

COVID-19 Tshuaj Tiv Thaiv COVID-19 rau Cov Hluas Uas Yuav Tsum Tau Muaj Kev Pab Tshwj Xeeb lossis Xiam Oos Khab: Ntaub Ntawv rau Cov Neeg Saib Xyuas

Koom Haum American Academy of Pediatrics (AAP) tau pom zoo kom txhua txhua tus neeg hnuv nyoog 6 hli rov saud txhaj tshuaj tiv thaiv COVID-19 kom puv raws sijhawm. Tshuaj tiv thaiv COVID-19 tseem ceeb heev rau cov menyuam hnuv nyoog yau dua 2 xyoos uas muaj mob nkeeg ntev, lub cev tsis muaj zog tiv thaiv kab mob, tau mus pw nyob ntev tom tsev kho mob lossis tom lwm cov chaw saib xyuas, los yog cov uas tsis tau txhaj tshuaj tiv thaiv COVID-19 dua li.

Vim cov menyuam yaus thiab menyuam hluas uas yuav tsum tau saib xyuas tshwj xeeb lossis xiam oos khab muaj feem ntau dua yuav mob tau hnyav los ntawm COVID-19, thiaj tau pom zoo heev kom cov niam txiv thiab cov neeg saib xyuas coj cov menyuam uas muaj mob nkeeg ntev lossis xiam oos khab mus txhaj tshuaj tiv thaiv kab mob. Cov menyuam uas muaj mob nkeeg hauv lub cev tuaj yeem txhaj tau koob tshuaj tiv thaiv COVID-19. Yog ib tug neeg twg muaj kev tsis haum cov khoom uas tov nyob rau hauv koob tshuaj tiv thaiv COVID-19 txog qhov phoj sim rau txoj sia, ces yuav tsum tsis txhob txhaj tshuaj tiv thaiv (kev tsis hauv tshuaj uas yuav tsum siv koob tshuaj epi pen los mus pab). Yog xav paub ntiv txog lus pom zoo rau kev txhaj tshuaj tiv thaiv COVID-19 ces mus saib [AAP: COVID-19 Vaccine Frequently Asked Questions \(www.aap.org/en/patient-care/covid-19/covid-19-vaccine-frequently-asked-questions/\)](http://www.aap.org/en/patient-care/covid-19/covid-19-vaccine-frequently-asked-questions/).

Muaj dab tsi nyob hauv koob tshuaj tiv thaiv?

Tus kws kho mob uas txhaj tshuaj rau koj yuav qhia tau hais tias muaj dab tsi nyob hauv koob tshuaj txhaj uas yuav muab rau koj lossis koj tus menyuam thiab teb cov lus nug uas koj muaj txog kev tsis haum tshuaj. Tsis muaj ib koob tshuaj tiv thaiv rau ib pawg neeg hnuv nyoog twg uas yuav muaj qe, tshuaj txuag kom ntev, lossis yaas latex tov ntxuag.

Cos tsos mob uas nquag muaj

Ib yam li kev txhaj lwm hom tshuaj tiv thaiv, muaj qee leej neeg yuav muaj tau tsos mob tom qab txhaj tshuaj tiv thaiv COVID-19 tag:

- Mob ntawm txhais npab
- Mob tej nqaij leeg
- Nkees
- Mob taub hau
- Ua npaws/no tshee

Cov hluas tej zaum yuav muaj tau cov tsos mob no tom qab txhaj tshuaj tag, ua rau lawv meem txom, tiam sis kuj muaj ob peb yam koj ua tau los mus pab kom lawv xis nyob zog tuaj thiab, xws li muab cov tshuaj zoo mob ib ce uas tsis muaj aspirin tov ntxuag (xws li Tylenol lossis Ibuprofen) lossis pab rau lawv ua tej yam uas nyob ntsiag to twj ywm. Yog koj muaj tsos mob hnyav ces mus rau tom tsev kho mob lossis hu rau 911.

Kev txhawj uas tej zaum muaj tau

- **Keeb kwm tsis haum tshuaj (allergies):** Cov menyuam uas muaj kev tsis haum (allergy) rau tej yam uas tsis tau hais los saum toj no feem ntau yuav tsis muaj teeb meem li cas nrog koob tshuaj tiv thaiv COVID-19.
- **Mob nkeeg Myocarditis thiab pericarditis (lub plawv o):** Koom haum CDC tau txais ntawv tshawb fawb qhia txog tus mob nkeeg myocarditis thiab pericarditis muaj nyob rau cov menyuam hluas thiab cov neeg hluas

COVID-19 TSHUAJ TIV THAIV COVID-19 RAU COV HLUAS UAS YUAV TSUM TAU MUAJ KEV PAB TSHWJ XEEB LOSSIS XIAM OOS KHAB: NTAUB NTAWV RAU COV NEEG SAIB XYUAS

tom qab lawv txhaj tag cov tshuaj tiv thaiv Pfizer, Moderna thiab Novavax. Qhov no nquag muaj heevv dua rau cov tub. Tus mob uas muaj tau tsawg tsawg zaus no, tsis pom tias yuav muaj feem xyuam li cas nrog tej yam mob nkeeg ntev. Feem ntau yog muaj mob sib sib xwb thiab kho tau. Cov txiaj ntsig ntawm koob tshuaj tiv thaiv COVID-19 muaj ntau dua qhov tsis zoo. Kawm ntxiv tau rau ntawm [Children's Hospital of Philadelphia: Myocarditis and COVID-19: Get the Facts \(www.chop.edu/news/health-tip/myocarditis-and-covid-19-get-facts\)](http://www.chop.edu/news/health-tip/myocarditis-and-covid-19-get-facts).

Thov kev pab tshwj xeeb

Thaum koj teem tau sijhawm lossis thaum mus txog rau tom chaw txhaj tshuaj, hais rau cov neeg ua hauj lwm paub tias tej zaum koj yuav xav tau kev pab tshwj xeeb rau koj tus menyuam. Piv xam tias tej zaum cov teeb uas ci ci thiab cov chaw chaw uas ntshoo ntshoo yuav meem txom rau tus menyuam, thiab ua rau nws zaum tos tom qab txhaj tshuaj tag tsis tau. Koj thov kev pab tau xws li:

- Tom qab txhaj tshuaj tag, thov mus taug kev es tsis txhob zaum tos.
- Thov kom lawv txhaj koob tshuaj rau tus menyuam zaum nyob rau hauv tsheb.
- Thov kom muaj ib tus neeg los yog ib yam twg uas tus menyuam nyiam, nyob nrog nraim tus menyuam thaum txhaj tshuaj.
- Thov txhaj tshuaj nyob rau ib chaw uas ntsiag tos thiab kem tawm ntawm cov neeg coob coob.

Yog muaj lus nug?

Muaj kws kho mob teb tau koj cov lus nug nyob rau tom qhov chaw txhaj tshuaj COVID-19. Tiam sis yog koj ho muaj lus nug ua ntej ntawd los koj kuj nug tau rau ib tug kws kho mob uas koj ntseeg siab.

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To obtain this information in a different format call 651-201-5414.