will assess the infant's birth weight once two-way linked and assign risk factor 312 if the infant's birth weight is less than or equal to 5 pounds 8 ounces, regardless of whether we toggle Low Birth Weight on.

We need to note that if risk factor 312 is assigned based on the infant's weight instead of the toggle, the system will NOT turn the toggle on. It will continue to display as toggled off for this certification.

Preterm or Early Term Delivery

Toggle on Preterm or Early Term Delivery to indicate the participant gave birth before 39 weeks gestation (early gestation is 37 or 38 weeks, preterm is less than 37 weeks).

The system will assign risk factor 311 – History of Preterm or Early Term Delivery.

The system does not assess the number of weeks gestation even once the infant is two-way linked. Risk Factor 311 is only assigned based on this toggle.

Multi-Fetal Gestation

Toggling on Multi-Fetal Gestation indicates the participant was pregnant with more than one fetus during her most recent pregnancy.

If she has a linked pregnancy record and Expecting Multiple Births was toggled on for that cert, the system will automatically toggle it on for the postpartum cert.

The system will assign risk factor 335 – Multi-fetal Gestation.

Assignment of this risk factor to postpartum women does **not** impact the food package like it does with pregnant women.

Fetal or Neonatal Loss or 2 or More Spontaneous Abortions

Toggle on Fetal or Neonatal Loss or 2 or More Spontaneous Abortions to indicate her most recent pregnancy ended in a spontaneous termination of a gestation at less than 20 weeks or < 500 grams (spontaneous abortion), or greater than or equal to 20 weeks (fetal death) or if her baby died within 0-28 days of life (neonatal death).

WINNIE will assign risk factor 321 – History of Spontaneous Abortion, Fetal, or Neonatal Loss.

Live Birth Within 18 Months Toggle

We should toggle on Live Birth Within 18 Months if we've determined that the participant has had a live birth within 18 months of the LMP Start Date.

If she has a linked pregnancy record and the Live Birth Within 18 Months in the Previous Pregnancy card was toggled on for that cert, the system will automatically toggle it on for the postpartum cert.

The system will assign risk factor 332 – Short Interpregnancy Interval when toggled on.

Any History Of

Any History Of

For women who have participated in WIC before, if either of these conditions In the Any History Of card have been toggled on during a previous certification, they will be automatically toggled on for this cert.

Gestational Diabetes

Toggle on Gestational Diabetes to indicate the participant was diagnosed or has self-reported having this condition during any of her pregnancies.

The system will assign risk factor 303 – History of Gestational Diabetes.

Preeclampsia

Toggle on Preeclampsia to indicate the participant was diagnosed or has self-reported having this condition during any of her pregnancies.

The system will assign risk factor 304 – History of Preeclampsia.

Postpartum Info 5

Click below the scroll bar.

Postpartum Information 6

Alcoholic Drinks Per Week, Household Nicotine/Tobacco Use and the Nicotine/Tobacco Use Per Day cards work like the Pregnancy tab. Continue reviewing at your own pace.

Alcoholic Drinks Per Week

Last Three Months of Pregnancy (Alcoholic Drinks)

The Last Three Months of Pregnancy field is required.

We should enter the number of alcoholic drinks (wine, beer, hard liquor, liqueurs) drunk per week during the last three months of the participant's pregnancy.

It is disabled and displays either 98 if Refused to Answer is toggled on or disabled and displays 99 if Unknown is toggled on.

The field has a limit of 2 numbers.

Refused to Answer (Last Three Months)

Toggle on Refused to Answer to indicate the participant is unwilling to tell us whether they drank any alcohol during the last three months of their pregnancy.

Toggling on disables the Unknown toggle to its right and the Last Three Months of Pregnancy field, which auto populates with a value of 98.

Unknown (Last Three Months)

Toggle on Unknown to indicate the participant is unable to answer whether they drank any alcohol during the last three months of their pregnancy (ex: language barrier).

Toggling on disables the Refused to Answer toggle to its left and the Last Three Months of Pregnancy field, which auto populates with a value of 99.

At Time of Certification

The At Time of Certification field is required.

It is disabled if either Refused to Answer or Unknown is toggled on and displays either 98 or 99 respectively.

The field has a limit of two numbers.

The system does **not** assign risk factor 372 – Alcohol and Substance Use even if a number greater than 8 (defined in the criteria as high-risk drinking) is entered.

Refused to Answer (At Time of Cert)

Toggle on Refused to Answer to indicate the participant is unwilling to tell us whether they are currently drinking any alcohol.

Toggling on disables the Unknown toggle to its right and the At Time of Certification field, which auto populates with a value of 98.

Unknown (At Time of Cert)

Toggle on Unknown to indicate the participant is unable to answer whether they are currently drinking any alcohol (ex: language barrier).

Toggling on disables the Refused to Answer toggle to its left and the At Time of Certification field, which auto populates with a value of 99.

Household Nicotine/Tobacco Use

Household 1

The Environmental Tobacco Smoke Exposure dropdown is required.

Select Yes or No to indicate whether the family is exposed to secondhand smoke from tobacco products inside enclosed areas, like a home, childcare, car, etc. This includes exposure to vaping aerosol.

Select Unknown if the participant won't answer or is unable to answer the question.

When we select Yes, the system assigns risk factor 904 – Exposure to Environmental Tobacco Smoke for our participant **and** all currently certified household members.

The dropdown works the same for all participants. If answered for any household member at a previous certification, the answer default populates for other members when next certified.

Since this can change, best practice is to reassess as appropriate when certifying. If we change the answer, the new answer displays for all currently certified household members.

