Advancing equity in antimicrobial stewardship: How do we know if we are making progress?

Melinda M. Pettigrew, PhD Dean and Mayo Chair 2024 MN Antibiotic Stewardship Conference May 1, 2024

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Topics to Consider

- Describe how social determinants of health contribute to disparities related to antimicrobial resistance
- Provide examples of goals, strategies, and challenges for measuring and achieving equitable enrollment and representation in antibiotic stewardship research and surveillance
- Discuss the ways in which a One Health framework can advance health equity



Antibiotics are essentially different than other drugs; they not only effect the individual to whom they are given but also the entire community through selection for resistance to their own action. Thus, their use resides at the intersection of personal and public health.

-Martin Blaser, Science, 2016



Antimicrobial Resistance (AMR): A Global Public Health Threat



CDC Report on Antibiotic Resistance Threats in the US, 2019



- 4.95 95% UI (3.62-6.57) million deaths associated w/AMR
- 1.27 95% UI (0.91-1.71) million deaths attributable to AMR
- Western sub-Saharan Africa has the highest burden ~27.3 deaths per 100,000
- Lower respiratory infections accounted for 1.5 million deaths associated with resistance



Antibiotic Use is an Important Driver of Resistance

Critical pathogen AMR rates, carbapenem and cephalosporin consumption



Pearson's correlation between AMR and consumption in humans, 0.30 (p=0.021)

AMR rates and antibiotic consumption in food-producing animals



Pearson's correlation between AMR and consumption in food-producing animals, 0.28 (p<0.0001)

Complex and Multifactorial Drivers of Antimicrobial Resistance

GLOBAL TRENDS

- Population growth
- Increasing travel
- Mobility (humans and animals)
- Political instability/war/conflict
- Climate change
- Deficits in the antibiotic pipeline

INEQUITIES

- Unequal/limited access to clean water
- Poor sanitation, hygiene, and infrastructure in low resource settings
- Environmental contamination/pollution (air, soil, water)

BEHAVIOR

Antibiotics are a public good, their use and misuse is driven by unsustainable economies in:

- Human health care
- Farming- livestock and crop production

INADEQUATE INVESTMENT

- Sewage collection and treatment
- Drinking water and hygiene
- Pharmaceutical industry
- Livestock biosecurity

Distinguishing Race from Genetic Ancestry

Self identified race and ethnicity (social construct) and genetic ancestry (genome) impact health in distinct ways





The Need for a Health Equity Lens: Race and Ethnicity Inequities in AMR-Related Morbidity and Mortality



Race and ethnicity are social constructs, social determinants of health influence risk for AMR infections



Nadimpalli, ML et al. (2021) Nat. Med. 27:187-88.

Racial disparities have been identified for invasive methicillin-resistant *Staphylococcus aureus* (MRSA)

Unadjusted invasive MRSA rates by race, 2005–2014



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Socioeconomic factors help explain racial inequities in community-associated MRSA





Effect of race	Rate ratio	95% confidence interval	
Total	1.68	1.53–1.84	
Direct	1.05	.92–1.20	
Indirect	1.60	1.44-1.78	



See, I. et al (2017) Clin Infect Dis. 64: 597-604.

Diverse representation and reporting in randomized controlled trials (RCTs): Why is it important?

EDITORIAL

The Reporting of Race and Ethnicity in Medical and Science Journals Comments Invited

Annette Flanagin, RN, MA: Tracy Frey, BA: Stacy L. Christiansen, MA: Howard Bauchner, MD

For many years and increasingly in the last year, JAMA and the JAMA Network journals have published many important articles addressing disparities and racism in medical educaternal review from leading scholars and researchers, who provided thoughtful input and represented diverse opinions (and vet did not always agree with one another). This revised sec-



Check for updates

https://doi.org/10.1038/s41467-022-30398-1 OPEN

Raising the bar on sex and gender reporting in research

For nearly a decade, Nature Portfolio journals have asked for information about sex and gender in research studies, and more recently, we have also encouraged authors to use the Sex and Gender Equity in Research (SAGER) guidelines in their work. We are now updating our guidance and practice so that authors are more clearly and actively encouraged to report on select items within the SAGER guidelines.

Gualandi, N. et al (2018) Clin Infect Dis. 67: 1175–1181. Flanagin, A. et al (2021) JAMA, 326: 621-27.

