



*Protecting, Maintaining and Improving the Health of All Minnesotans*

Electronically delivered

October 9, 2024

Administrator  
Heritage Living Center  
619 West Sixth Street  
Park Rapids, MN 56470

Re: Reinspection Results  
Event ID: OFLO12

Dear Administrator:

On September 24, 2024 survey staff of the Minnesota Department of Health - Health Regulation Division completed a reinspection of your facility, to determine correction of orders found on the survey completed on September 12, 2024. At this time these correction orders were found corrected.

Please feel free to call me with any questions.

Sincerely,

A handwritten signature in black ink that reads 'Kamala Fiske-Downing'.

Kamala Fiske-Downing  
Federal Enforcement | Health Regulation Division  
Minnesota Department of Health  
Health Regulation Division  
Telephone: (651) 201-4112  
Email: [Kamala.Fiske-Downing@state.mn.us](mailto:Kamala.Fiske-Downing@state.mn.us)



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Electronically Delivered  
October 9, 2024

Administrator  
Heritage Living Center  
619 West Sixth Street  
Park Rapids, MN 56470

RE: CCN: 245405  
Cycle Start Date: September 12, 2024

Dear Administrator:

On September 24, 2024, the Minnesota Department of Health completed a revisit to verify that your facility had achieved and maintained compliance. Based on our review, we have determined that your facility has achieved substantial compliance; therefore no remedies will be imposed.

Feel free to contact me if you have questions.

Sincerely,

A handwritten signature in black ink that reads 'Kamala Fiske-Downing'.

Kamala Fiske-Downing  
Federal Enforcement | Health Regulation Division  
Minnesota Department of Health  
Health Regulation Division  
Telephone: (651) 201-4112  
Email: [Kamala.Fiske-Downing@state.mn.us](mailto:Kamala.Fiske-Downing@state.mn.us)



*Protecting, Maintaining and Improving the Health of All Minnesotans*

Electronically delivered  
September 17, 2024

Administrator  
Heritage Living Center  
619 West Sixth Street  
Park Rapids, MN 56470

RE: CCN: 245405  
Cycle Start Date: September 12, 2024

Dear Administrator:

On September 12, 2024, a survey was completed at your facility by the Minnesota Departments of Health and Public Safety, to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be widespread deficiencies that constituted no actual harm with potential for more than minimal harm that was not immediate jeopardy (Level F), as evidenced by the electronically attached CMS-2567 whereby corrections are required.

#### **ELECTRONIC PLAN OF CORRECTION (ePoC)**

Within **ten (10) calendar days** after your receipt of this notice, you must submit an acceptable ePOC for the deficiencies cited. An acceptable ePOC will serve as your allegation of compliance. Upon receipt of an acceptable ePOC, we will authorize a revisit to your facility to determine if substantial compliance has been achieved.

To be acceptable, a provider's ePOC must include the following:

- How corrective action will be accomplished for those residents found to have been affected by the deficient practice.
- How the facility will identify other residents having the potential to be affected by the same deficient practice.
- What measures will be put into place, or systemic changes made, to ensure that the deficient practice will not recur.
- How the facility will monitor its corrective actions to ensure that the deficient practice is being corrected and will not recur.
- The date that each deficiency will be corrected.
- An electronic acknowledgement signature and date by an official facility representative.

Heritage Living Center

September 17, 2024

Page 2

The state agency may, in lieu of an onsite revisit, determine correction and compliance by accepting the facility's ePoC if the ePoC is reasonable, addresses the problem and provides evidence that the corrective action has occurred.

If an acceptable ePoC is not received within 10 calendar days from the receipt of this letter, we will recommend to the CMS Region V Office that one or more of the following remedies be imposed:

- Denial of payment for new Medicare and Medicaid admissions (42 CFR 488.417);
- Civil money penalty (42 CFR 488.430 through 488.444).
- Termination of your facility's Medicare and/or Medicaid agreement (488.456(b)).

## DEPARTMENT CONTACT

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by an "F" and/or an "E" tag), i.e., the plan of correction should be directed to:

Alex Warren, Regional Operations Supervisor

Duluth District Office

Licensing and Certification Program

Health Regulation Division

Minnesota Department of Health

11 East Superior Street, Suite 290

Duluth, MN 55082

Email: [Alex.Warren@state.mn.us](mailto:Alex.Warren@state.mn.us)

Office: 218-302-6186 Mobile: 651-279-5375

## PRESUMPTION OF COMPLIANCE - CREDIBLE ALLEGATION OF COMPLIANCE

The facility's ePoC will serve as your allegation of compliance upon the Department's acceptance. In order for your allegation of compliance to be acceptable to the Department, the ePoC must meet the criteria listed in the plan of correction section above. You will be notified by the Minnesota Department of Health, Licensing and Certification Program staff and/or the Department of Public Safety, State Fire Marshal Division staff, if your ePoC for the respective deficiencies (if any) is acceptable.