Nicotine/Tobacco Use Per Day

Nicotine/Tobacco Use Per Day

The Nicotine/Tobacco Use Per Day card has two purposes: assess how many cigarettes were smoked per day in the third trimester and how many she is smoking now, and to assess the use of any other nicotine-containing or tobacco products.

Last Three Months of Pregnancy

The Last Three Months of Pregnancy field is required.

It is disabled if either Refused to Answer or Unknown is toggled on and displays either 98 or 99 respectively.

The system compares this number and the At Time of Certification number to automatically select a Smoking Change.

The field has a limit of two numbers.

Entering a number between 0 and 96 (inclusive) indicates these are the number of cigarettes smoked per day during the last three months of her most recent pregnancy.

We can enter 97 to indicate the participant smoked more than 96 cigarettes in one day during that same time period.

Refused to Answer (Last Three Months)

Toggle on Refused to Answer to indicate the participant is unwilling to tell us whether they smoked cigarettes during the last three months of their pregnancy.

Toggling on disables the Unknown toggle to its right and the Last Three Months of Pregnancy field, which auto populates with a value of 98.

It also results in the system auto-selecting Unknown or Refused to Answer for the Smoking Change.

Unknown (Last Three Months)

Toggle on Unknown to indicate the participant is unable to answer whether they smoked cigarettes during the last three months of their pregnancy (ex: language barrier).

Toggling on disables the Refused to Answer toggle to its left and the Last Three Months of Pregnancy field, which auto populates with a value of 99.

It also results in the system auto-selecting Unknown or Refused to Answer for the Smoking Change.

At Time of Certification

The At Time of Certification field is required.

It is disabled if either Refused to Answer or Unknown is toggled on and displays either 98 or 99 respectively.

The system compares the Last Three Months of Pregnancy and this number to automatically select a Smoking Change.

The field has a limit of two numbers.

Entering a number between 0 and 96 (inclusive) indicates these are the current number of cigarettes smoked per day.

We can enter 97 to indicate the participant is currently smoking more than 96 cigarettes in one day.

If we enter a value of 1 or more, the system assigns risk factor 371 – Nicotine and Tobacco Use.

Refused to Answer (At Time of Cert)

Toggle on Refused to Answer to indicate the participant is unwilling to tell us whether they are currently smoking cigarettes.

Toggling on disables the Unknown toggle to its right and the At Time of Certification field, which auto populates with a value of 98.

It also results in the system auto-selecting Unknown or Refused to Answer for the Smoking Change.

Unknown (At Time of Cert)

Toggle on Unknown to indicate the participant is unable to answer whether they are currently smoking cigarettes (ex: language barrier).

Toggling on disables the Refused to Answer toggle to its left and the At Time of Certification, which auto populates with a value of 99.

It also results in the system auto-selecting Unknown or Refused to Answer for the Smoking Change.

Smoking Change

For the Smoking Change dropdown, the system can assess for **almost** all of the options: does not smoke, stopped, decreased, still smoking, increased, started, and unknown or refused.

The only option it cannot assess is “Tried to Stop or Decrease, But Failed”, which we should select if she tried to cut back but is still smoking the same amount.

Other Nicotine Product Usage

Toggle on Other Nicotine Product Usage to indicate use of any products that contain tobacco and/or nicotine including, but not limited to, cigarettes, pipes, cigars, e-cigs, vapes, hookahs, smokeless tobacco (chew, snuff, and dissolvable), as well as nicotine replacements such as gum and patches.

When toggled on, the system assigns Risk Factor 371 – Nicotine and Tobacco Use.

Health Info Cert 1

If a condition is toggled on and the system assigns a risk factor, if we toggle it off, the system will resolve the risk factor.

In the next module, we'll complete the fields we just learned about and take a look at the Infants Born from This Pregnancy button.

Click the button to continue.

Knowledge Test

True/False Q#1

True or False?

Entering 97 into either Cigarette Usage field means they smoke exactly 97 cigarettes per day.

Answer #1

The answer is False.

Entering 97 indicates they smoked more than 96 cigarettes per day. Entering 97 means “97 or more”.

True/False Q#2

True or False?

The Pre-Pregnancy BMI cannot be calculated unless the participant has a linked pregnancy record.

Answer #2

The answer is False.

If the participant only has a postpartum record, the system calculates the Pre-Pregnancy Weight by subtracting the Weight Gained During Delivery from the Weight at Delivery then uses this value along with the most recent height measurement to calculate the Pre-Pregnancy BMI.

Multiple Choice Q#3

Which statement is false?

- A. MN WIC does not collect either the Hospital Discharge Date or the Birth Facility.
- B. If a fetal loss has occurred, we are not required to enter an Actual Delivery Date.
- C. The Pre-Pregnancy BMI is read-only and calculated using the most recent height measurement and the Pre-Pregnancy Weight.
- D. If the system assigns Risk Factor 312 – History of Low Birth Weight based on assessing the infant’s birth weight, it will **not** toggle on the corresponding Low Birth Weight toggle in Health Information.
- E. The system does not assess the number of weeks gestation, even once the infant is two-way linked. Risk Factor 311 – History of Preterm or Early Term Delivery is only system-assigned based on the corresponding toggle in Health Information.

Answer #3

The answer is B.

If fetal loss occurs, we are still required to complete the Actual Delivery Date field. We should enter the date of the loss as the Actual Delivery Date.

End

End Slide

Thank you for reviewing this WINNIE online training module presented by the Minnesota Department of Health WIC Program.

If you have any feedback, comments, or questions about the information provided, please submit the [WINNIE Questions for the State WIC Office](#) form.

Revisions

- April 2025 – Release 3.4.1: changes to Health Information (revised Household Nicotine/Tobacco Use and Nicotine/Tobacco Use Per Day cards).

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