



# Qhia Qhov Tseeb Txog Tej Yam Dag Ntawm Koob Tshuaj COVID-19

Muaj coob leej ntau tus muaj lus nug thiab kev txhawj xeeb txog tej koob tshuaj COVID-19. Yeej tsis ua cas. Daim ntawv no yuav qhia koj qhov tseeb txog cov koob tshuaj COVID-19.

## ✓ Yeej ua raws li txhua them kev nyab xeeb los tsim koob tshuaj COVID-19.

Tau tsim koob tshuaj COVID-19 raws li tej txheej txheem kev nyab xeeb thiab kev kawm raws li kev tsim lwm koob tshuaj thiab. Cov kws tshawb fawb kev kho mob tsim koob tshuaj no tau sai heev vim lawv twb kawm ntau xyoo ntsig txog koob tshuaj no yav tag los lawm thiab peev nyiaj pab los ntawm tsoom fww.

## ✓ Cov koob tshuaj COVID-19 txhaj tau rau txhua tus uas nyob rau pab pawg hnuv nyoog uas tau kev pom zoo mus txhaj.

Tagnrho cov koob tshuaj COVID-19 tau muab sim txhaj rau txhiab phav tus neeg uas muaj hnuv nyoog sib txawv, tawv nqaij, thiab txawv haiv neeg los sim txhaj koob tshuaj no kom thiaj li paub tseeb seb puas nyab xeeb siv thiab ua tau haujlwm zoo.

## ✓ Koob tshuaj COVID-19 yog dawb xwb.

Tab txawm koj muaj ntawv pov hwm lossis tsis muaj lossis koj ntaub ntawv nyob tebchaws no yog li cas los xij, yuav tsis rub nqi rau koj them.

## ✓ Cov koob tshuaj COVID-19 yuav tsis hloov koj li roj ntsha DNA.

Cov koob tshuaj COVID-19 Pfizer thiab Moderna muaj tus mRNA (messenger RNA) nyob rau hauv thiab nws yuav hloov lossis kho tsis tau ib tug neeg twg li roj ntsha (DNA), vim nws twb tsis nkag mus rau hauv nruab nrab cov keeb (cells), uas yog qhov chaw tsim DNA. Tom qab tus mRNA no ua tiav nws li haujlwm lawm, lub cev yuav muab nws rhuav tshem.

## ✓ Koob tshuaj COVID-19 Johnson & Johnson tsis muaj tej menyuam xeeb hauv plab cov tsig nqaij nyob rau hauv.

Tsim koob tshuaj no los ntawm siv ib tug vais lav (virus) khaub thuas uas tsis ua tau mob rau leejtwg lawm, hu ua as viv naum vais lav (advenovirus). Tau muab tus vais lav khaub thuas no yug loj hlob rau ntawm tej keeb menyuam mos xeeb hauv plab (fetal cells) uas cov kws tsim koob tshuaj no tau khaws tseg ntau xyoo dhau los lawm. Tau muaj ntau pab pawg ntseeg thiab koom haum saib xyuas kev ncaj ncees ntawm kev kho mob qhia hais tias tibneeg yeej mus txhaj tau koob tshuaj no yog tias tsis muaj lwm koob tshuaj mus txhaj ntxiv lawm.

## ✓ Cov koob tshuaj COVID-19 tsis muaj tej npib me me nyob rau hauv.

Tej koob tshuaj COVID-19 tsis muaj tej npib me me (microchips) nyob rau hauv los txhaj rau tibneeg kom thiaj soj qab taug lw tau lawv.

## ✓ Cov koob tshuaj COVID-19 tsis muaj tej tshuaj ntxiv rau kom kav ntev, qe, lossis nqaij npuas nyob rau hauv.

Cov koob tshuaj COVID-19 tsis muaj: kua roj hmab (latex), tshuaj kav ntev; lossis tej khoom los ntawm tsiaj, xws li nqaij npuas lossis kua npluam (gelatin). Tsis tau muab tej koob tshuaj no mus yug loj hlob los ntawm qe thiab tsis muaj tej yam khoom qe nyob rau hauv.

