

Introduction to Exercises

**What are they and how should
I plan them?**

**Chad Ostlund, CEM
Emergency Preparedness & Response**

Agenda

- **What are exercises and why should they be conducted?**
- **What types of exercises exist?**
- **How does the planning process work?**
- **How should partners be identified and involved?**
- **Q&A**

Learning Objectives

By the end of this webinar you will be able to:

- 1. Discuss basics of exercise planning**
- 2. Describe types of exercises**
- 3. Determine potential members of exercise planning teams**
- 4. Identify partners that may be involved in your exercises**

National Preparedness Goal

“A secure and resilient nation with the capabilities required across the whole community to prevent, protect against, mitigate, respond to, and recover from the threats and hazards that pose the greatest risk.”

Prevention

Response

Protection

Recovery

Mitigation

15 Public Health Preparedness Capabilities

1. **Community Preparedness**
2. **Community Recovery**
3. **Emergency Operations Coordination**
4. **Emergency Public Information & Warning**
5. **Fatality Management**
6. **Information Sharing**
7. **Mass Care**
8. **Medical Countermeasure Dispensing**
9. **Medical Materiel Management & Distribution**
10. **Medical Surge**
11. **Non-Pharmaceutical Interventions**
12. **Public Health Laboratory Testing**
13. **Public Health Surveillance and Epidemiological Investigation**
14. **Responder Safety and Health**
15. **Volunteer Management**

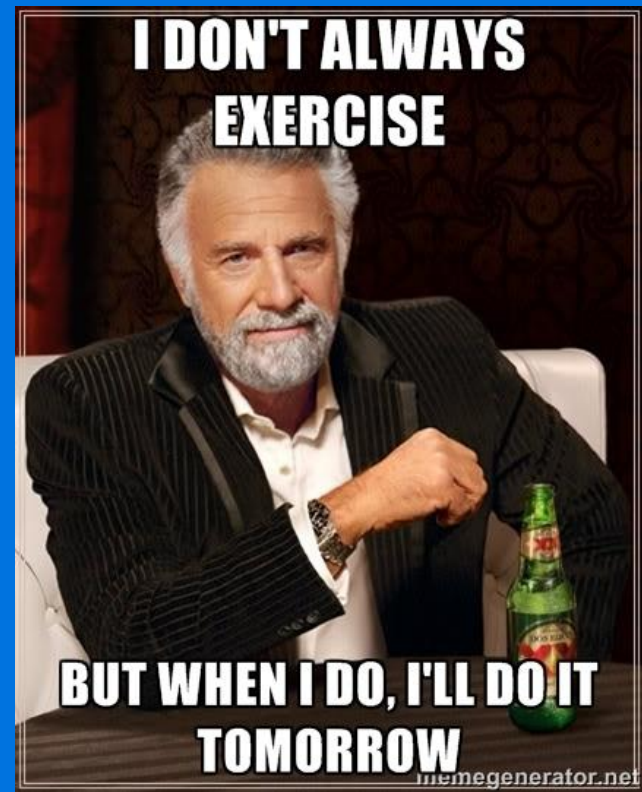
A Sheep? No, HSEEP!

(Homeland Security Exercise & Evaluation Program)

- **HSEEP Preparedness Toolkit**
- <https://www.preptoolkit.org/web/hseep-resources>



Always Successful?



Types of Exercises



Types of Exercises

- Discussion-based
- Operations-based



Discussion-based Exercises

- **Seminars**
- **Workshops**
- **Tabletop Exercise (TTX) and**
- **Games**

Discussion-based Exercises

- **Seminars – orientation**
 - Department operations center
 - Local emergency operations center
 - Open house
- **Workshop- produce something**
 - Develop a job action sheet
 - Create a policy or protocol

Discussion-based Exercises

- **Tabletop Exercise**
 - Internal or with external partners
 - Uses a scenario
 - In-depth discussion
- **Games**
 - Allows practice
 - Can involve teams
 - Can be a simulation

Discussion-based Exercises

- Audience examples



Operations-based Exercises

- **Drills**
- **Functional Exercises (FE)**
- **Full-scale Exercises (FSE)**

Drills

- **Purpose**
- **What they test and when**
- **Categories**



Functional Exercises (FE)

- **Purpose**
- **Time transitions**
- **Depend on reactions**



Full-scale Exercises (FSE)

- **Purpose**
- **Physical reporting of personnel**
- **Depend on actions in field**



