

Who should not wear a mask?

- Children under age 2.
- Anyone needing help to remove the mask.
- People who have trouble breathing.

DO:

Tips for Wearing a Mask



Clean your hands before and after touching your mask.



Continue to stay 6 feet away from others.



Use the mask ties or ear straps to put it on and take it off.



Make sure your mask covers your nose and fits close under your chin.



Encourage others to wear a mask.



Wash your cloth mask each time you use it.

DO NOT:



Wear a dirty or damaged mask.



Wear your mask below your nose.



Leave your chin uncovered.



Pull the mask down to under your chin.



Touch the front of your mask.



Share your mask with other people.