



Tshuaj Kho Mob | COVID-19

Cov neeg uas kuaj tshwm tias mob COVID-19 lawm thiab muaj feem siab dua yuav mob hnyav tej zaum yuav tau txais **txiaj ntsig los ntawm cov tshuaj kho mob COVID-19**. Cov tshuaj no pab tiv thaiv kev mob hnyav, kev tau mus pw tom tsev kho mob, thiab kev tas sim neej los ntawm COVID-19. Nrog koj tus kws kho mob tham kom sai yog kuaj tshwm tias koj kis tau mob lawm thiab yog koj muaj feem siab yuav mob hnyav, vim tias cov tshuaj yuav ntxim tshaj plaws yog pib siv thaum ntxov. Koj tus kws kho mob mam saib seb hom tshuaj kho COVID-19 twg yuav zoo tshaj plaws rau koj. Tshuaj kho COVID-19 muab tau rau txhua txhua tus tsis hais tias lawv muaj los tsis muaj ntaub ntawv xeemxaj kuj xij thiab tsis ua teeb meem li cas rau txoj kev yuav nyob tau rau hauv lub teb chaws txuas ntxiv tom ntej mus.

Tshuaj kho mob COVID-19 tsis yog siv txhawm rau kev tiv thaiv.

Txhua txhua tus neeg uas txhaj tshuaj tau tsim nyog txhaj koob tshuaj tiv thaiv thiab ua raws lwm yam kev tiv thaiv kom cheem kev sib kis COVID-19.

Muab tshuaj rau COVID-19

Muaj ob txoj kev muab tau tshuaj kho COVID-19 yog tias koj muaj feem siab dua yuav mob hnyav ntawm kabmob COVID-19.

- Tham nrog koj tus kws kho mob seb koj puas tsim nyog siv cov tshuaj thiab seb koj mus muab tau rau qhov twg.
- Nrhiav cov chaw Kuaj Kom Paub Kho (Test to Treat) uas muaj kev kuaj mob COVID-19 thiab pub tshuaj COVID-19 tau dawb nyob rau tib qho chaw.

Cov tshuaj COVID-19 yuav tsum pib tsis dhau li tsib mus rau xya hnub thaum xub xub pom cov tsos mob tshwm mas thiaj lis yuav ntxim tshaj plaws. Yog koj muaj tsos mob ces yeej meem mus kuaj. Mus saib cov sob lus tom ntej no ntxiv hais txog xov xwm kev kuaj mob thiab yuav mus muab tau cov tshuaj rau qhov twg.



Yuav kuaj mob li cas

- ✓ Mus kuaj mob thiab kho mob COVID-19 rau tom koj tus kws kho mob lub tsev kho mob. Yog koj muaj ib tug kws kho mob uas koj ntsib tas li, thaum koj mus ntsib nws, nug seb nws muab kev kuaj thiab kho mob puas tau rau koj.
- ✓ Kuaj mob nrog ib lub twj kuaj mob rau tom tsev los sis kuaj rau tom ib qho chaw kuaj mob ntawm zej zog.
 - ◊ [Muaj cov twj kuaj mob-tom-tsev uas tsoom fwv pub dawb: www.covid.gov/tests](https://www.covid.gov/tests) los sis hu rau 1-800-232-0233. Yog koj muaj Medicare Part B, koj thov 8 lub twj kuaj mob-tom-tsev tau ntxiv.
 - ◊ [Nrhiav cov chaw kuaj mob COVID-19 \(mn.gov/covid19/get-tested/testing-locations/index.jsp\)](https://mn.gov/covid19/get-tested/testing-locations/index.jsp).
 - ◊ Yog kuaj tshwm tias koj mob COVID-19 lawm, tham nrog koj tus kws kho mob los sis nrhiav ib lub tsev kho mob, los sis ib lub chaw Kuaj Kom Paub Kho, es koj thiaj yuav txais tau ntawv muab tshuaj ntawm ib tug kws uas muaj cai sau tau. Muaj qee lub tsev kho mob los sis chaw Kuaj Kom Paub Kho kuj muaj kev tham hauv xov tooj los sis yees duab vdo txuas lus tau thiab.
- ✓ Mus kuaj mob rau tom ib lub chaw Kuaj Kom Paub Kho. Ntawm lub chaw Kuaj Kom Paub Kho, koj kuaj seb puas mob COVID-19, yog pom tshwm tias koj mob lawd, ces ib tug kws kho mob uas nyob ntawd mam li tshuaj ntsuam ntxiv seb koj puas muaj cai txais tau cov tshuaj ntsiav cheem kabmob COVID-19. Lawv mam thooj txhij sau thiab txhab cov tshuaj no rau koj. Yog muaj lwm yam tshuaj uas koj niaj hnub noj thiab ces nco ntsoov nqa cov tshuaj (los sis nqa cov npe tshuaj) nrog koj mus thiab. [COVID-19 Test to Treat Locator \(covid-19-test-to-treat-locator-dhhs.hub.arcgis.com/\)](https://covid-19-test-to-treat-locator-dhhs.hub.arcgis.com/).