2023 omnibus spending bill includes the Diverse and Equitable Participation in Clinical Trials (DEPICT) Act

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Historical benchmarks are needed to ensure that progress can be evaluated



Research Question

What is the status of demographic reporting and representation in the US-based randomized clinical trials (RCTs) of antibacterial drugs used to treat infections due to *S. aureus*?

- RCTs published 2000-2021 including registrational trials for FDA marketing approval and strategy trials designed to test antibiotics and/or treatment strategies
- Patients diagnosed with S. aureus infections where anti-staphylococcal antibiotics are used
 - Acute bacterial skin and skin structure infections (ABSSSIs)
 - Bloodstream infections (BSI)
 - Respiratory tract infections
 - S. aureus is a major pathogen



Study Screening





Demographic Breakdown and Reporting in *S. aureus* Trials (n=87)

Demographic characteristic	Ν	%* (N=38,080)
Participants with sex data	37,059	97.3
Female	14,388	38.8
Male	22,671	61.2
Participants with race data	31,402	82.5
Asian	2,091	6.7
Black/African American	3,767	12.0
American Indian/Alaskan Native	117	0.4
White	22,426	71.4
Multi-racial	210	0.7
Unknown race	1,308	4.2
Other	1483	4.8
Participants with ethnicity data	8,024	21.1
Hispanic/Latino	1,596	19.9
Non-Hispanic/Non-Latino	6,428	80.1



Participant to Incidence Ratios (PIRs) for Demographic Subgroups



Underrepresentation defined as a PIR < 0.8, overrepresentation as PIR > 1.2



Definitions and incidence change over time, surveillance data are not readily available for many populations



Probabilistic Sensitivity Analysis (PSA) for PIRs for Black and White participants across a range of values from CDC MRSA report data

Factors Associated with Underrepresentation of Black Participants in RCTs

Study sample size comparison by Black representation for the PIR



Underrepresentation of Black participants associated with:

- larger study size
- international sites
- industry sponsorship
- Black participants were more likely to be underrepresented in phase 2/3 vs. phase 4 trials [OR, 4.57; 95% CI: (1.14–18.3)]



Participation has not significantly changed over time...

Temporal distribution of Black and White participants by the last year of enrollment



Clinical Infectious Diseases

EDITORIAL COMMENTARY



Robust Performance Metrics for Assessing Equitable Clinical Trial Participant Enrollment: Can We Get There?

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Keywords. clinical trial participants; diversity; pharmacoequity; health equity; equitable enrollment.



Clinical Infectious Diseases, 2024; ciae047

Discussion: How do we ensure that we are achieving appropriate enrollment?

- Should we use US census or incidence data to compare demographic proportions?
- How do we explain that American Indian/Alaskan Native groups are adequately represented, and Hispanic populations are overrepresented?
- Can we accurately calculate PIRs?
 - US vs. international settings
 - Challenges with surveillance data, disease incidence must be known
- What other factors explain inequities in trial participation

Clinical Infectious Diseases, 2024; ciae047

Antibiotic Resistance is a One Health Issue

Why ONE HEALTH is Important

As Earth's population grows, our connection with animals and the environment changes:



These factors make it easier for diseases to spread between animals and people.

A One Health approach tackles shared health threats by looking at all angles—human, animal, plant, and environmental

www.cdc.gov/onehealth





Health equity has historically been discussed and reserved for human health

"An equity approach to One Health asks us to look at systematic processes that make unfair or unjust access or opportunities to benefit from the determinants of health across species and generations"



Stephen, C (2020) Animals Health and Society. https://doi.org/10.1201/9780429320873

Ecology of Antibiotics and Antibiotic Resistance



20-80% of antibiotics are released into the environment, sub-MIC concentrations are found in humans, farms, and in the environment

Andersson and Hughes (2014) Nat Rev Microbiol. 12: 465-78

Colistin Resistance: A Cautionary Tale

Articles

€ 200 €

Emergence of plasmid-mediated colistin resistance mechanism MCR-1 in animals and human beings in China: a microbiological and molecular biological study

Yi-Yun Liu*, Yang Wang*, Timothy R Walsh, Ling-Xian Yi, Rong Zhang, James Spencer, Yohei Doi, Guobao Tian, Baolei Dong, Xianhui Huang, Lin-Feng Yu, Danxia Gu, Hongwei Ren, Xiaojie Chen, Luchao Lv, Dandan He, Hongwei Zhou, Zisen Liang, Jian-Hua Liu, Jianzhong Shen

Summary

Background Until now, polymyxin resistance has involved chromosomal mutations but has never been reported via Lancet Infect Dis 2016; horizontal gene transfer. During a routine surveillance project on antimicrobial resistance in commensal Eckerichia 16: 151-66