## VERIFICATION OF SUBSTANTIAL COMPLIANCE

Upon receipt of an acceptable ePoC, a Post Certification Revisit (PCR), of your facility will be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification.

If substantial compliance has been achieved, certification of your facility in the Medicare and/or

Medicaid program(s) will be continued and remedies will not be imposed. Compliance is certified as of the latest correction date on the approved ePoC, unless it is determined that either correction actually occurred between the latest correction date on the ePoC and the date of the first revisit, or correction occurred sooner than the latest correction date on the ePoC.

#### **FAILURE TO ACHIEVE SUBSTANTIAL COMPLIANCE BY THE THIRD OR SIXTH MONTH AFTER THE LAST DAY OF THE SURVEY**

If substantial compliance with the regulations is not verified by December 12, 2024 (three months after the identification of noncompliance), the CMS Region V Office must deny payment for new admissions as mandated by the Social Security Act (the Act) at Sections 1819(h)(2)(D) and 1919(h)(2)(C) and Federal regulations at 42 CFR Section 488.417(b).

In addition, if substantial compliance with the regulations is not verified by March 12, 2025 (six months after the identification of noncompliance) your provider agreement will be terminated. This action is mandated by the Social Security Act at Sections 1819(h)(2)(C) and 1919(h)(3)(D) and Federal regulations at 42 CFR Sections 488.412 and 488.456.

**Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.**

#### **INFORMAL DISPUTE RESOLUTION (IDR) / INDEPENDENT INFORMAL DISPUTE RESOLUTION (IIDR)**

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

Nursing Home Informal Dispute Process  
Minnesota Department of Health  
Health Regulation Division  
P.O. Box 64900  
St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting an ePoC for the cited deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at: [https://mdhprovidercontent.web.health.state.mn.us/lrc\\_idr.cfm](https://mdhprovidercontent.web.health.state.mn.us/lrc_idr.cfm)

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day period allotted for submitting an acceptable electronic plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at: [https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04\\_8.html](https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04_8.html)

Please note that the failure to complete the informal dispute resolution process will not delay the dates

Heritage Living Center

September 17, 2024

Page 4

specified for compliance or the imposition of remedies.

Questions regarding all documents submitted as a response to the Life Safety Code deficiencies (those preceded by a "K" tag), i.e., the plan of correction, request for waivers, should be directed to:

Travis Z. Ahrens  
State Fire Safety Supervisor  
Health Care & Correctional Facilities  
MN Department of Public Safety-Fire Marshal Division  
445 Minnesota St., Suite 145  
St. Paul, MN 55101  
Email: [travis.ahrens@state.mn.us](mailto:travis.ahrens@state.mn.us)  
Web: [www.sfm.dps.mn.gov](http://www.sfm.dps.mn.gov)  
Cell: 1-507-308-4189

Feel free to contact me if you have questions.

Sincerely,



Kamala Fiske-Downing  
Federal Enforcement | Health Regulation Division  
Minnesota Department of Health  
Health Regulation Division  
Telephone: (651) 201-4112  
Email: [Kamala.Fiske-Downing@state.mn.us](mailto:Kamala.Fiske-Downing@state.mn.us)