Nrhiav tshuaj kho mob rau qhov twg



Mus Online

- Mus rau Minnesota lub Tuam Tsev Saib Xyuas Kev Noj Qab Haus Huv (MDH) qhov website. Nrhiav cov tsev kho mob thiab khw muag tshuaj uas koom qhov txheej xwm no nyob thoob plaws Minnesota rau ntawm MDH: [Where to Access Oral Antiviral Therapy \(www.health.state.mn.us/diseases/coronavirus/hcp/medsaccess.html\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/medsaccess.html).
- Mus saib online nrhiav tsoom fwv cov chaw Kuaj Kom Paub Kho (Test to Treat) rau ntawm no:[English COVID-19 Test to Treat Locator - English \(covid-19-test-to-treat-locator-dhhs.hub.arcgis.com\)](http://covid-19-test-to-treat-locator-dhhs.hub.arcgis.com/)
 - ◊ **Lus Aaskiv** [COVID-19 Test to Treat Locator - English \(covid-19-test-to-treat-locator-dhhs.hub.arcgis.com/\)](http://covid-19-test-to-treat-locator-dhhs.hub.arcgis.com/)
 - ◊ **Lus Spanish** [COVID-19 Test to Treat Locator - Es \(covid-19-test-to-treat-locator-es-dhhs.hub.arcgis.com/\)](http://covid-19-test-to-treat-locator-es-dhhs.hub.arcgis.com/)
 - ◊ **Lus Suav Mandarin** [COVID-19 Test to Treat Locator - Mandarin \(covid-19-test-to-treat-locator-zh-dhhs.hub.arcgis.com/\)](http://covid-19-test-to-treat-locator-zh-dhhs.hub.arcgis.com/)



Hu xov tooj

- Muaj cov kab xov tooj uas teb tau koj cov lus nug ua lus Aaskiv thiab lwm yam lus, thiab taw qhia rau koj mus nrhiav lwm yam kev pab xws li cov chaw kuaj thiab kho mob:
 - ◊ Kab xov tooj ntawm Minnesota Lub Tuam Tsev Saib Xyuas Kev Noj Qab Haus Huv COVID-19 Public Hotine. Hu rau 1-833-431-2053, Monday–Friday: 9 a.m. rau 7 p.m., Saturday: 10 a.m. rau 6 p.m. Muaj cov neeg teb xov tooj uas txawj hais lus Aaskiv, lus Hmoob, lus Somali, lus Spanish, Lus Karen, thiab lwm yam lus ntxiv.
 - ◊ Kab xov tooj ntawm Tsoom Fvw Teb Chaws Kuaj Kom Paub Kho (Federal Test to Treat Hotline). Hu rau 1-800-232-0233 (TTY 1-888-720-7489). Kab xov tooj no hu tau 7 hnub ntawm ib asthiv, pib 7 a.m. mus txog 11 p.m. Muaj cov neeg txawj ntawm tshaj 150 yam lus pab teb xov tooj rau koj.
 - ◊ Kab xov tooj rau cov neeg muaj kev xiam oos khab (Disability Information and Access Line (DIAL)). Hu rau 1-888-677-1199, Monday–Friday, thaum 8 a.m. txog 7 p.m., los sis email DIAL@usaginganddisability.org, yog xav tau kev pab rau cov tib neeg uas muaj kev xiam oos khab.

