

Benzodiazepine Overdose Deaths by County (2015 – 2024)

Table 1. Number of benzodiazepine-related overdose deaths by county of residence, metro area, and year (deaths may involve other drugs).

*Note: *resident* deaths occurring out-of-state are no longer included beginning in 2023.

County of Residence	2015	2016	2017	2018	2019	2020	2021	2022	2023*	2024*	Total
Aitkin	0	0	0	0	0	1	0	1	0	0	2
Anoka	2	6	4	4	3	13	13	9	7	6	67
Becker	0	0	0	0	1	0	0	0	1	0	2
Beltrami	1	0	1	0	1	1	1	0	2	0	7
Benton	0	1	0	2	0	0	2	0	0	0	5
Big Stone	0	0	0	0	0	0	0	0	0	0	0
Blue Earth	0	1	0	0	1	0	2	2	1	0	7
Brown	0	0	0	0	0	0	0	0	0	0	0
Carlton	2	1	0	0	1	2	2	2	1	0	11
Carver	0	1	0	2	2	1	0	0	2	0	8
Cass	1	0	1	1	0	0	1	0	1	2	7
Chippewa	0	0	0	0	0	0	0	0	1	1	2
Chisago	0	1	1	3	0	1	1	0	0	1	8
Clay	0	0	0	0	1	0	0	1	0	2	4
Clearwater	0	0	0	0	0	0	0	0	0	0	0
Cook	0	0	0	0	0	0	0	0	0	1	1
Cottonwood	0	0	0	0	0	0	0	0	0	0	0
Crow Wing	0	1	0	0	0	1	0	0	2	1	5
Dakota	10	3	8	3	10	8	14	7	6	9	78
Dodge	1	0	0	1	1	0	0	0	0	0	3

COUNTY-LEVEL BENZODIAZEPINE-INVOLVED OVERDOSE DEATHS FROM 2015-2024

County of Residence	2015	2016	2017	2018	2019	2020	2021	2022	2023*	2024*	Total
Douglas	0	0	0	0	0	0	0	1	0	0	1
Faribault	1	0	0	0	0	0	0	0	0	0	1
Fillmore	0	0	0	1	1	0	0	0	0	0	2
Freeborn	0	0	1	0	0	0	0	1	0	1	3
Goodhue	1	3	1	0	0	1	1	0	0	0	7
Grant	0	0	0	0	0	0	0	0	0	0	0
Hennepin	27	49	45	20	31	68	42	53	37	29	401
Houston	1	0	1	1	0	1	0	0	0	0	4
Hubbard	1	0	0	0	0	0	0	0	0	1	2
Isanti	0	2	0	1	0	1	1	0	0	0	5
Itasca	0	0	0	2	2	1	2	2	2	0	11
Jackson	0	0	0	0	0	0	0	0	0	0	0
Kanabec	0	0	0	0	0	0	0	0	0	0	0
Kandiyohi	0	0	0	1	0	0	0	1	1	0	3
Kittson	0	0	0	0	0	0	0	0	0	0	0
Koochiching	0	0	0	0	1	0	0	0	0	0	1
Lac Qui Parle	0	0	0	0	0	0	0	0	0	1	1
Lake	0	0	0	1	0	0	0	0	0	0	1
Lake of The Woods	0	0	0	0	0	0	0	0	0	1	1
Le Sueur	0	0	0	0	0	0	0	1	1	2	4
Lincoln	0	0	0	0	0	1	0	0	0	0	1
Lyon	0	0	0	0	0	0	0	0	0	0	0
Mahnomen	0	0	0	0	0	0	1	0	0	0	1
Marshall	0	0	0	0	0	0	0	0	0	0	0
Martin	0	0	0	0	0	0	0	0	0	0	0
McLeod	0	0	1	0	1	2	0	1	0	0	5
Meeker	0	0	0	0	0	0	0	0	0	0	0
Mille Lacs	0	1	0	0	1	0	1	0	1	1	5
Morrison	0	0	0	1	1	0	0	1	1	1	5