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 09/26/2024  
FORM APPROVED  
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>245405</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>09/12/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
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E 000	Initial Comments  On 9/9/24 to 9/12/24, a survey for compliance with Appendix Z, Emergency Preparedness Requirements, §483.73 was conducted during a standard recertification survey. The facility was IN compliance.  The facility is enrolled in ePOC and therefore a signature is not required at the bottom of the first page of the CMS-2567 form. Although no plan of correction is required, it is required that the facility acknowledge receipt of the electronic documents.	E 000		
F 000	INITIAL COMMENTS  On 9/9/24 to 9/12/24, a standard recertification survey was conducted at your facility. A complaint investigation was also conducted. Your facility was NOT in compliance with the requirements of 42 CFR 483, Subpart B, Requirements for Long Term Care Facilities.  The following complaints were reviewed with NO deficiencies cited:  H54057921C (MN00105561) H54057922C (MN00105645)  The facility's plan of correction (POC) will serve as your allegation of compliance upon the Departments acceptance. Because you are enrolled in ePOC, your signature is not required at the bottom of the first page of the CMS-2567 form. Your electronic submission of the POC will be used as verification of compliance.  Upon receipt of an acceptable electronic POC, an onsite revisit of your facility may be conducted to validate substantial compliance with the	F 000		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  <b>Electronically Signed</b>	TITLE	(X6) DATE <b>09/24/2024</b>
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Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>		
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F 000  F 812 SS=E	Continued From page 1 regulations has been attained. Food Procurement,Store/Prepare/Serve-Sanitary CFR(s): 483.60(i)(1)(2)  §483.60(i) Food safety requirements. The facility must -  §483.60(i)(1) - Procure food from sources approved or considered satisfactory by federal, state or local authorities. (i) This may include food items obtained directly from local producers, subject to applicable State and local laws or regulations. (ii) This provision does not prohibit or prevent facilities from using produce grown in facility gardens, subject to compliance with applicable safe growing and food-handling practices. (iii) This provision does not preclude residents from consuming foods not procured by the facility.  §483.60(i)(2) - Store, prepare, distribute and serve food in accordance with professional standards for food service safety. This REQUIREMENT is not met as evidenced by: Based on observation, interview, and document review, the facility failed to ensure refrigerated food items were properly labeled and dated. Furthermore, the facility failed to ensure refrigerated food items were disposed of after expiration date. This deficient practice had the potential to harm any resident or visitor using facility refrigerators to store food.  Findings include:  During observation on 9/10/24 at 1:47 p.m., north unit fridge was reviewed. In the freezer the	F 000  F 812	F812 1. All residents were at risk due to food in the common resident/unit refrigerators not having appropriate name/dates and being audited regularly. 2. HLC's policy has been updated to reflect duty to check refrigerators weekly to Dietary Manager. Dietary Manager or designee placed posters on refrigerators reminding staff, families and residents to place name and date on food items. 3.Education was provided to Dietary Manager and Executive Director	9/24/24



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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET</b> <b>PARK RAPIDS, MN 56470</b>		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
F 812	<p>Continued From page 2</p> <p>following items were found:</p> <ul style="list-style-type: none"> <li>-small, white, square Uline brand cold pack, no name or label attached.</li> <li>-large rectangular blue cold pack, resident label attached.</li> <li>-plastic grocery bag with two bags of frozen vegetables, no label attached.</li> <li>-one open box of frozen fruit bars, no label attached.</li> </ul> <p>During observation on 9/10/24 at 1:53 p.m., west unit fridge was reviewed. In the freezer was a Morningstar brand vegan pizza, expiration date of August 2022. In the fridge was a clear tupperware container with leftover corn, resident name on post-it note, no date.</p> <p>During observation on 9/10/24 at 1:58 p.m., second floor unit fridge was reviewed. In the door of the fridge was a small take out box with resident name and no date.</p> <p>During observation on 9/11/24 at 1:31 p.m., fridge in first floor serving kitchen was reviewed. In the freezer was a box of fried rice without name or date.</p> <p>During interview on 9/11/24 at 1:22 p.m., certified nursing assistant (CNA)-A stated resident leftovers or food brought in for residents should be tabled with the resident name and the date. CNA-A further stated there was no official process for staff to label food.</p> <p>During interview on 9/12/24 at 8:14 a.m., licensed practical nurse (LPN)-A stated resident food should be labeled with their name and date. LPN-A further stated they would dispose of old food whenever working. LPN-A stated there was</p>	F 812	<p>regarding new policy and auditing. This deficiency has been remedied as of September 24, 2024.</p> <p>4. Dietary Manager or designee will audit all resident common refrigerators weekly x four weeks and then monthly x5 months. An audit form was created to monitor compliance. The results of the audits will be reported to the QAPI committee for further recommendations.</p>	

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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET</b> <b>PARK RAPIDS, MN 56470</b>		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
F 812	<p>Continued From page 3 no task to check the fridges.</p> <p>On 9/11/24 at 2:05 p.m., dietary manager (DM) and executive director (ED) stated expectation for staff to label resident food with initials and date. DM and ED confirmed presence of multiple cold packs in north unit fridge. DM and ED also confirmed plastic grocery bag of frozen vegetables, and box of frozen fruit bars. DM and ED reviewed fridge on west unit and confirmed presence of frozen vegan pizza and expiration date of August 2022. DM and ED confirmed presence of unlabeled box of frozen fried rice in first floor serving kitchen. ED stated, "staff probably brought that in, maybe for a resident, and forgot about it." DM and ED confirmed presence of take out box with resident name and no date in second floor fridge. DM and ED discarded all expired or unlabeled foods.</p> <p>On 9/11/24 at 2:10 p.m., DM and ED stated there was not a process to ensure food was being check in unit fridges. DM and ED stated it was important to clean out unit fridges to prevent any possible harm to residents and families. DM and ED further stated expectation for staff to check unit fridges for expired food and to discard it if found.</p> <p>Facility policy, Food Brought In By Visitors last amended 1/24, stated "any food not labeled or dated is discarded." Policy did not identify any time limit as to when food should be disposed.</p>	F 812		



