



# TAKE CHARGE OF YOUR SEXUAL HEALTH

Help for when you need to talk with your partner.

staySTIaware

## Telling your partner

Telling a partner may not be easy, but it's important that you do. Untreated STIs can cause serious permanent damage. Many STIs have no symptoms, so the only way to know is to get tested. Informing your partners gives them the opportunity to get immediate screening and treatment.



## How we can help

We'll work with you so that your partners can be informed in a sensitive and private way. There are a number of ways for this to happen.

### *We can do it for you*

A Partner Services Health Representative can take information from you about your partners. We will then discreetly get in touch with your partners and let them know of their exposure—without saying anything about you—and refer them to testing and other services they may need.

### *We can help you do it*

A Partner Services Health Representative can help you prepare to tell your partners of their possible exposure. We will also offer support and information, including referrals for testing and other services that your partners may need.

### *We can do it with you*

You can choose to talk with your partners along with a Partner Services Health Representative who will provide support and answer any questions and concerns your partners may have.

### *You can combine these options*

A Partner Services Health Representative will work with you to tell as many different partners as you want, in any combination of these ways.

## Partner Services will:

- Protect your privacy, identity, and personal information.
- Be there to answer questions and offer options.
- Offer medical referrals and other available resources.



[health.mn.gov/STIaware](https://health.mn.gov/STIaware)

**Call the Partner Services Program at 651-201-5414**