

COVID-19 Vaccines and Pregnancy

COVID-19 vaccine is recommended during pregnancy

- The American College of Obstetricians and Gynecologists (ACOG) and Minnesota Department of Health strongly recommend that all people who are pregnant, recently pregnant, breastfeeding, and considering pregnancy get vaccinated for COVID-19.
- Pregnant people are at a higher risk of severe COVID-19 disease compared to non-pregnant people.
- The developing baby of a pregnant person who is sick with COVID-19 may also be at risk.
 - There is an increased risk of preterm delivery, and there may be an increased risk for stillbirth for people who tested positive for COVID-19 while pregnant.
- Getting the COVID-19 vaccine can protect not just the pregnant person but also their newborn baby.
 - Studies show that babies born to those who are vaccinated for COVID-19 during pregnancy had a lower risk of being hospitalized for COVID-19 in their first six months of life.
- If you are pregnant, get vaccinated to help protect you from severe illness from COVID-19.
- Already vaccinated for COVID-19? Make sure you've received at least one dose of the 2025-26 COVID-19 vaccine to be up to date on your COVID-19 vaccines.

COVID-19 vaccine is safe during pregnancy

- Studies continue to show that COVID-19 vaccines are safe during pregnancy and while breastfeeding.
- Talk with your health care provider if you have questions.

COVID-19 vaccine is safe for people who want to have a baby one day

- If you are trying to become pregnant now or want to get pregnant in the future, it is recommended that you get a COVID-19 vaccine.
- There is no evidence that fertility problems are a side effect of any COVID-19 vaccine.

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To obtain this information in a different format, call 651-201-5414.