

Lesson 1: Health Care Systems and Health Insurance

Teacher Notes

Objectives

1. Students will be able to explain the general overview of the American health care system
2. Students will be able to explain how health insurance works
3. Students will be able to identify health insurance information resources

Pre-lesson (15 minutes)

K-W-L Chart about health care systems and health insurance

1. Ask students about what they know about health insurance and have them write it down in the graphic organizer.
2. Then ask students what they want to know about health insurance and write it down in the graphic organizer.
3. This could be done as a class. You could use a projector or write the K-W-L on the board.

Lesson – choose from any of the following activities

Reading Comprehension (15 minutes)

1. First read the passage about Health Care Systems and Health Insurance to the class.
2. Next have students read the passage silently.
3. Then have the students read aloud with a partner, taking turns.
4. Have the students complete the questions with a partner or individually.
5. Correct as a class.

Definitions Match and Complete the Sentence (10 minutes)

1. After students complete the definitions match and have them match each word with the correct letter.
2. Next have students complete each sentence in the reading passage using a word from the box.
3. Correct on the board with the whole class, by having students come to the board and each writing a sentence.

Chart and Questions (10 minutes)

1. Read through and explain the chart with the class.
2. Have the students answer the questions with a partner or individually.
3. Correct on the board with the whole class.

Reading Comprehension (15 minutes)

1. First read the passage about Government Health Insurance Programs to the class.
2. Next have students read the passage silently.
3. Then have the students read aloud with a partner, taking turns.
4. Have the students read each sentence and circle True or False, with a partner or individually.
5. Correct as a class.

Conversation and Writing (10 minutes)

1. First read the dialogue to the class, or model it with a volunteer.
2. Have students read the health insurance dialogue with a partner.
3. If time, have the students perform this dialogue in front of the class.
4. Talk about the advantages and limitations of the health benefit, as a class.

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Revisit the K-W-L Chart about health care systems and health insurance (10 minutes)

1. Have students fill in the last column about what they learned about health care systems and health insurance.
2. Use the Appendix of resources and share websites with students about how they can find out more information about health care insurance.
3. Visit the computer lab and visit the health care insurance websites.

Assessment

Quiz (5-10 minutes)

1. As a formal assessment, give the quiz at the end of the lesson.
2. Check the quiz individually, or as a class.
3. Give informal feedback to students as you circulate and listen to them read, check questions and activities.

Extension

Glossary (10 minutes)

1. Have students write a variety of sentences about the advantages of health insurance, using the glossary.

Appendix of Internet Resources – can be used for computer lab activities

Where can I find out more about health insurance?

About health insurance:

- Guide to Additional Health Care Resources - Minnesota Department of Health:
<https://www.health.state.mn.us/facilities/insurance/clearinghouse/resources.html>
- Summary of Coverage, Cost Sharing and Limits - Medical Assistance and MNCare:
<https://edocs.dhs.state.mn.us/lfservlet/Public/DHS-3860-ENG>
- Health Coverage Options – Minnesota Department of Human Services:
<https://mn.gov/dhs/health-care-coverage/>
- U.S. Health Insurance Marketplace: www.healthcare.gov