

# Resources for After a Suicide

## General

- [The Compassionate Friends: Supporting Family After a Child Dies \(https://www.compassionatefriends.org/find-support/\)](https://www.compassionatefriends.org/find-support/)
- [American Foundation for Suicide Prevention: I've lost someone \(https://afsp.org/ive-lost-someone\)](https://afsp.org/ive-lost-someone)
- [American Association of Suicidology: Helping Survivors of Suicide \(https://suicidology.org/resources/suicide-loss-survivors/helping-sosl/\)](https://suicidology.org/resources/suicide-loss-survivors/helping-sosl/)
- [How to Talk to a Suicide Loss Survivor: A #RealConvo Guide from AFSP \(https://afsp.org/story/how-to-talk-to-a-suicide-loss-survivor-a-realconvo-guide-from-afsp\)](https://afsp.org/story/how-to-talk-to-a-suicide-loss-survivor-a-realconvo-guide-from-afsp)
- [After a Suicide Resource Directory \(http://www.personalgriefcoach.net/\)](http://www.personalgriefcoach.net/)
- [The Dougy Center for Grieving Children & Families \(http://www.dougy.org/\)](http://www.dougy.org/)
- [Suicide Awareness Voices of Education: Coping with Suicide Loss \(https://www.save.org/find-help/for-suicided-loss-survivors/\)](https://www.save.org/find-help/for-suicided-loss-survivors/)

## Youth and young people

- [Tips for Talking with and Helping Children and Youth Cope After a Disaster or other Traumatic Event: A Guide for Parents, Caregivers and Teachers \(https://www.samhsa.gov/sites/default/files/tips-talking-to-children-after-traumatic-event.pdf\)](https://www.samhsa.gov/sites/default/files/tips-talking-to-children-after-traumatic-event.pdf)
- [American Foundation for Suicide Prevention: Children, Teens, and Suicide Loss \(https://aws-fetch.s3.amazonaws.com/flipbooks/childrenteenssuicideloss/index.html?page=1\)](https://aws-fetch.s3.amazonaws.com/flipbooks/childrenteenssuicideloss/index.html?page=1)
- [Postvention: A Guide for Response to Suicide on College Campuses \(http://hemha.org/wp-content/uploads/2018/06/jed-hemha-postvention-guide.pdf\)](http://hemha.org/wp-content/uploads/2018/06/jed-hemha-postvention-guide.pdf)

## Workplace

- [A Manager's Guide to Suicide Postvention in the Workplace: 10 Action Steps for Dealing with the Aftermath of Suicide \(https://theactionalliance.org/resource/managers-guide-suicide-postvention-workplace-10-action-steps-dealing-aftermath-suicide\)](https://theactionalliance.org/resource/managers-guide-suicide-postvention-workplace-10-action-steps-dealing-aftermath-suicide)

## School settings K-12

- [After a Suicide: A Toolkit for Schools \(https://www.sprc.org/resources-programs/after-suicide-toolkit-schools\)](https://www.sprc.org/resources-programs/after-suicide-toolkit-schools)
- [Suicide Prevention Resource Center: Provide for Immediate and Long-term Postvention \(https://sprc.org/effective-prevention/a-comprehensive-approach-to-suicide-prevention/provide-for-immediate-and-long-term-postvention/\)](https://sprc.org/effective-prevention/a-comprehensive-approach-to-suicide-prevention/provide-for-immediate-and-long-term-postvention/)

## Military

- [Tragedy Assistance Program for Survivors-Military Suicide Loss \(https://www.taps.org/suicide\)](https://www.taps.org/suicide)
- [Postvention Toolkit for a Military Suicide Loss \(PDF\) \(https://www.health.state.mn.us/communities/suicide/documents/postventiontoolkit.pdf\)](https://www.health.state.mn.us/communities/suicide/documents/postventiontoolkit.pdf)

## Rural

- [After Rural Suicide: A Guide for Coordinated Community Postvention Response \(PDF\) \(https://gracefor2brothers.org/wp-content/uploads/2021/10/after-rural-suicide-guide-2016rev.pdf\)](https://gracefor2brothers.org/wp-content/uploads/2021/10/after-rural-suicide-guide-2016rev.pdf)

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*To obtain this information in a different format, call: 651-201-5400.*

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