# #4 Make Help Accessible

***Show how your company supports those in treatment and recovery for substance use disorder by sharing these social media posts.***

* Twitter: Recovery is possible. The Fast Tracker is a Minnesota database to find treatment for substance use disorder. If you need it, use it! We support you! http://www.fast-trackermn.org/ #RecoveryIsPossible
* Facebook and LinkedIn: Recovery is possible. We want our employees to know we support them in their journey to recovery from substance use disorder. Find out what benefits your insurance company has for treatment by calling the back of your insurance card, or call HR (or human capital) to take the next step. We have your back.