*Protecting, Maintaining and Improving the Health of All Minnesotans*

Electronically delivered  
September 17, 2024

Administrator  
Heritage Living Center  
619 West Sixth Street  
Park Rapids, MN 56470

Re: State Nursing Home Licensing Orders  
Event ID: OFLO11

Dear Administrator:

The above facility was surveyed on September 9, 2024 through September 12, 2024 for the purpose of assessing compliance with Minnesota Department of Health Nursing Home Rules and Statutes. At the time of the survey, the survey team from the Minnesota Department of Health - Health Regulation Division noted one or more violations of these rules or statutes that are issued in accordance with Minn. Stat. § 144.653 and/or Minn. Stat. § 144A.10. If, upon reinspection, it is found that the deficiency or deficiencies cited herein are not corrected, a civil fine for each deficiency not corrected shall be assessed in accordance with a schedule of fines promulgated by rule and/or statute of the Minnesota Department of Health.

To assist in complying with the correction order(s), a "suggested method of correction" has been added. This provision is being suggested as one method that you can follow to correct the cited deficiency. Please remember that this provision is only a suggestion and you are not required to follow it. Failure to follow the suggested method will not result in the issuance of a penalty assessment. You are reminded, however, that regardless of the method used, correction of the order within the established time frame is required. The "suggested method of correction" is for your information and assistance only.

You have agreed to participate in the electronic receipt of State licensure orders consistent with the Minnesota Department of Health Informational Bulletin 14-01, available at [https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04\\_8.html](https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04_8.html). The State licensing orders are delineated on the Minnesota Department of Health State Form and are being delivered to you electronically. The Minnesota Department of Health is documenting the State Licensing Correction Orders using federal software. Tag numbers have been assigned to Minnesota state statutes/rules for Nursing Homes.

The assigned tag number appears in the far left column entitled "ID Prefix Tag." The state statute/rule number and the corresponding text of the state statute/rule out of compliance is listed in the "Summary Statement of Deficiencies" column and replaces the "To Comply" portion of the correction order. This column also includes the findings that are in violation of the state statute or rule after the statement, "This MN Requirement is not met as evidenced by." Following the surveyors findings are the Suggested Method of Correction and the Time Period For Correction.

Heritage Living Center

September 17, 2024

Page 2

PLEASE DISREGARD THE HEADING OF THE FOURTH COLUMN WHICH STATES, "PROVIDER'S PLAN OF CORRECTION." THIS APPLIES TO FEDERAL DEFICIENCIES ONLY. THIS WILL APPEAR ON EACH PAGE.

THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION FOR VIOLATIONS OF MINNESOTA STATE STATUTES/RULES.

Although no plan of correction is necessary for State Statutes/Rules, please enter the word "corrected" in the box available for text. You must then indicate in the electronic State licensure process, under the heading completion date, the date your orders will be corrected prior to electronically submitting to the Minnesota Department of Health. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact:

**Alex Warren, Regional Operations Supervisor**

**Duluth District Office**

**Licensing and Certification Program**

**Health Regulation Division**

**Minnesota Department of Health**

**11 East Superior Street, Suite 290**

**Duluth, MN 55082**

**Email: [Alex.Warren@state.mn.us](mailto:Alex.Warren@state.mn.us)**

**Office: 218-302-6186 Mobile: 651-279-5375**

You may request a hearing on any assessments that may result from non-compliance with these orders provided that a written request is made to the Department within 15 days of receipt of a notice of assessment for non-compliance.

Please feel free to call me with any questions.