EXPERT REVIEW OF ANTI-INFECTIVE THERAPY, 2016 VOL. 14, NO. 9, 785-788 http://dx.doi.org/10.1080/14787210.2016.1216314



EDITORIAL

On the path to untreatable infections: colistin use in agriculture and the end of 'last resort' antibiotics

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ARTICLE HISTORY Received 30 June 2016; Accepted 20 July 2016; Published online 1 August 2016

GERMINATION A Blog by Maryn McKenna

Apocalypse Pig: The Last Antibiotic Begins to Fail

() POSTED SAT, 11/21/2015



A pig being home-raised for a festival in China. PHOTOGRAPH BY CLEMSON, FLICKR (CC).

A pig being home-raised for a festival in China, PHOTOGRAPH BY CLEMSON, FLICKR (CI



January 1, 2017: U.S. FDA banned medically important antibiotics for growth promotion



- FDA guidance prohibits the over-the-counter sale of medically important antimicrobials for use in farming
- 54% of antimicrobials used in US animal agriculture are medically important
- ~1/3 of antibiotics approved for use in animals lack restrictions on prescription duration
- Tylosin phosphate (macrolide) frequently given in feed to prevent liver abscesses
- Ionophores are still used for growth promotion and are the second most widely used class of antibiotics in animals in the United States



https://www.fda.gov/animal-veterinary/cvm-updates/fda-releases-annual-summary-report-antimicrobials-sold-or-distributed-2020-use-food-producing

Comparison of the digestive tract resistome in cattle raised in grass-fed vs. conventional production systems





- Grass-fed diets have been recommended over grain-fed diets as a way to reduce AMR
- Antimicrobial resistance could concentrate in animal-specific pathogens and the extent of spillover into humans is a subject of debate



Sampling Scheme Timeline for Cattle by System





Antibiotic Resistance Genes (ARGs) Cluster by System



Cattle Characteristics

	S1	S2	S 3	S4	S5
System A					
Age days (range)	259 (170, 414)	280 (191, 435)	353 (264, 508)	471 (382, 626)	694 (605, 849)
Weight lbs. (range)	416 (234, 558)	461 (248, 598)	447 (236, 616)	517 (254, 704)	639 (392, 840)
Diet	Pre-weaning	Grazing	Grazing	Bale grazing	Grazing
No. received/	33	33	33	33	30
sequenced					
System B					
Age days (range)	126(587, 146)	182 (143, 202)	238 (199, 258)	294 (255, 314)	377 (338, 397)
Weight Ibs. (range)	353 (260, 466)	431 (302 <i>,</i> 540)	623 (484, 762)	831 (678 <i>,</i> 988)	1,173 (996,1355)
Diet	Pre-weaning	Transition*	Backgrounding*	Finishing*	Finishing*
No. received/	34	33	33	33	33
sequenced					

*Rumensin (ionophore) supplement



Beta-diversity of Type-level Antibiotic Resistance Genes (ARGs) by System and Sampling Point



- System B-1 pre-weaning samples overlap with System A samples
- Clear distinction between system A and B 2-5 samples
- Clustering by the system was confirmed using PERMANOVA (P < 0.001; n = 4000 permutations)

Kwon, J et al. 2024; Submitted.

Abundance of Type Level Antibiotic Resistance Genes for Clinically Relevant Antibiotics





Temporal trends in Select ARGs by System



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- ESBL *E. coli* isolates were recovered from five steer from system A at three different time points
- Three isolates were ST23, which has been identified in agricultural products (e.g., chicken) and as a cause of urinary tract infections and bloodstream infections in humans
- Carriage of ESBL-*E. coli* appears to be transient and was not detected in system A cattle or any carcass samples
- Potential human pathogens such as *Salmonella enterica*, *Enterococcus faecalis*, and *C. difficile* were not identified by shotgun metagenomic sequencing



9.0F-4

Discussion

- These and other data show that the cattle fecal resistome is usually dominated by ARGs for tetracycline and macrolide antibiotics
- Specific farm management practices may provide a path to reduce AMR
- Reductions in the use of antibiotics in agriculture will have to be part of a multifaceted approach to reduce resistance
- The veterinary and medical challenges that arise from AMR need to be considered along with the ethical treatment of animals and the need to sustainably and affordably feed the human population
- Future studies should focus on the development of risk and ranking models for ARGs and consider the impact of ionophore use on the microbiota and resistome



Questions?

Thank you!

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