Examples

- **Group discussion on drill and exercise experience**



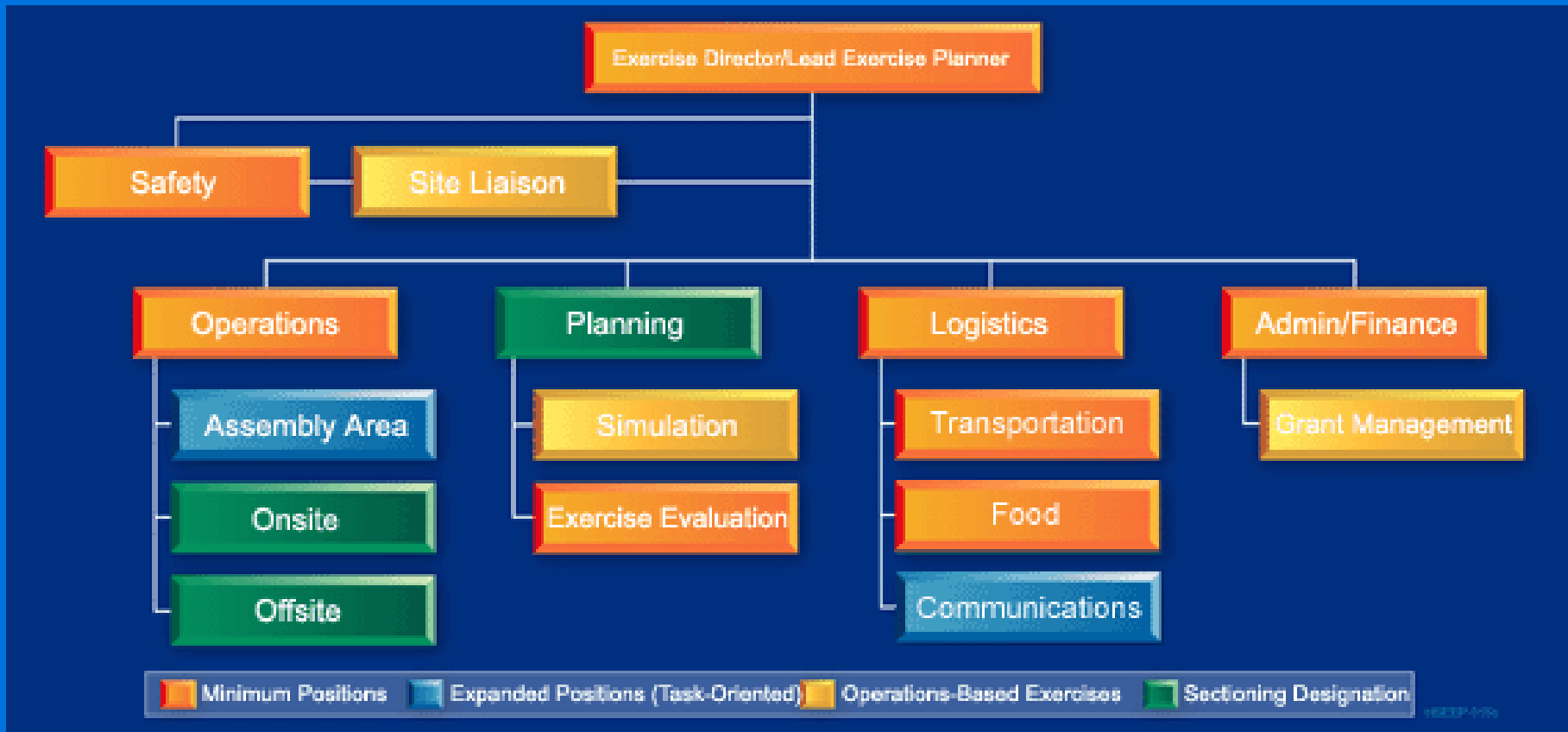
Exercise Planning Team

- **Neighboring jurisdictions**
- **Subject matter experts**
- **Internal agency members**
- **Health Care Coalition members**
- **MDH – Public Health Preparedness Consultants**

How to Identify & Involve Partners



Exercise Planning Team Organization



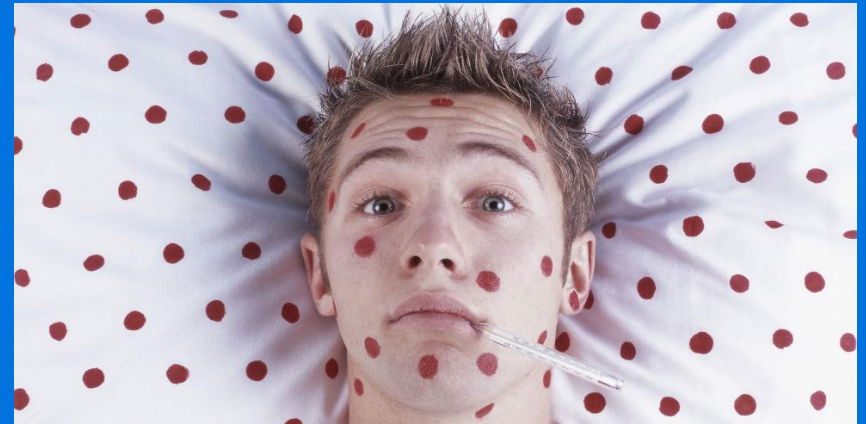
Planning Conferences

- **Official meetings**
 - Concept & Objectives Conference
 - Initial Planning Conference
 - Mid-Term Planning Conference



Planning Conferences

- **Official meetings**
 - MSEL- Master Scenario Events List Conference
 - Final Planning Conference



Planning the Exercise- Webinar #2

Exercise Planning Team Responsibilities

- Objectives
- Define exercise purpose & goal and set timeline
- Create scenario
- Prepare exercise documentation and communication
- Training and pre-exercise briefing

Wrap Up – Review

- **HSEEP**

<https://www.preptoolkit.org/web/hseep-resources>

- **Exercise types**

- **Exercise Planning Team**

Upcoming Webinars

- **September 21: Identifying Goals and Developing a Scenario**
- **October 4: Conducting the Exercise**
- **October 19 or 20: Evaluating the Exercise and Creating an AAR/IP**

Questions



Contact Information

Chad Ostlund

651-201-5660

chad.ostlund@state.mn.us