Sincerely,



Kamala Fiske-Downing

Federal Enforcement | Health Regulation Division

Minnesota Department of Health

Health Regulation Division

Telephone: (651) 201-4112

Email: [Kamala.Fiske-Downing@state.mn.us](mailto:Kamala.Fiske-Downing@state.mn.us)

Minnesota Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>00288</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>09/12/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
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2 000	<p>Initial Comments</p> <p style="text-align: center;">*****ATTENTION*****</p> <p style="text-align: center;"><b>NH LICENSING CORRECTION ORDER</b></p> <p>In accordance with Minnesota Statute, section 144A.10, this correction order has been issued pursuant to a survey. If, upon reinspection, it is found that the deficiency or deficiencies cited herein are not corrected, a fine for each violation not corrected shall be assessed in accordance with a schedule of fines promulgated by rule of the Minnesota Department of Health.</p> <p>Determination of whether a violation has been corrected requires compliance with all requirements of the rule provided at the tag number and MN Rule number indicated below. When a rule contains several items, failure to comply with any of the items will be considered lack of compliance. Lack of compliance upon re-inspection with any item of multi-part rule will result in the assessment of a fine even if the item that was violated during the initial inspection was corrected.</p> <p>You may request a hearing on any assessments that may result from non-compliance with these orders provided that a written request is made to the Department within 15 days of receipt of a notice of assessment for non-compliance.</p> <p><b>INITIAL COMMENTS:</b> On 9/9/24 through 9/12/24, a licensing survey was conducted at your facility by surveyors from the Minnesota Department of Health (MDH). Your facility was found NOT in compliance with the MN State Licensure and the following correction orders are issued. Please indicate in your electronic plan of correction you have reviewed</p>	2 000		
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Minnesota Department of Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  <b>Electronically Signed</b>	TITLE	(X6) DATE <b>09/24/24</b>
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Minnesota Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>00288</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>09/12/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>
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2 000	<p>Continued From page 1</p> <p>these orders and identify the date when they will be completed.</p> <p>The following complaint was found to be UNSUBSTANTIATED: H54057921C (MN00105561) and H54057922C (MN00105645).</p> <p>Minnesota Department of Health is documenting the State Licensing Correction Orders using federal software. Tag numbers have been assigned to Minnesota state statutes/rules for Nursing Homes. The assigned tag number appears in the far left column entitled "ID Prefix Tag." The state statute/rule out of compliance is listed in the "Summary Statement of Deficiencies" column and replaces the "To Comply" portion of the correction order. This column also includes the findings which are in violation of the state statute after the statement, "This Rule is not met as evidence by." Following the surveyors findings are the Suggested Method of Correction and Time period for Correction.</p> <p>You have agreed to participate in the electronic receipt of State licensure orders consistent with the Minnesota Department of Health Informational Bulletin <a href="https://www.health.state.mn.us/facilities/regulation/infobulletins/ib14_1.html">https://www.health.state.mn.us/facilities/regulation/infobulletins/ib14_1.html</a> The State licensing orders are delineated on the attached Minnesota Department of Health orders being submitted to you electronically. Although no plan of correction is necessary for State Statutes/Rules, please enter the word "corrected" in the box available for text. You must then indicate in the electronic State licensure process, under the heading completion date, the date your orders will be corrected prior to electronically submitting to the Minnesota Department of Health.</p>	2 000		

Minnesota Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>00288</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>09/12/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>
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2 000	Continued From page 2  PLEASE DISREGARD THE HEADING OF THE FOURTH COLUMN WHICH STATES, "PROVIDER'S PLAN OF CORRECTION." THIS APPLIES TO FEDERAL DEFICIENCIES ONLY. THIS WILL APPEAR ON EACH PAGE. THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION FOR VIOLATIONS OF MINNESOTA STATE STATUTES/RULES.	2 000		
21080	<p>MN Rule 4658.0650 Subp. 1 Food Supplies; Clean, free from spoilage</p> <p>Subpart 1. Food. All food must be clean, wholesome, free from spoilage, free from adulteration and misbranding, and safe for human consumption. Canned or preserved food which has been processed in a place other than a commercial food-processing establishment is prohibited for use by nursing homes.</p> <p>This MN Requirement is not met as evidenced by: Based on observation, interview, and document review, the facility failed to ensure refrigerated food items were properly labeled and dated. Furthermore, the facility failed to ensure refrigerated food items were disposed of after expiration date. This deficient practice had the potential to harm any resident or visitor using facility refrigerators to store food.</p> <p>Findings include:</p> <p>During observation on 9/10/24 at 1:47 p.m., north unit fridge was reviewed. In the freezer the following items were found: -small, white, square Uline brand cold pack, no name or label attached.</p>	21080	Corrected.	9/24/24

