



STAY SAFE MN

Koob Tshuaj COVID-19

Rau Cov Hluas Uas Muaj Tej Yam
Cheem Tsum Kev Pab Ntxiv Lossis
Xiam Oob Qhab

Qhia Rau Cov Neeg Tu Xyuas

Lub Centers for Disease Control and Prevention (CDC) pom zoo rau txhua tus neeg uas muaj 12 xyoo rov saud mus txhaj koob tshuaj COVID-19. Vim tias cov menyuum yaus thiab cov hluas uas muaj tej yam mob nkeeg thiab muaj kev xiam oob qhab kuj yuav kis tau tus kab mob COVID-19 yooj yim dua thiab mob hanyav dua, lawv tsev neeg thiab cov neeg tu xyuas lawv yuav tsum coj lawv cov menyuum uas muaj tej yam mob lossis xiam oob qhab no mus txhaj tshuaj.

- Tau pom zoo rau koob tshuaj COVID-19 Pfizer txhaj rau cov muaj 12 xyoos rov saud. Tau pom tias koob tshuaj no yeej nyab xeev thiab pov thaiv tau cov hluas uas muaj hnuv nyoog li no los ntawm tus kab mob COVID-19. Tej zaum kuj tseem yuav muaj lwm lub npe tshuaj uas yuav txhaj tau rau cov hluas rau yav tom ntej tiamsis tseem nyob rau txoj kev tshawb fawb.
- Cov hluas uas muaj tej yam mob nkeeg lawm yeej mus txhaj tau koob tshuaj COVID-19. Tsuas yog tsis mus txhaj yog tias nws tsis haum cov khoom tov nyob rau hauv koob tshuaj COVID-19 thiab tau txhaum tsis haum uas ua rau nws mob hanyav yuav tuag (yam tau siv ib tug epi pen, koob tshuaj pov thaiv kev tsis haum tshuaj).

MUAJ DABTSI NYOB RAU HAUV KOOB TSHUAJ?

- mRNA
- Lipids: ((4-hydroxybutyl)azanediyl)bis(hexane-6,1-diyl)bis(2-hexyldecanoate), 2 [[polyethylene glycol]-2000]-N,N-ditetradecylacetamide, 1,2-Distearoyl-sn-glycero-3-phosphocholine, and cholesterol)
- Ntsev: potassium chloride, monobasic potassium phosphate, sodium chloride, dibasic sodium phosphate dihydrate
- Piv tham






KOOB TSHUAJ TSIS MUAJ



- Tshuaj tov kom kav ntev
- Nqaij puas txuam lossis kua nplaum
- Qe
- Tus kab mob COVID-19 tseem cija sia

TEJ YAM MOB TOM QAB

Tej zaum koj yuav pom muaj:

-  Txhais npab uas mob
-  Mob leeg nqaij
-  Sab nkees
-  Mob taub hau
-  Ua npaws/tshee



Cov hluas kuj yuav pom muaj tej yam mob tom qab txhaj tshuaj tag no uas ua rau lawv tsis fwm nyob, tiamsis kuj muaj tej yam koj pab ua tau kom lawv rov zoo nyob, xws li muab tej tshuaj noj (Tylenol lossis ibuprofen) lossis ua tej yam kis las ntsiag to nrog lawv.

Yog tias koj mob hanyav heev tuaj, mus rau tsev kho mob loj lossis hu rau 911.



Tej yam kev txhawj xeeb ntxiv

- Keeb kwm kev txhaum fab: Tej menyuam uas muaj tej yam mob txhaum fab uas tsis sau nyob hauv no kuj tsis tshua pom muaj teeb meem nrog koob tshuaj COVID-19. Kuj yuav thov kom lawv nyob tos li 30 feeb tom qab hno tshuaj tag es thiaj li soj qab tau lawv.
- Myocarditis thiab pericarditis (mob o lub plawv): Lub CDC tau txais xov xwm txog cov hluas thiab nto hluas uas mob myocarditis thiab pericarditis (mob o lub plawv) tom qab mus hno koob tshuaj Pfizer thiab Moderna tag. Pom tshwm sim rau cov tub hluas. Yam no tsis tau pom tshwm sim vim yog nws muaj lwm yam mob nkeeg. Feem ntau tsuas mob mentsis thiab yeej kho tau. Tej txiaj ntsim zoo los ntawm koob tshuaj COVID-19 zoo tshaj tej kev phom sij. Mus kawm ntxiv [CDC: Myocarditis and Pericarditis Following mRNA COVID-19 Vaccination \(kev mob o lub plawv\)](#).

Thov kev pab cuam

Thaum koj teem ib lub sijhawm lossis tuaj txog ntawm qhov chaw txhaj tshuaj, ua tib zoo qhia rau cov neeg ua haujlwm paub tias koj tus menyuam nij kev pab ntxiv. Piv txwv li, lawv looj tsis tau ib daim ntaub npog qhov ncauj lossis zaum nyob tos tsis tswm tom qab hno koob tshuaj tag. Tej zaum tej teeb ci thiab suab nrov yuav meem txom lawv. Koj thov tau kev pab ntxiv xws li:

- Mus taug kev tom qab hno koob tshuaj thiab tsis txhob zaum xwb.
- Kom ib tug neeg tuaj hno koob rau koj tus menyuam nyob hauv tsheb.
- Kom ib tug neeg uas nws ncawg mus nrog nws thiab pab nws thaum mus hno koob.
- Mus hno koob nyob rau ib chav uas ntsiag to.

Puas muaj lus nug?

Cov kws kho mob yeej teb tau koj tej lus nug txog koob tshuaj COVID-19 thaum koj mus hno koob. Tiamsis, yog tias koj muaj lus nug ua ntej ntawd, mus nws ib tug kws kho mob uas koj ntseeg nws siab.

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mn.gov/vaccine

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Tiv tauj health.communications@state.mn.us yog xav tau cov ntaub ntawv no ua lwm hom. (Hmong)

8/11/2021