

# Developmental and Mental Health Screening Instruments for Child and Teen Checkups (C&TC) Visits in Minnesota

This table lists validated parent- or self-report developmental and social-emotional or mental health screening instruments recommended for C&TC visits in primary care clinics. Download this document with active hyperlinks: [www.health.state.mn.us/docs/people/childrenyouth/ctc/mhscreen.pdf](http://www.health.state.mn.us/docs/people/childrenyouth/ctc/mhscreen.pdf).

For **developmental and social-emotional screening recommendations for birth-5 years of age** refer to [Developmental and social-emotional screening of young children \(0-5 years of age\) in Minnesota](#). **Referral resources:** For *developmental* concerns, make a referral directly to the local school district or via [www.HelpMeGrowMN.org](http://www.HelpMeGrowMN.org) to determine eligibility for early childhood special education services. For *social-emotional or behavioral* concerns, add a referral to an early childhood mental health professional. A map and list of [statewide agencies](#) is available on the Minnesota Department of Human Services (DHS) [Early Childhood Mental Health System of Care website](#).

For **autism-specific screening**, refer to American Academy of Pediatrics recommendations, including the [Modified Checklist for Autism in Toddlers, Revised with Follow-up \(M-CHAT-R/F\)](#), available online.

For **mental health screening for 6-20 years of age**, refer to the list of all recommended [mental health screening instruments](#) and a [table](#) with more detailed psychometric information. **Referral resources:** a map and list of [school-linked mental health agencies](#) across Minnesota is available on the DHS [school-linked mental health services website](#). Schedule free phone consultation at [www.mnpsychconsult.com](http://www.mnpsychconsult.com) and find more referral options for mental health or substance use services on [www.fast-trackermn.org](http://www.fast-trackermn.org).

For **postpartum screening recommendations** for the infant's C&TC visit, refer to the related [C&TC fact sheet](#) and [Perinatal Mental Health – Information for Health Professionals](#).

Instrument title	Screens for	0-5 years	6-11 years	12-20 years	Postpartum
<a href="#">Ages and Stages Questionnaires, 3<sup>rd</sup> ed. (ASQ-3)</a>	General development	Yes			
<a href="#">Parents' Evaluation of Developmental Status (PEDS)</a>	General development	Yes	6-7 yrs		
<a href="#">Ages and Stages Questionnaires: Social-Emotional, 2<sup>nd</sup> ed. (ASQ:SE-2)</a>	Social-emotional development	Yes			
<a href="#">Pediatric Symptom Checklist 35 items (PSC) or Youth Self-Report 35 items (PSC-Y)</a>	General mental health	PSC: 4-5 yrs	PSC: 6-11 yrs PSC-Y: 11 yrs	PSC and PSC-Y: 12-16 yrs	
<a href="#">Pediatric Symptom Checklist 17 items (PSC-17):</a> parent report only (youth report is not validated)	General mental health	4-5 yrs	Yes	12-16 yrs	
<a href="#">Global Appraisal of Individual Needs (GAIN-SS)</a>	General mental health and substance use			12 yrs and older	
<a href="#">Beck Depression Inventory II (BDI-II)</a>	Depression			13 yrs and older	Yes
<a href="#">Children's Depression Inventory II (CDI-2)</a>	Depression		7-17 yrs	7-17 yrs	
<a href="#">Kutcher Adolescent Depression Scale (KADS)</a>	Depression			12-17 yrs	
<a href="#">Patient Health Questionnaire (PHQ-9)</a>	Depression			13 yrs and older	Yes
<a href="#">Patient Health Questionnaire (PHQ-9) - Modified for Teens</a>	Depression			12-18 yrs	Yes, in age range
<a href="#">Patient Health Questionnaire (PHQ-2)</a>	Major depression			12 yrs and older	
<a href="#">Edinburgh Postnatal Depression Scale (Edinburgh or EPDS)</a>	Depression				Yes

Updated 2/2019. The C&TC program is administered through a partnership between the Minnesota Department of Human Services and the Minnesota Department of Health. For more information or a different format, call 651-201-3760 or email [health.childteencheckups@state.mn.us](mailto:health.childteencheckups@state.mn.us).