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21080	<p>Continued From page 3</p> <ul style="list-style-type: none"> <li>-large rectangular blue cold pack, resident label attached.</li> <li>-plastic grocery bag with two bags of frozen vegetables, no label attached.</li> <li>-one open box of frozen fruit bars, no label attached.</li> </ul> <p>During observation on 9/10/24 at 1:53 p.m., west unit fridge was reviewed. In the freezer was a Morningstar brand vegan pizza, expiration date of August 2022. In the fridge was a clear tupperware container with leftover corn, resident name on post-it note, no date.</p> <p>During observation on 9/10/24 at 1:58 p.m., second floor unit fridge was reviewed. In the door of the fridge was a small take out box with resident name and no date.</p> <p>During observation on 9/11/24 at 1:31 p.m., fridge in first floor serving kitchen was reviewed. In the freezer was a box of fried rice without name or date.</p> <p>During interview on 9/11/24 at 1:22 p.m., certified nursing assistant (CNA)-A stated resident leftovers or food brought in for residents should be tabled with the resident name and the date. CNA-A further stated there was no official process for staff to label food.</p> <p>During interview on 9/12/24 at 8:14 a.m., licensed practical nurse (LPN)-A stated resident food should be labeled with their name and date. LPN-A further stated they would dispose of old food whenever working. LPN-A stated there was no task to check the fridges.</p> <p>On 9/11/24 at 2:05 p.m., dietary manager (DM) and executive director (ED) stated expectation for</p>	21080		



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21080	<p>Continued From page 4</p> <p>staff to label resident food with initials and date. DM and ED confirmed presence of multiple cold packs in north unit fridge. DM and ED also confirmed plastic grocery bag of frozen vegetables, and box of frozen fruit bars. DM and ED reviewed fridge on west unit and confirmed presence of frozen vegan pizza and expiration date of August 2022. DM and ED confirmed presence of unlabeled box of frozen fried rice in first floor serving kitchen. ED stated, "staff probably brought that in, maybe for a resident, and forgot about it." DM and ED confirmed presence of take out box with resident name and no date in second floor fridge. DM and ED discarded all expired or unlabeled foods.</p> <p>On 9/11/24 at 2:10 p.m., DM and ED stated there was not a process to ensure food was being check in unit fridges. DM and ED stated it was important to clean out unit fridges to prevent any possible harm to residents and families. DM and ED further stated expectation for staff to check unit fridges for expired food and to discard it if found.</p> <p>Facility policy, Food Brought In By Visitors last amended 1/24, stated "any food not labeled or dated is discarded." Policy did not identify any time limit as to when food should be disposed.</p> <p><b>SUGGESTED METHOD OF CORRECTION:</b> The administrator, registered dietician, or designee could ensure foods are stored and labeled properly to prevent potential degraded food served to residents of the facility. The facility could update or create policies and procedures, and educate staff on specific requirements or interventions related to food storage and labeling. The administrator, registered dietician, or designee could perform audits for a designated</p>	21080		

Minnesota Department of Health

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21080	<p>Continued From page 5</p> <p>amount of time as determined by the Quality Assurance Performance Improvement (QAPI) committee to ensure food items are stored and labeled appropriately. The facility could report those findings to QAPI for further recommendations and determine the need for further monitoring or compliance.</p> <p>TIME PERIOD FOR CORRECTION: Twenty-one (21) days.</p>	21080		

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K 000	<p><b>INITIAL COMMENTS</b></p> <p><b>FIRE SAFETY</b></p> <p>An annual Life Safety Code Survey was conducted on 09/10/2024, by the Minnesota Department of Public Safety, State Fire Marshal division. At the time of this survey, Heritage Living Center Building was found not in compliance with the requirements for participation in Medicare/Medicaid at 42 CFR, Subpart 483.70(a), Life Safety from Fire, and the 2012 edition of National Fire Protection Association (NFPA) Standard 101, Life Safety Code (LSC), Chapter 19 Existing Health Care and the 2012 edition of NFPA 99 Health Care Facilities Code.</p> <p>THE FACILITY'S POC WILL SERVE AS YOUR ALLEGATION OF COMPLIANCE UPON THE DEPARTMENT'S ACCEPTANCE. YOUR SIGNATURE AT THE BOTTOM OF THE FIRST PAGE OF THE CMS-2567 FORM WILL BE USED AS VERIFICATION OF COMPLIANCE.</p> <p>UPON RECEIPT OF AN ACCEPTABLE POC, AN ONSITE REVISIT OF YOUR FACILITY MAY BE CONDUCTED TO VALIDATE THAT SUBSTANTIAL COMPLIANCE WITH THE REGULATIONS HAS BEEN ATTAINED IN ACCORDANCE WITH YOUR VERIFICATION.</p> <p>IF OPTING TO USE AN EPOC, A PAPER COPY OF THE PLAN OF CORRECTION IS NOT REQUIRED.</p> <p>PLEASE RETURN THE PLAN OF CORRECTION FOR THE FIRE SAFETY DEFICIENCIES</p>	K 000		
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

