

Tiv Thaiiv Koj Tus Me Nyuam Ntawm COVID-19

Peb yeej xav ua txhua yam kom peb cov me nyuam noj qab haus huv thiab nyob nyab xeeb. Kev koj koj tus me nyuam mus txhaj tshuaj yog ib qho yuav pab tiv thaiiv kom lawv tsis txhob mob COVID-19. Tam sis no muaj kev pom zoo rau cov me nyuam muaj 6 hli rov saud mus txhaj tshuaj tiv thaiiv kabmob COVID-19 tau lawm. Kev txhaj tshuaj rau me nyuam pab kom lawv nyob nyab xeeb rau tom tsev kawm ntawv, tom cov chaw zov me nyuam, thiab ntau yam ntxiv.

- Tshuaj tiv thaiiv COVID-19 siv tau nyab xeeb. Kev nyab xeeb ntawm cov tshuaj tiv thaiiv tseem ceeb heev. Cov tshuaj tiv thaiiv tau raug tshawb kawm yam zoo heev thiab pom tias yeej siv tau tsis muaj xwm txheej ua ntej yuav raug pom zoo muab rau me nyuam yaus thiab me nyuam hluas.
- Me nyuam yaus mob tau hnyav heev yog kis tau kabmob COVID-19. Tshuaj tiv thaiiv pab tau kom me nyuam tsis txhob mob hnyav thiab tsis txhob tau mus pw tom tsev kho mob los ntawm kev mob COVID-19.
- Tej zaum koj tus me nyuam yuav muaj tsos mob me ntsis thaum txhaj tshuaj tag, li no tsis ua li cas thiab txhais tias nws lub cev tab tom tsim kev tiv thaiiv kabmob xwb. Yog ho tsis muaj tsos mob dab tsi los yeej TSIS UA CAS thiab. Tseeb tiag, tej zaum me nyuam yaus tseem muaj tso mob tau tsawg dua cov me nyuam hluas thiab cov neeg hluas thiab.
- Tseem ceeb heev rau koj koj tus me nyuam mus txhaj tshuaj tiv thaiiv tab txawm lawv twb mob COVID-19 los dua lawm los xij, vim tias tshuaj tiv thaiiv pab txhawb zog kev tiv thaiiv kabmob rau lawv lub cev.
- Tshuaj tiv thaiiv COVID-19 yog txhaj dawb xwb, thiab koj tsis tas muaj ntawv pov hwm kev kho mob (insurance) es thiab txhaj tau.
- Tshuaj tiv thaiiv COVID-19 tsis ua rau muaj me nyuam tsis taus.

Yuav koj koj tus me nyuam mus txhaj tshuaj li cas

- Nug koj tus kws kho mob me nyuam yaus los sis nug rau koj lub tsev kho mob clinic txog kev teem sij hawm.
- Mus saib mn.gov/vaxforkids rau kev nrhiav thiab tiv toj rau cov kws kho mob los sis cov khw muag tshuaj uas nyob ze rau koj, koom nrog rau:
 - ◊ Cov tsev kho mob clinic rau me nyuam yaus thiab tsev neeg, cov thawj kws kho mob, cov tsev saib xyuas kev noj qab hauv huv hauv zej zog uas txhawb nrog tsoom fwv, cov koom haum tswj kev noj qab haus huv rau pej xeem, cov koom haum saib xyuas kev noj qab haus huv rau haiv neeg khab, cov tsev kho mob txhawb nrog lub xeev, thiab cov chaw saib xyuas kev noj qab haus huv rau haiv neeg Khab.
- Saib ntsoov seb puas muaj kev txhaj tshuaj rau tom tej tsev kawm ntawv los sis tej tsev rau pej xeem zej zog hauv koj cheeb tsam.