COUNTY-LEVEL BENZODIAZEPINE-INVOLVED OVERDOSE DEATHS FROM 2015-2024

County of Residence	2015	2016	2017	2018	2019	2020	2021	2022	2023*	2024*	Total
Mower	0	0	2	0	0	1	0	0	0	0	3
Murray	0	0	0	0	0	0	0	0	0	0	0
Nicollet	0	0	0	0	0	0	0	0	0	1	1
Nobles	0	1	1	0	0	0	0	1	0	0	3
Norman	0	0	0	0	0	0	0	0	0	0	0
Olmsted	3	6	2	1	3	3	2	2	2	1	25
Otter Tail	0	2	0	0	0	0	1	3	1	1	8
Pennington	0	0	0	0	0	0	0	0	0	1	1
Pine	0	1	0	2	0	1	1	0	0	2	7
Pipestone	0	0	0	0	0	0	0	0	0	0	0
Polk	0	0	0	0	2	0	1	0	0	1	4
Pope	0	0	0	0	0	0	0	0	0	0	0
Ramsey	6	7	8	3	4	9	10	5	6	5	63
Red Lake	0	0	0	0	0	0	0	0	0	0	0
Redwood	1	0	0	0	0	0	0	0	0	0	1
Renville	2	0	0	0	0	0	0	2	0	0	4
Rice	1	0	1	1	0	1	0	0	1	0	5
Rock	0	0	0	1	0	0	0	0	0	0	1
Roseau	0	0	0	0	0	0	0	0	0	0	0
Scott	0	3	3	3	3	3	1	3	2	2	23
Sherburne	2	1	0	2	1	1	0	0	1	1	9
Sibley	1	1	0	0	0	1	0	0	0	0	3
St. Louis	4	6	3	2	4	6	11	6	3	6	51
Stearns	2	0	0	4	1	6	0	5	4	1	23
Steele	0	1	0	0	0	0	1	0	1	0	3
Stevens	0	0	0	0	0	0	0	0	0	0	0
Swift	0	1	0	0	0	0	0	0	0	0	1
Todd	0	0	1	0	1	0	0	0	0	0	2
Traverse	0	0	0	0	0	0	0	0	0	0	0

COUNTY-LEVEL BENZODIAZEPINE-INVOLVED OVERDOSE DEATHS FROM 2015-2024

County of Residence	2015	2016	2017	2018	2019	2020	2021	2022	2023*	2024*	Total
Wabasha	0	1	0	0	1	1	0	2	0	0	5
Wadena	0	0	1	0	1	0	0	0	1	0	3
Waseca	0	0	0	0	1	0	0	0	0	0	1
Washington	1	1	4	3	3	5	2	4	1	1	25
Watsonwan	0	0	0	0	0	0	0	1	0	0	1
Wilkin	0	0	0	0	0	1	0	0	0	0	1
Winona	1	0	1	2	0	1	1	0	1	0	7
Wright	0	1	0	1	1	1	4	2	1	2	13
Yellow Medicine	0	0	0	0	0	0	0	1	0	0	1
7-County Metro	46	70	72	38	56	107	82	81	61	52	613
Greater MN	26	33	19	31	29	37	37	39	30	33	281
Unknown County	0	0	1	0	0	0	0	0	1	2	2
Total	72	103	92	69	85	144	119	120	92	87	983

Source: Minnesota death certificates, Injury Prevention and Mental Health, Minnesota Department of Health, 2015-2024.

Underlying cause of death includes ICD-10 codes indicating drug overdose (X40-X44, X60-X64, X85, or Y10-Y14); contributing cause of death includes ICD-10 code indicating benzodiazepine use (T42.4). Benzodiazepine overdose deaths are not exclusive of other drug categories.

7-county metro: Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington counties; Greater Minnesota: Not part of the 7-county; Unknown county: County FIPS code is invalid or missing.

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