Electronically Signed

TITLE

(X6) DATE

09/24/2024

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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K 000	<p>Continued From page 1 ( K-TAGS) TO:</p> <p>Health Care Fire Inspections State Fire Marshal Division 445 Minnesota St., Suite 145 St Paul, MN 55101-5145, or</p> <p>By email to: FM.HC.Inspections@state.mn.us</p> <p>THE PLAN OF CORRECTION FOR EACH DEFICIENCY MUST INCLUDE ALL OF THE FOLLOWING INFORMATION:</p> <ol style="list-style-type: none"> <li>1. A detailed description of the corrective action taken or planned to correct the deficiency.</li> <li>2. Address the measures that will be put in place to ensure the deficiency does not reoccur.</li> <li>3. Indicate how the facility plans to monitor future performance to ensure solutions are sustained.</li> <li>4. Identify who is responsible for the corrective actions and monitoring of compliance.</li> <li>5. The actual or proposed date for completion of the remedy.</li> </ol> <p>The Heritage Living Center is a two story building with a penthouse that houses mechanical equipment and a partial basement with a construction type of II (111). In 2016/2017 the original building and all additions, except for the 1994 bldg was raised and replaced with new construction. The 1994 addition and basement went through a complete remodel. The facility has</p>	K 000		

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K 000	Continued From page 2 2 fire barriers separating the Physical Therapy , kitchen, laundry and maintenance areas. The resident wings have 2 smoke barriers separating the north and west wings on each floor.  The facility is fully sprinkled and has a monitored fire alarm system with smoke detectors in the corridors, spaces open to the corridors and in the resident rooms.  The facility has a capacity of 54 beds and had a census of 40 at the time of the survey.  The requirements at 42 CFR, Subpart 483.70(a) are NOT MET as evidenced by:	K 000		
K 226 SS=F	Horizontal Exits CFR(s): NFPA 101  Horizontal Exits Horizontal exits, if used, are in accordance with 7.2.4 and the provisions of 18.2.2.5.1 through 18.2.2.5.7, or 19.2.2.5.1 through 19.2.2.5.4. 18.2.2.5, 19.2.2.5  This REQUIREMENT is not met as evidenced by: Based on observation and staff interview, the facility failed to maintain fire barriers per NFPA 101 (2012 edition), Life Safety Code, sections 19.2.2.5, 7.2.4.3.1, and 8.3.1.2. This deficient finding could have an widespread impact on the residents within the facility.  Findings include:	K 226	Past noncompliance: no plan of correction required.	

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K 226	Continued From page 3 On 09/10/2024 at 1:45 PM, it was revealed by observation that there was a penetration caused by 2 hard conduit and 1 hard flex conduit pipes that was not fire stopped in the fire wall by the maintenance office.  An interview with the Environmental Services Supervisor verified this deficient finding at the time of discovery.	K 226		
K 914 SS=F	Electrical Systems - Maintenance and Testing CFR(s): NFPA 101  Electrical Systems - Maintenance and Testing Hospital-grade receptacles at patient bed locations and where deep sedation or general anesthesia is administered, are tested after initial installation, replacement or servicing. Additional testing is performed at intervals defined by documented performance data. Receptacles not listed as hospital-grade at these locations are tested at intervals not exceeding 12 months. Line isolation monitors (LIM), if installed, are tested at intervals of less than or equal to 1 month by actuating the LIM test switch per 6.3.2.6.3.6, which activates both visual and audible alarm. For LIM circuits with automated self-testing, this manual test is performed at intervals less than or equal to 12 months. LIM circuits are tested per 6.3.3.3.2 after any repair or renovation to the electric distribution system. Records are maintained of required tests and associated repairs or modifications, containing date, room or area tested, and results. 6.3.4 (NFPA 99) This REQUIREMENT is not met as evidenced by: Based on a review of available documentation and staff interview, the facility failed to conduct the electrical testing and maintenance per NFPA 99	K 914	All residents were at risk by failing to test the patient care area electric receptacles per NFPA. The Environmental Services	9/24/24

