

# Lesson 6 and 6A: Reproductive System and Sexual Health, Urinary System

Teacher Notes

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## Objectives

1. Students will be able to describe the urinary system
2. Students will be able to identify reproductive parts
3. Students will be able to describe sexual health
4. Students will be able to identify where to get more information about STDs

## Pre-lesson

### K-W-L Chart about the reproductive system and STDs

1. Ask students about what they know about the reproductive system and STDs and have them write it down in the graphic organizer.
2. Then ask students what they want to know about the reproductive system and STDs and have them write it down in the graphic organizer.
3. This could be done as a class. You could use the projector or write the K-W-L on the board.

## Lesson – choose from any of the following activities

### Reading and Label the Chart (15 minutes)

1. First read the passage about the urinary system to the class.
2. Next have students read the passage silently.
3. Then have the students read aloud with a partner, taking turns.
4. Have the students label the urinary chart.
5. Correct as a class.

### Reading and Label the Charts (15 minutes)

1. First read the passage about the reproductive system to the class.
2. Next have students read the passage silently.
3. Then have the students read aloud with a partner, taking turns.
4. Have the students label both the male and female body charts.
5. Correct as a class.

### Reading (15 minutes)

1. First read the passage about Sexually Transmitted Diseases (STDs) to the class.
2. Next have students read the passage silently.
3. Then have the students read aloud with a partner, taking turns.
4. Correct as a class.

### Symptoms Match and True or False (10 minutes)

1. Have students match each word (disease) with the correct letter describing an STD symptom.
2. Next have students read each statement and circle T or F.
3. If the statement is false, have students replace the underlined word with a new word, making the statement true.
4. Correct on the board with the whole class, by having students come to the board and each write a sentence.

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### Revisit the K-W-L Chart about the reproductive system and STDs

1. Have students fill in the last column about what they learned about reproductive health and STDs.
2. Use the Appendix of resources and share websites with students about how they can find out more information about STDs.
3. Visit the computer lab and visit the STD websites.

### Assessment

#### Quiz (5-10 minutes)

1. As a formal assessment, give the quiz at the end of the lesson.
2. Check the quiz individually or as a class.
3. Give informal feedback to students as you circulate and listen to them read, check questions and activities.

### Extension

#### Glossary (10 minutes)

1. Have students write a variety of sentences about the urinary or reproductive system, using the glossary.

### Resources

**MN Family Planning and STD Hotline:** <http://sexualhealthmn.org/>

Call: 1-800-783-2287

Text: 66746 (Free Text!)

Chat Online: Chat online with a health educator. Monday-Friday 9 a.m. – 8 p.m. or Saturday 9 a.m. – 2 p.m.

**St. Paul - Ramsey County Department of Public Health**

Clinic 555 (formerly Room 111)

555 Cedar Street, St. Paul, Minnesota 55101

Phone: 651-266-1200

**Hennepin County Public Health Clinic with Red Door Clinical Services**

**525 Portland Avenue South, 4th Floor, Minneapolis, Minnesota 55415**

Phone: 612-543-5555

### Websites:

- Sexually Transmitted Diseases (STDs) - Centers for Disease Control and Prevention: [www.cdc.gov/std/](http://www.cdc.gov/std/)
- STDs - Planned Parenthood: [www.plannedparenthood.org/health-topics/stds-hiv-safer-sex-101.htm](http://www.plannedparenthood.org/health-topics/stds-hiv-safer-sex-101.htm)
- Sexually Transmitted Diseases (STDs) - Mayo Clinic: [www.mayoclinic.org/diseases-conditions/sexually-transmitted-diseases-stds/in-depth/std-symptoms/art-20047081](http://www.mayoclinic.org/diseases-conditions/sexually-transmitted-diseases-stds/in-depth/std-symptoms/art-20047081)
- Sexually Transmitted Diseases - MedlinePlus: [www.nlm.nih.gov/medlineplus/sexuallytransmitteddiseases.html](http://www.nlm.nih.gov/medlineplus/sexuallytransmitteddiseases.html)
- STDs/STIs - American Sexual Health Association: [www.ashasexualhealth.org/stdsstis/](http://www.ashasexualhealth.org/stdsstis/)
- It's Your (Sex) Life: <https://www.kff.org/its-your-sex-life/>

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- MN Family Planning + STD Hotline: [www.sexualhealthmn.org](http://www.sexualhealthmn.org)
- Planned Parenthood: <https://www.plannedparenthood.org/planned-parenthood-north-central-states/get-care>