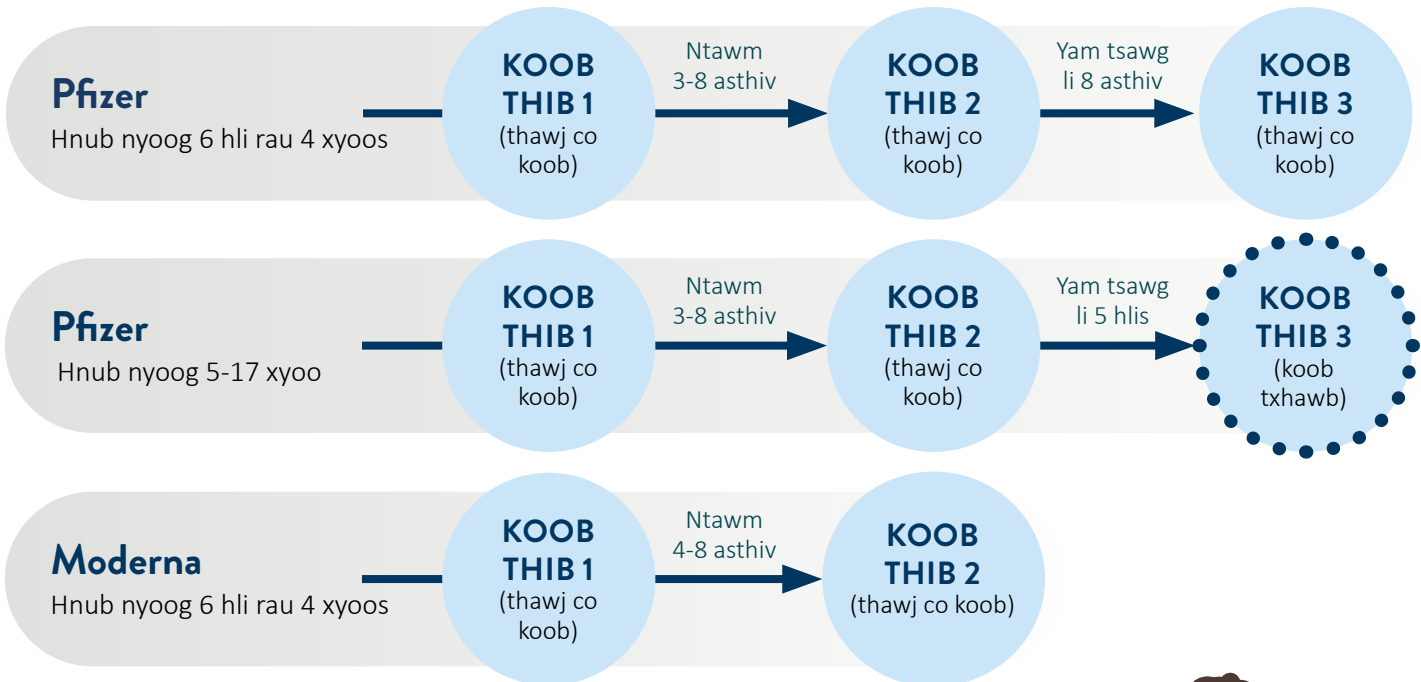
Cov tshuaj tiv thaiiv uas muab tau

Tshuaj tiv thaiiv COVID-19 muaj ob peb yam uas muab tau: Pfizer thiab Moderna. Koom haum CDC tsis muaj hais tias ib yam yuav zoo dua ib yam. Txhua txhua yam tshuaj tiv thaiiv yeej pab tiv thaiiv me nyuam kom tsis txhob mob hnyav los ntawm COVID-19. Txhua qhov chaw kuj tsis yog tias yuav muaj txhua yam tshuaj. Qhov tseem ceeb dua plaws yog yuav tsum tsis txhob cia ncuva kev txhaj tshuaj rau koj tus me nyuam.



Yuav txhaj tshuaj tiv thaiv COVID-19 ntau npaum cas thiab lub sijhawm ncuav kev txhaj li cas raws yam tshuaj

- Yam tshuaj tiv thaiv thiab qhov yuav txhaj ntau npaum cas rau koj tus me nyuam ntawd nyob ntawm seb nws muaj hnuv nyooq li cas.
- Koob tshuaj tiv thaiv rau cov me nyuam muaj 6 hli rau 11 xyoos ntawd tsawg dua koob tshuaj rau cov me nyuam loj dua thiab rau cov neeg laus. Koob tshuaj yuav txhaj ntau thiab tsawg npaum li cas yog nyob ntawm tus me nyuam qhov hnuv nyooq, tsis yog raws nws lub ces qhov loj hnyav.
- Me nyuam yaus tsim nyog txhaj thawj co koob tshuaj (primary vaccine series) kom yog tib hom tag nrho. Thawj co koob tshuaj txhaj no yog cov koob tshuaj uas yuav tsum xub xub txhaj rau ib tug neeg. Tsis suav cov koob tshuaj txhawb.
- Tseem ceeb heev tias yuav tsum txhaj kom txhij txhua txhua koob tshuaj uas pom zoo es thiaj tau txhais kev tiv thaiv zoo tshaj plaws. Cov me nyuam hnuv nyooq 5 xyoos rov saud uas txhaj koob tshuaj Pfizer tsim nyog mus txhaj koob txhawb thiab. Cov me nyuam uas txhaj koob tshuaj Moderna lub sijhawm no tsis tau pom zoo kom mus txhaj koob txhawb.



Koj tus me nyuam tus kws kho mob qhia tau lwm yam xov xwm rau koj ntxiv thiab pab teem cov sijhawm txhaj tshuaj txhua txhua koob uas pom zoo kom txhij rau koj tus me nyuam thaum nws mus txhaj thawj koob tshuaj.

Cov me nyuam uas lub cev tsis muaj zog tiv thaiv kabmob (roj ntsha tsis muaj zog tawm tsam mob nkeeg) yuav muaj kev pom zoo txhaj tshuaj txaww qhov no. Niam txiv thiab cov neeg muaj cai saib xyuas me nyuam tsim nyog tham nrog me nyuam tus kws kho mob.

Yog xav paub ntxiv tias cov koob tshuaj yuav txhaj ntau npaum li cas ces mus saib [CDC: At-A-Glance COVID-19 Vaccination Schedules \(www.cdc.gov/vaccines/covid-19/downloads/covid-19-vacc-schedule-at-a-glance-508.pdf\)](https://www.cdc.gov/vaccines/covid-19/downloads/covid-19-vacc-schedule-at-a-glance-508.pdf) qhia txog kev pom zoo txhaj tshuaj tiv thaiv COVID-19 ntau npaum li cas raws hom tshuaj thiab hnuv nyooq.



mn.gov/vaccine