Month dd, yyyy

Dear Parent/guardian,

Thank you for allowing us to be a part of your child’s care.

We care about your child as they grow into and through adolescence. During this time, it is important they have a health care provider they trust and can talk to. Because of this we give your child time alone with their health care provider starting at age 11. This gives them time to ask questions and to learn how to take charge of their own health care. It also helps the health care provider learn more about your child’s health.

The health care provider may talk with your child about how school is going, goals for the future, friendships or romantic relationships, stress and mental health, sex, drugs, or identity. Your child has the right to confidential care for some parts of their health. Minnesota state law says that youth under 18 years old can consent by themselves for services and test results related to sexual health and drug use. We only share information on these topics with you if your child asks us to, or if we have concerns about your child’s health and safety. The health care provider also encourages your child to talk to you.

The health care provider may also offer you private time to answer questions you might have.

Please share any concerns or questions with us.

In partnership,

Provider’s/clinic name  
Clinic  
Address  
###-###-####   
(optional) Author’s contact information  
[Clinic](http://www.health.state.mn.us/) website