## ✓ Cov tibneeg cev xeeb menyuam mus txhaj tau koob tshuaj.

Tej ntaub ntawv tshawb fawb tam sim no qhia tias cov koob tshuaj COVID-19 yuav tsis mus cuam tshuam tus menyuam xeeb hauv plab lossis ua rau poob menyuam tau. Peb xav txhawb kom txhua tus neeg uas cev xeeb menyuam mus tham nrog lawv tus kws kho mob txog koob tshuaj no kom thiaj li nkag siab qhov zoo qhov phem ntawm kev txhaj tshuaj.



## Tseem kawm ntxiv

Thaum peb kawm ntxiv txog koob tshuaj COVID-19, kuj yuav muaj ntaub ntawv tshiab lossis tej txheem lus tshiab uas yuav qhia tawm thiab, tiamsis tsis yog txhais tau tias koj yuav ncuaj sijhawm tsis mus txhaj koob tshuaj uas pab cawm tau tibneeg txojtsia.

### ✓ Cov koob tshuaj COVID-19 yuav tsis ua rau ib tug neeg twg xeeb tsis tau menyuam.

Yog tias koj xav muaj menyuam rau yav tom ntej, koj yeej txhaj tau koob tshuaj COVID-19. Yeej tsis tau muaj pov thawj pom tias koob tshuaj no yuav rau lub cev xeeb tsis tau menyuam.

### ✓ Mus txhaj koob tshuaj tab txawm tias koj twb mob COVID-19 dua los lawm.

Peb tsis paub tias qhov koj thev mob tsis taus COVID-19 yuav kav ntev npaum cas vim koj twb mob dua los lawm, thiab peb tsis paub seb qhov koj mob li cas yuav ua rau koj thev taus rau lwm zaus. Peb kuj tsis tau paub seb cov kab mob tshiab no yuav mus raug cov tibneeg uas mob COVID-19 dua los lawm yuav zoo li cas.

### ✓ Koj kis mob COVID-19 tsis tau los ntawm koob tshuaj.

Tej koob tshuaj no tsis muaj tus kab mob COVID-19 nyob rau hauv.

### ✓ Tej yam mob tom qab txhaj tshuaj tag yeej tsis ua cas.

Tej yam mob tom qab txhaj tshuaj tag tsis npaum li koj mob COVID-19. Yuav mob, o, lossis liab ntawm qhov chaw hno koob; mob taub hau; mob ib ce; nkees nkees; thiab ua npaws mentsis yog txhais tau tias koj lub cev pib txais koob tshuaj lawm zuj zus. Yuav hnob mob li no rau ntawm 1-2 hnub. Nws kuj tsis ua cas yog koj tsis hnob mob tom qab dabtsi. Nyias ib leeg yuav txawv nyias.

### ✓ Yam tiv thaiv koj los ntawm koob tshuaj yuav zoo tshaj tej kev phom sij ntawm tej kev txhawj xeeb.

Tau pom muaj xov xwm ntsig txog muaj ntshav khov los ntawm txhaj koob tshuaj Johnson & Johnson vaccine lossis mob o leeg nqaij hauv plawv (myocarditis) thiab mob o ntug plawv (pericarditis) tom qab txhaj koob tshuaj mRNA (Pfizer lossis Moderna), tiamsis nco ntsoov tias tej yam mob no tsuas tshwm sim tsawg tsawg zaus xwb thiab yeej kho tau. Tej koob tshuaj COVID-19 yeej nyab xeeb siv tau. Kev paub txog tej yam mob no thiab yuav kho li cas yog ib yam qhia tau tias peb txoj kev soj qab taug koob tshuaj no yeej ua haujlwm zoo

### ✓ Koob tshuaj zoo tshaj rau koj yog thawj koob tshuaj uas muaj rau koj.

Txhua koob tshuaj COVID-19 yeej ua haujlwm zoo los pab tiv thaiv kom tsis txhob mob hnyav thiab tuag tau los ntawm tus kab mob COVID-19. Tagrho cov koob tshuaj no yeej muaj pov thawj tiv thaiv tau cov kab mob tawm tshiab.

Mus kawm paub ntxiv ntawm [Qhia Txog Koob Tshuaj COVID-19 \(www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html\)](https://www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html)



[mn.gov/vaccine](https://mn.gov/vaccine)