Nrhiav kev kho mob pub dawb los sis luv nqi

Cov neeg uas tsis muaj ntawv pov hwm kho mob (insurance) nrhiav kev kho mob dawb los sis luv nqi nyob hauv lawy cheeb tsam tau rau ntawm cov tsev kho mob uas txhawb nrog tsoom fwv los sis cov tsev kho mob hauv zej zog. Yog xav paub cov chaw no mus saib tau ntawm no [HRSA: Find a Health Center \(findahealthcenter.hrsa.gov/tool\)](http://findahealthcenter.hrsa.gov/tool). Yog xab tau cov xov no ua lwm yam lus ces mus saib ntawm no; [visit Resources to Find Low-Cost Health Care or get Health Insurance \(www.health.state.mn.us/diseases/coronavirus/materials/lowcost.html\)](http://www.health.state.mn.us/diseases/coronavirus/materials/lowcost.html).

Kab xov tooj ntawm Minnesota Lub Tuam Tsev Saib Xyuas Kev Noj Qab Haus Huv pab kom koj nkag siab txog kev kho mob thiab cov tshuaj, taw qhia kev pab lwm yam, thiab pab txhais lus tau. Hu rau 1-833-431-2053, Monday–Friday: 9 a.m. mus txog 7 p.m., Saturday: 10 a.m. mus txog 6 p.m.

Nqi tshuaj kho mob COVID-19

Lub sij hawm no tsis muaj nqi dab tsis ntawm cov tshuaj COVID-19 feem ntau, ces txhais tias tib neeg tsis tas them nyiaj rau cov tshuaj. Tej khw tshuaj tsis muaj cai yuav xam nqi ntawm kev txhab tshuaj rau sawv daws. Tiam sis tej zaum yuav muaj lwm yam nqi ntawm kev kho mob uas tus neeg los sis lub tuam txhab insurance yuav tsum tau them. Piv xam li, tej lub tsev kho mob tej zaum yuav muaj nqi xam rau lawv txoj kev kho mob. Tej tug tib neeg tej zaum yuav muaj nqi copay them rau cov kev pab, qhov no nyob ntawm lawv hom insurance. Tham nrog koj tus kws kho mob los sis tus kws muab tshuaj yog koj muaj lus nug txog tej nuj nqi tshuaj. Coverage of treatment fees or costs

- Medicare Part D them nuj nqi rau cov tshuaj uas kws kho mob sau los mus kho COVID-19.
- Medicaid them tag nrho cov nqi ntawm kev kho mob uas siv monoclonal antibody thaum lub sij hawm muaj xwm txheej mob nkeeg ntawm lub zej zog.
- Kuaj xyuas koj cov ntawv pov hwm kho mob (insurance plan), vim coob cov tuam txhab insurance loj loj muaj kev them cov nuj nqi no.
- Yog koj tsis muaj ntawv pov hwm kho mob, ces mus nrhiav kev kho mob pub dawb los sis luv nqi tau rau ntawm cov tsev kho mob uas txhawb nrog tsoom fwv los sis cov tsev kho mob nyob rau zej zog hauv Minnesota. Mus saib ntxiv tau ntawm no [Find a Health Center – Minnesota Association of Community Health Centers \(mnachc.org/community-health-centers/find-a-health-center/\)](http://mnachc.org/community-health-centers/find-a-health-center/).