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K 914	<p>Continued From page 4</p> <p>Standards for Health Care Facilities 2012 edition, section 6.3.3.2 , 6.3.4.1.3, and 6.3.4.2.1.2. This deficient finding could have a widespread impact on the residents within the facility.</p> <p>Findings include:</p> <p>On 09/10/2024 between 10:00 AM and 2:30 PM, it was revealed by a review of available documentation that at the time of the survey the facility could not provide a patient care area electrical receptacle testing report.</p> <p>An interview with the Environmental Services Supervisor verified this deficient finding at the time of discovery.</p>	K 914	<p>Director (ESD) has completed the patient care area electrical receptacles testing and maintenance on 9/24/2024. The electric receptacles testing will be completed annually and will be placed on HLC's TELS maintenance system as well as calendar reminders. The deficiency has been remedied as of September 24, 2024.</p>	

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
K 000	Continued From page 2 2 fire barriers separating the Physical Therapy , kitchen, laundry and maintenance areas. The resident wings have 2 smoke barriers separating the north and west wings on each floor.  The facility is fully sprinkled and has a monitored fire alarm system with smoke detectors in the corridors, spaces open to the corridors and in the resident rooms.  The facility has a capacity of 54 beds and had a census of 40 at the time of the survey.  The requirements at 42 CFR, Subpart 483.70(a) are NOT MET as evidenced by:	K 000		
K 226 SS=F	Horizontal Exits CFR(s): NFPA 101  Horizontal Exits Horizontal exits, if used, are in accordance with 7.2.4 and the provisions of 18.2.2.5.1 through 18.2.2.5.7, or 19.2.2.5.1 through 19.2.2.5.4. 18.2.2.5, 19.2.2.5  This REQUIREMENT is not met as evidenced by: Based on observation and staff interview, the facility failed to maintain fire barriers per NFPA 101 (2012 edition), Life Safety Code, sections 19.2.2.5, 7.2.4.3.1, and 8.3.1.2. This deficient finding could have an widespread impact on the residents within the facility.  Findings include:	K 226	Past noncompliance: no plan of correction required.	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>245405</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING <b>04 - WEST WING</b>  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>09/10/2024</b>	
NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
K 226	Continued From page 3 On 09/10/2024 at 1:45 PM, it was revealed by observation that there was a penetration caused by 2 hard conduit and 1 hard flex conduit pipes that was not fire stopped in the fire wall by the maintenance office.  An interview with the Environmental Services Supervisor verified this deficient finding at the time of discovery.	K 226		
K 914 SS=F	Electrical Systems - Maintenance and Testing CFR(s): NFPA 101  Electrical Systems - Maintenance and Testing Hospital-grade receptacles at patient bed locations and where deep sedation or general anesthesia is administered, are tested after initial installation, replacement or servicing. Additional testing is performed at intervals defined by documented performance data. Receptacles not listed as hospital-grade at these locations are tested at intervals not exceeding 12 months. Line isolation monitors (LIM), if installed, are tested at intervals of less than or equal to 1 month by actuating the LIM test switch per 6.3.2.6.3.6, which activates both visual and audible alarm. For LIM circuits with automated self-testing, this manual test is performed at intervals less than or equal to 12 months. LIM circuits are tested per 6.3.3.3.2 after any repair or renovation to the electric distribution system. Records are maintained of required tests and associated repairs or modifications, containing date, room or area tested, and results. 6.3.4 (NFPA 99) This REQUIREMENT is not met as evidenced by: Based on a review of available documentation and staff interview, the facility failed to conduct the electrical testing and maintenance per NFPA 99	K 914	All residents were at risk by failing to test the patient care area electric receptacles per NFPA. The Environmental Services	9/24/24

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>245405</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING <b>04 - WEST WING</b>  B. WING _____		(X3) DATE SURVEY COMPLETED  <b>09/10/2024</b>
NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE LIVING CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP CODE <b>619 WEST SIXTH STREET PARK RAPIDS, MN 56470</b>		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
K 914	<p>Continued From page 4</p> <p>Standards for Health Care Facilities 2012 edition, section 6.3.3.2 , 6.3.4.1.3, and 6.3.4.2.1.2. This deficient finding could have a widespread impact on the residents within the facility.</p> <p>Findings include:</p> <p>On 09/10/2024 between 10:00 AM and 2:30 PM, it was revealed by a review of available documentation that at the time of the survey the facility could not provide a patient care area electrical receptacle testing report.</p> <p>An interview with the Environmental Services Supervisor verified this deficient finding at the time of discovery.</p>	K 914	<p>Director (ESD) has completed the patient care area electrical receptacles testing and maintenance on 9/24/2024. The electric receptacles testing will be completed annually and will be placed on HLC's TELS maintenance system as well as calendar reminders. The deficiency has been remedied as of September 24, 2024.</p>	