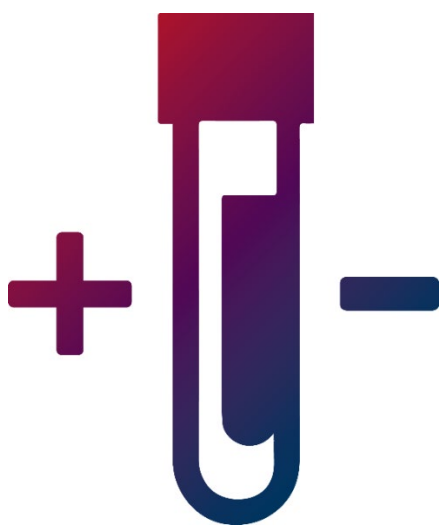




YUAV UA DABTSI LUB SIJHAWM KOJ NYOB TOS SEB KUAJ TAU YOG LI CAS

Tej zaum kuj yuav siv ob peb hnuv mam li paub seb kuaj tau koj yog li cas.



- Nyob twj ywm tsev thiab cais deb ntawm lwm tus yog tias:
 - Koj tsis tau mus txhaj tshuaj tiav
 - Muaj tej tsos mob
 - Pib mob tuaj
 - Koj tau mus nyob ze ib tus neeg mob COVID-19
- Yog tias mob phem zuj zus, hu mus rau koj tus kws kho mob tham

COVID-19 HOTLINE (kab xov tooj pab kev kub ceev): 1-833-431-2053

TIV THAIV KOJ TUS KHEEJ THIAB LWM TUS.

- Yog tias koj kuaj mob yog positive, nyob tsev li ntawm 10 hnuv tab txawm koj tsis hnov mob.
- Yog tias koj tau mus nyob ze ib tug neeg mob COVID-19, yam zoo tshaj yog koj nyob twj ywm tsev thiab nrug deb ntawm lwm tus li ntawm 14 hnuv.
- Nyob rau tej tug, tej zaum mus koom tau nrog lwm tus tom qab 10 hnuv los tau, lossis tom qab 7 hnuv yog tias kuaj tau yog negative uas tsis mob COVID-19. Yog xav paub ntxiv seb yuav xaus kev caiv nyob tsev rau thaum twg, mus xyuas health.mn.gov.

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