

## **Addressing Substance Use in Newcomer Communities:**

A Companion Resource Sheet

American Addiction Centers: Languages, Translators, and ESL for Drug and Alcohol Rehab (https://americanaddictioncenters.org/rehab-guide/languages)

American Addiction Centers offer support in finding treatment, navigating insurance, and establishing care. They offer navigation services in dozens of languages.

#### **Switchboard Training Resources**

(https://www.switchboardta.org/resources/? topic=substance-misuse)

Switchboard is a resource hub for service providers working with refugee communities. They have several introductory and community specific trainings available on their website for free. Some examples include:

- An introduction to substance use: Guidance for refugee service providers
- Substance use among Afghan refugees
- Substance use among Unaccompanied Refugee Minor Youth (URM)

# <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> (https://www.samhsa.gov/)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. Their website has several resources for patients, families, and service providers, as well as funding opportunities for program creation.

#### SAMHSA's National Helpline (https://www.samhsa.gov/find-help/national-helpline)

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. 1-800-662-HELP (4357)

### Opioid Response Network (https://opioidresponsenetwork.org/)

The Opioid Response Network (ORN) has consultants in all 50 states to respond to local needs by providing free resources, training and technical assistance for prevention, treatment, and recovery of opioid use disorder and stimulant use.



### SAFE Project: Care Locator (https://safelocator.org/en/search)

This link provides a comprehensive list of substance use support and treatment resources by area, concerns, and preferences.

SAFE Project Homepage (https://www.safeproject.us/)

# <u>SAFE Project: Addiction and Mental Health Resources for Latinx/Hispanic Communities</u> (https://www.safeproject.us/resource/latinx/)

This website includes resource links for the National Latino Behavioral Health Association, recent survey studies of emerging issues, and a recorded webinar discussing the opioid epidemic and addiction in immigrant and Latino communities.

### Safety First: Real Drug Education for Teens (https://drugpolicy.org/resource/safety-first/)

Created by the Drug Policy Alliance, Safety First is a prevention program for young people based on the principles that drug education should be scientifically accurate, honest about the range of risks, interactive, and compassionate.

Additional information and tools from the researchers

Safety First: Halpern-Felsher REACH Lab | Stanford Medicine

(https://med.stanford.edu/halpern-felsher-reach-lab/preventions-interventions/Safety-First.html)