### DEPARTMENT OF HEALTH

## **Minnesota Health Equity Networks**

The Minnesota Health Equity Networks **connect**, **strengthen**, and **amplify** health equity efforts and community concerns using a regional and relational approach. The Networks are an evolving community of support for local public health, Tribal health, and community organizations to address longstanding and emerging health equity issues.

**Health equity** is achieved when systems truly support all people and communities to have the opportunity to be as healthy as possible no matter who they are or where they live. This requires understanding the social inequities that impact health in each region, and actively working on those inequities.

Every region, community, and Tribal nation experiences different inequities and requires different solutions.

# **Regional Approach to Health Equity**

Regional Network Coordinators work alongside local public health, community organizations, and Tribal partners to:

- Build and nurture relationships with others in the region and across the state
- Support existing work and activities that build capacity
- Provide a space to share knowledge and resources
- Influence system changes to advance health equity



To connect with a Regional Network Coordinator, visit the Minnesota Health Equity Networks Website: www.health.state.mn.us/equitynetworks



Health Equity Networks: www.health.state.mn.us/equitynetworks Minnesota Health Equity Connections: www.mnhealthequityconnections.com Email: health.equitynetworks@state.mn.us

# How we do our work

#### **REGIONAL GATHERINGS**

Network Coordinators host quarterly gatherings focused on relationship building, topics impacting communities and opportunities for training, connection, and collaboration relevant to each region.

#### **STATEWIDE GATHERINGS**

The Health Equity Networks Team host quarterly gatherings focused on topics impacting communities and counties across the state with opportunities for training, connection, and stories of collaboration.

#### **STATEWIDE TRAININGS**

The Health Equity Networks Team host quarterly trainings that are designed to meet the needs of our communities. Topics are based upon requests and feedback from network members.

#### COACHING, TRAINING AND CONSULTATION

The Minnesota Health Equity Networks provide health equity and community engagement training, assistance, coaching, and support to network members, local public health, Tribal public health, and other community partners.



### **Stay Connected**

#### **NEWSLETTER**

Monthly newsletters highlight network member stories, upcoming opportunities, and how organizations around the state are advancing health equity.

### MINNESOTA HEALTH EQUITY CONNECTIONS

Join MN Health Equity Connections, a virtual engagement website designed to connect partners to each other, share resources, and promote conversation and collaboration about important topics.